



# Village News



Embrace the possibilities

Have you ever wondered about the true meaning about the Dog Days of summer....Well the month of August gets its name from Caesar Augustus who was the adopted son of Julius Caesar. We have always associated the month with increased humidity and dogs. As it turns out the canine connection refers to Sirius the Dog Star in the constellation Canis Major which means large dog.

At that time Sirius was the brightest star in the Northern Hemisphere and was seen to rise just before or at the same time as the sun. Now the gravitational pull and other science events have made this change so this is not how it happens now but this is the history of the Dog days of summer. The metaphor for the dog is actually accurate especially in heat and humidity as they do not have many sweat glands and they have fur so they too are always hot that is why they pant so much, they can regulate their temperatures by panting, also the only effective sweat glands they have are on their paws. So keep that furry friend hydrated. Thought everyone would like to know some fun science facts.

As we look to August let us remember all those August's in the past, close your eyes and relive your favorite memories of the "Dogs Days of Summer", the fun you created with your family, the vacations, the school preparations, and all the other moments in August that made a lasting memory. Come and share and make new memories with your friends here at Lake Huron woods, participate in activities as they happen daily, do something new, change your routine and share in the sheer joy of living life here at Lake Huron Woods.



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## Building news for August

The store is open Wednesday's from 1pm-2:30pm. We need volunteers to assist with the store weekly. If you are willing to assist please see Diane. Your assistance would be greatly appreciated but until we find volunteers Kimber is your host in the store weekly.

The medical Team will be taking blood pressures and first and the third Wednesday in August 3rd and the 17th

The Pace team will be here on August 10<sup>th</sup> at 2pm for a Safety presentation in the Activity Room which will include Occupational and Physical Therapy techniques and information about their services that can assist those that are experiencing mobility issues. You do not want to miss this one! Look for the flyers around the building.

As we had talked about at our last Community Meeting if you have a skill that you would like to share please see Diane so that we can put you on the wellness schedule. For the month of August we are starting a card making group with one of our resident's friends, please refer to the calendar information on time and days.

Remember that it only takes a moment to brighten someone's day so always try to be kind to each other each and every day!



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We are still looking for a Wellness Director so please stay tuned for details .....



HAPPY BIRTHDAY

Leo and Virgo

The birthday list is below for those born in August. It is said that August babies are the ones that are calmer than any other babies born in other months, they are also the most sensitive babies and adults...Do you think that this is accurate?

Elma	8/14	Apartment #100
Richard	8/22	Apartment #101
Betty	8/16	Apartment #125
Riley	8/30	Apartment #223
Doris	8/28	Apartment #311

If we missed you please come to the office and talk with Diane or Lori so we can get you on the birthday list if you would like to have your birthday in the newsletter.

Grace Hospice is hosting the Monthly Birthday for those born in August 19<sup>th</sup> at 2pm in the Activity Room. Hope to see you there.



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## Spotlight on Resident Council

Come and join the monthly Resident Council Meeting so that you have a voice in our Community. Please talk with Julie in apartment 300, Mary in apartment 303 for further information. The council meetings are held on Saturdays. The next meeting is August 6<sup>th</sup> at 1pm. Let's everyone get involved! Thank you for all you do.

## Spotlight in the Office

Please make sure that you get your paperwork to Lori in a timely manner, she sends this to you in ample time for your renewals,

Diane, and Lori are in the office from 8am- 4pm each week day. Kristine our leasing person is in the office until 5pm. Please come and see one of us if you have questions or concerns.

## Spotlight on our new Friends with Benefits Program

We are rolling out our new program starting the 1<sup>st</sup> week in August which is called Friends with Benefits. The program is designed to focus on friends and friendships. More information to follow. We hope that this adds much enjoyment to your life and creates a sense of wellness for you.

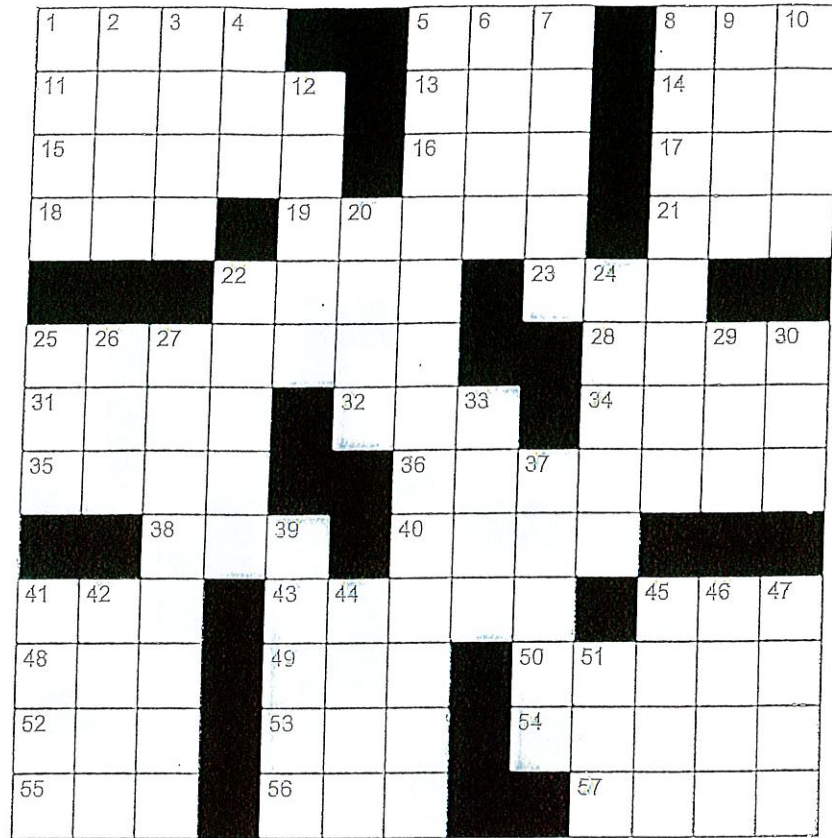
# Puzzle #9: Crossword

## ACROSS

- 1 Palindromic fashion mag
- 3 Self-esteem
- 8 Employer of many  
7 Down winners
- 11 Where tourists might  
get mixed tacos
- 13 Those against
- 14 Dove sound
- 15 Ornamental herb
- 19 Involuntary muscular  
contraction
- 22 --- to mention ...
- 28 They can be black  
or theatrical
- 29 African scavenger
- 31 A stern
- 32 Go sightseeing
- 33 Punch liquor
- 34 Get the oven ready
- 35 Defense organization
- 36 Underground mammal
- 37 Dogpatch negative
- 38 Foam clog
- 39 When not tanning by  
the pool, do this
- 40 Transatlantic destination
- 41 Absolute beauty
- 42 Southern French resort
- 43 Cost-of-living measure
- 44 "We --- please"
- 45 Poke
- 46 Short dog breed
- 47 Average guy
- 48 Deceive
- 49 Entirely
- 50 Possess
- 51 Type of rubber
- 52 Very small
- 53 Templeton, of  
"Charlotte's Web"
- 54 Eartha ---

## DOWN

- 2 Reflected sound
- 4 Aerial maneuver
- 6 Scottish miss
- 10 NYC hours
- 12 Sought by every vacationer



- 5 Enter
- 7 Hollywood prize
- 9 Bandleader?
- 10 Blunder
- 12 1970s glam rockers
- 13 --- the Hoople
- 16 CA/NV watery resort
- 17 Chinese currency
- 18 Topic
- 20 I surrender!
- 21 Afternoons
- 23 Rank
- 24 Qualified
- 26 It may be gross,  
long or short
- 27 Over-fussy condition
- 30 Legal document
- 34 Serious stomach bug
- 38 Sizable
- 40 Hammer end
- 42 Fencing stake
- 43 Hawkeye state
- 46 Sci-fi knight

- 44 Fully engaged
- 47 Tourist might use  
one on 12 Down
- 49 Squid's cover?



## Puzzle #9

1	E	2	L	3	L	4	E			5	E	6	G	7	O		8	M	9	G	10	M	
11	C	O	A	S	12	T				13	N	O	S				14	C	O	O			
15	H	O	S	T	A					16	T	I	C				17	N	O	T			
18	O	P	S			19	H	20	Y	E	N	A					21	A	F	T			
						22	T	O	U	R				23	R	24	U	M					
25	P	26	R	27	E	H	E	A	T								28	N	A	29	T	30	O
31	M	O	L	E				32	N	A	33	W					34	C	R	O	C		
35	S	W	I	M						36	I	R	E	L	A	N	D						
						38	G	E	39	M			40	N	I	C	E						
41	C	42	P	I				43	A	44	I	M	T	O				45	J	46	A	47	B
48	L	A	B					49	J	O	E				50	L	51	I	E	T	O		
52	A	L	L					53	O	W	N				54	I	N	D	I	A			
55	W	E	E					56	R	A	T							57	K	I	T	T	