



# Village News



## Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · [www.pvm.org](http://www.pvm.org)

May 2020

### Featured Articles

Administrator Notes	P. 1
Life—Live it Well	P. 3
The Senior Advocate	P. 4
Office News	P. 5
Service News	P. 6
Wellness News	P. 7
May Birthdays	P. 8
Resident Council	P. 9
Neighbors Page	P. 10
May Calendar	P. 11

### Notes from the Administrator

Hello everybody,

As you are aware Governor Gretchen Whitmer’s “Stay Home Stay Safe” Order has extended until May 15th. Therefore I strongly want to urge you to continue following the CDC Recommendations that we have continued to provide you with—these include:

- Limit your non-essential visitors
- Wash your hands frequently, disinfect objects and surfaces in your apartment, cover coughs and sneezes with a tissue, stay home when you are sick except for medical care, and avoid sick people
- Contact your physician if you are sick

Please note that our Community Center is Closed to NON-ESSENTIAL visits. Our laundry room will remain open for NECESSARY use on Mondays, Wednesdays, and Fridays from 8am—3pm. It is also imperative that you report ANY symptoms to the office. And we thank you in advance.

Also, please note that we have resources available for anything that you may need during this time. Please contact the office if you are in need of resources, they are available to you! Some of these resources are available in this month’s newsletter!

We will get through this together as a community , and we will go about it in a calm and confident manner as there are better days ahead. Continued prayers to you and your families!

**Jon Hayes**  
*Housing Administrator*



The Village of  
**Oakland  
Woods**

A SENIOR LIVING COMMUNITY

A Mission Of Presbyterian Villages of Michigan

Look for PVM on:





The Village of  
**Oakland Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

**NOW IS THE TIME TO GIVE TO**

**YOUR Village**



**YOUR 2019 gift** to The Village of Oakland Woods allowed residents to compete in the largest Village Victory Cup to date winning the Spirit Award for the second year in a row.

***Simple pleasures?*** Yes. But with only \$1,461 each month for rent, prescriptions, food and utilities, it's something some residents couldn't afford. Without you, it couldn't be done.

**YOUR gift** during Friends & Family makes a difference!

**YOUR gift** will help to make older adults in your Village healthier.

***Will you give today?***

**You can make  
Oakland Woods  
the *BEST* place  
to age!**

***Thank you!***

**FRIENDS &  
*family***  
CAMPAIGN

April 1—June 15, 2020

**TO MAKE A GIFT:**

See the front desk for a donation envelope or

**ONLINE:**  
pvmf.org/OaklandWoods

**CALL:**  
248.281.2040

**MAIL:**  
PVM Foundation  
26200 Lahser Road  
Suite 300  
Southfield, MI 48033

Presbyterian Villages of Michigan Foundation is a 501(c)(3) nonprofit organization.  
Michigan Charitable Solicitation Registration #MCS 35871.



# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

## *Remaining Socially Connected While Staying Physically Distant*

As I write this column, there is just about two weeks left in Governor Whitmer's "Stay Home. Stay Safe." order, issued based on what experts such as Dr. Fauci, Director of the National Institute of Allergy and Infectious Disease believe is the best way we know right now to reduce our exposure to the coronavirus. However, just because we need to be physically distant from each other, doesn't mean we can't remain socially connected with our family, friends, neighbors and loved ones.

I think it's safe to say that there's at least once piece of technology that we all share, and that's the telephone. I encourage you to use it and use it often. Just the other day, a volunteer that I work with at PVM called me out of the blue just to see how I was doing. It felt good to know she was thinking about me. A few days before that, a Village Board member called me and left a message on my voicemail. She said there was no need to call back. She had just called to say hi and make sure I was doing ok. Again, it felt good to know that somebody, particularly somebody who isn't a family member, was thinking about me during this crisis. So pull out your phonebook and make some calls and not just to your family, but to that person you've been meaning to call but until now just haven't gotten around to it.

If you happen to have some additional technology available to you such as a computer, smartphone or tablet and you have internet access then you have a window to the world through which you can connect with others more than you probably ever thought possible. And you can do so all without leaving the relative safety of your home.

Zoom, for example, is all the rage right now. It's a web-based video conferencing service that people across the globe are using to connect with each other in creative and inventive ways. My kids, who are grown, have been using it to play a weekly game of trivia with each other and their friends like they used to when the bars were open. This past Easter I know of people who used it to have Easter dinner with each other and I know of many families who used it for their Passover Seder. It's fairly easy to use and right now it's free, so if you'd like to check it out go to <https://zoom.us>.

Of course social media is also very popular. Facebook, Instagram, and Twitter seem to be the most popular. A lot of people are sharing stories, pictures and videos, some of which are very moving and sad; some are motivating and inspiring; and some are silly and entertaining. If you have an account of your own on any of these platforms, you can share your own stories, pictures, and videos and can share and exchange comments on what you see. One important thing to keep in mind, however, is that it's not very wise to believe everything you see, hear and read on the internet.

Being cooped up inside all day can start to drive you a little crazy even if you do regularly talk on the phone to your family and post to social media like a pro. Thanks to a few clever museums, aquariums and zoos, however, those of you with a computer, smartphone or tablet and internet access can 'leave your house' without leaving your house by going on a virtual tour or field trip.

For example, you can tour many of the exhibits at the Smithsonian Natural History Museum by going here: <https://naturalhistory.si.edu/visit/virtual-tour>.

You can watch sharks swim around at the Aquarium of the Pacific here: [http://www.aquariumofpacific.org/exhibits/webcams/webcam\\_shark\\_lagoon](http://www.aquariumofpacific.org/exhibits/webcams/webcam_shark_lagoon).

And, you can check out the giraffes at the Houston zoo by going to: <https://www.houstonzoo.org/explore/webcams/giraffe-feeding-platform>.

One thing you'll need to at least initially bring with you when you take these tours is your patience. It may take you a little while to figure out what to click and how to maneuver through these virtual experiences. I know it did for me, but don't give up. It won't be too long before you'll master the necessary skills and open up hours of fun and wonder.

So as you can see, though we may currently need to stay physically distant from each other during this crisis, there's no need for us to socially disconnect from each other or from the world. Stay safe and stay well!



# The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs

## *In the Shelter Of Each Other*

“It is in the shelter of each other that the people live.” - Irish proverb

This quote is extremely appropriate for these times we are in. As we are all sheltering in place it becomes all the more apparent how important connection is for us as human beings. We miss our children, grandchildren and all loved ones and friends more than we could have even imagined before. They are the lifeblood of our lives. The PVM staff feels that way about all of you. Your cards of appreciation have inspired us all.

This all seems so counterintuitive as we have always encouraged you to be engaged, get involved, and come together for fun, wellness and connection. Now we are insisting that you shelter in place. You have been doing a great job of this; and it is working! We are flattening the curve of this terrible disease known as COVID-19 or the Coronavirus. Please remember that you are not only protecting yourself but everyone else as well. And also remember that your administrators and staff are available to help you when needed. Also, our Wellness teams have created some very creative ways to stay engaged remotely. Check in with them. They are just a phone call away.

We appreciate very much your cooperation and support. Once we get through this we will celebrate in a very big way. We are one day closer to having this behind us. Better days are ahead!



## Office News

By Hillary Vandenberg

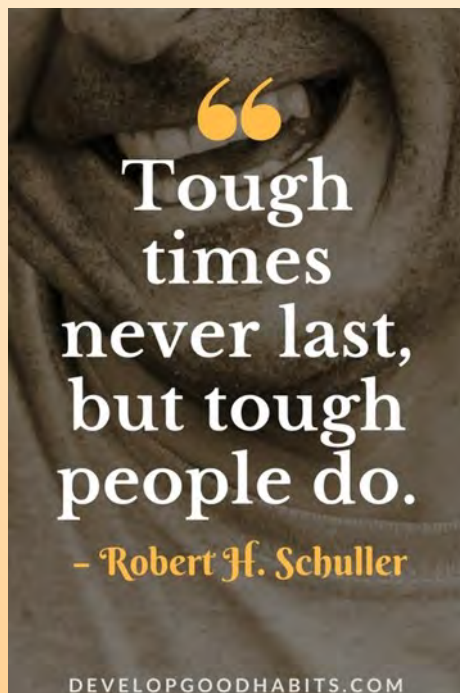
Administrative Assistant

### *Hello Residents*

As we go into our second month of social distancing I just wanted to say I'm really proud of everyone who has practiced social distancing. I know how hard it has been to stay away from friends and family, but your efforts have not gone unnoticed.

I have been trying to call everyone every few weeks to see how you all are doing and it's been a lot of fun catching up with you. Please note if you have a cell phone, you can call the office and give Sharon or I your cell phone number so we will have a secondary way to contact you. We are trying to create a cell phone list in order to enhance our communication with you.

*I hope everyone stays safe and has a great May!*



# Service News

*By Sue Carney*

*Service Coordinator*

## *Welcome May!*

Hello Everyone! I just wanted to say that I MISS everyone. Work and the community center are just not the same without all of you here. I MISS the SMILES and the HUGS. Can't wait till we can be back together and be safe.

Even though we cannot be together, we can still celebrate and honor and remember special people this month:

- Remember that Tuesday May 5 is Cinco de Mayo.
- Another special day is Mother's Day, Sunday May 10. May we honor and remember all of our Mothers, whether they are here with us or in heaven.
- Lastly, Memorial Day is Monday May 25. Memorial Day is our opportunity to honor and remember all of our military men and women who have fought and died for our country. We also need to remember to thank all of our past and current veterans for all of their service and sacrifices.

Keeping all of you in my prayers that you are all healthy and safe and we will be back together soon.

***Take Care of yourselves. We are here to help you if we can.***

### ***COVID-19 Community Resource List***

Resources for services available during the COVID19 Crisis. This is made possible by the Wayne State University School of Social Work - Center for Social Work Research:

**For more information please call the Oakland Woods office at**

**(248) 334—4379**





## Wellness News

Jon Hayes  
Housing Administrator

### *April Showers Bring May Flowers*

#### *2020 Village Victory Cup*



At this point in time last year we were training for our Village Victory Cup in which we ultimately won and took the crown from Westland, the PREVIOUS champs for 4 STRAIGHT YEARS! Well this year is a bit different, in that the Village Victory Cup will take place VIRTUALLY. Therefore we will NOT be going to the Suburban Showcase in Novi like we have been the past few years. More details will be provided to you as I learn more. Then we can plan how we will KEEP our Village Victory Cup!

#### *Oakland Woods Music Video*

To prepare us for the Victory Cup and get us fired up we are going to put together a QUARANTINE KARAOKE MUSIC VIDEO. I really want to do something fun with all of you during our “Stay Home Stay Safe” order. The only requirements that are needed is for you to have an email address and a smart phone! Please email me **by May 8th** at [Jhayes@pvm.org](mailto:Jhayes@pvm.org) if you have both of these things! I am hoping this is something fun we can do as a community.



#### *At Home Exercise Program*

I am also still writing an exercise program for those interested in continuing with fitness. Please email me at [jhayes@pvm.org](mailto:jhayes@pvm.org) if you would like to be added to the list for a 3x a week exercise program!



## When You Thought I Wasn't Looking



- When you thought I wasn't looking, I saw you hang my first painting on the refrigerator and I immediately wanted to paint another.
- When you thought I wasn't looking, I saw you make my favorite cake for me and I learned that the little things can be the special things in life.
- When you thought I wasn't looking, I saw you make a meal & take it to a friend who was sick and I learned what it means to serve one another in brotherly love.
- When you thought I wasn't looking, I heard you pray over me and kiss me goodnight and I felt loved & safe.
- When you thought I wasn't looking, I saw how you handled your responsibilities even when you didn't feel good and I learned what it means to glorify God in all things.
- When you thought I wasn't looking, I saw you give of your time & money to the church and people in need and I learned that God loves a cheerful giver.
- When you thought I wasn't looking, I saw tears come to your eyes and I learned that sometimes things hurt, but it's all right to cry.
- When you thought I wasn't looking, I saw that you cared and I wanted to be everything that I could be.
- When you thought I wasn't looking, I saw you praying and reading God's Word and I learned to depend on & trust in Him, too.
- When you thought I wasn't looking, I looked at you & wanted to say, "Thanks for all the things I saw... when you thought I wasn't looking."



## Birthday Celebration!

Happy Birthday to all of our May Babies!

Mary Lou Endres	5/4
Glenetta Jenkins	5/4
Robert Robertson	5/6
Barbara Pryber	5/6
Lou McIntyre	5/13
Annie Carrinton	5/14
William Terry	5/15
Patricia Friend	5/18
Barbara Ridley	5/20
Felicia Hollis	5/22
Kenneth Klimek	5/26



# Happy Mother's Day





# Resident Council News

By *Philena Holdridge*

*Resident Council President*

*But they that wait upon the Lord, shall renew their strength, they shall mount up with wings as eagles; they shall run, and not be weary and they shall walk and not faint.*

***Isaiah 40:31***

You may be getting a little weary of our quarantine, but remember our governor is looking out for us and so is the Lord!

Many are praying for the Village Residents, which is such a blessing!

## **Keep Collecting Your Soda Tabs**

We are still collecting soda/flavored drink tabs, but also any circular tabs from canned items. Just be careful not to cut yourself. They help to provide funds for the Ronald McDonald House in Detroit. Until the quarantine is lifted, Jay Samples our coordinator, will not be able to collect them.

## **Resident Volunteers**

I have been very encouraged by those who have been creative to support all of our residents. They have followed guidelines with a mask/6ft apart. Many have called their friends to see how they're doing. One lady is driving around our community and praying for the residents in the different areas. Our Bible Study teacher has prepared lessons for us each week and delivered them to our doors. Others have shared soup or sweet treats with neighbors. Some have sent out cards as well. Many thanks for your commitment to our Village Residents!

Also want to thank the staff in the office for calling the residents and checking up on us. It is so encouraging!

*“The joy of the Lord is my strength.” Nehemiah 8:10*

***Take care and God bless you all!***

## Resident Council Board

**Philena Holdridge, President**

(248)977-3038

**Becky Bolden, Vice President**

(248)766-3684

**Judy Shatto, Secretary**

(248)499-8574

**Joyce Parlor, Treasurer**

(248)210-5678

# GETTING TO KNOW YOUR NEIGHBORS

## *SHARON SHREVE*

Sharon was born in Dearborn, Michigan, to Lydia and Joe McGuinty, one of four children. Her parents were very strict. Rosary was said every day.

Sharon was always interested in music. She sang in many shows in the Detroit area. When she was 16 she had an opportunity to go on a tour sponsored by WXYZ but her mother said “No”, that she was too young.

Her family lived in Dearborn except one year when her dad decided to retire and move his family to Canada where he had relatives. After changing his mind about retiring, he moved the family back to Dearborn, where he still had a business.

Sharon pursued her love of music by attending the Detroit Institute of music now called College of Creative Studies, where she received Bachelor and Masters Degrees to become a music teacher. She wrote many musical plays that were preformed at various colleges, schools for delinquent children and political events. Her group won a governors award for one of these performances. The plays were comical but always ended with the message, that with GOD, we can make the world a better place.



Sharon and her first husband lost a baby before it was born and they adopted a son from Greece and a daughter from Poland. She put her first husband through law school. After he graduated, he decided to leave his family.

Sharon’s second husband Gerry was a very kind man. He accepted her adopted children as his own. He also had two children of his own that Sharon is still close to. Sharon and Gerry were married 27 years. Gerry had a heart transplant 9 years before passing away.

Sharon’s 95 year old mother lived with them until Sharon had a Brain Aneurysm and one of the other siblings took Mom to care for. After Gerry died 9 years ago, Sharon sold their home in Bloomfield Hills and moved to the Village of Oakland Woods. Last July she had hip surgery and was scheduled for second surgery this month.....delayed by quarantine.

We look forward to seeing this beautiful lady at future VOW events when our world gets back to near normal.

# Spring Crossword Puzzle



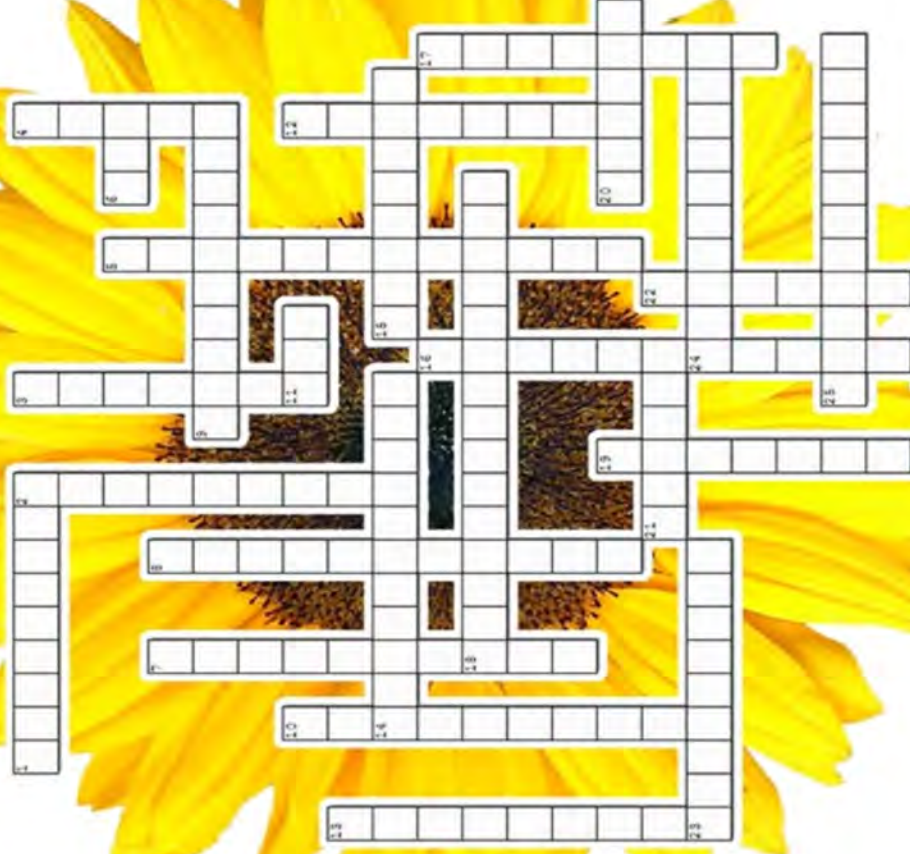
Call the Office for  
Answers

## Down

2. Flower that follows the sun
3. Rabbits eat these
4. Floppy and hops
5. Basketball (2 words)
7. Mom (2 words)
8. Dance (2 words)
10. Hunt for these (2 words)
12. On this holiday, Jews go without bread
13. Coughing, sneezing, stuffy nose
16. Girls wear these (2 words) (Hint: 1 piece, 2 piece)
17. Grab your mop and your dustpan
19. April showers bring May \_\_\_\_\_
22. Holiday

## Across

1. Footwear used for the beach
6. **WARNING:** May cause skin cancer!
9. Holy Thursday, \_\_\_\_\_, Holy Saturday (2 words)
11. Freshmen and sophomores take the PSAT, while juniors and seniors stress over this
14. A blessing to students (2 words)
15. Before seniors graduate, they go to this (Hint: Bash)
18. Time to save time (2 words)
20. Jump into \_\_\_\_\_
21. With this in the air, you'll start to sneeze
23. Used to protect the skin
24. Cap and gown
25. Animals come out of this deep sleep



**\*\*Please note: BASED ON COVID-19 STATUS, ALL ACTIVITIES HAVE BEEN CANCELLED. UNTIL FURTHER NOTICE, YOU WILL BE NOTIFIED AND GIVEN A CALENDAR WHEN ACTIVITIES WILL BE HELD**

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

## Office Number

**(248) 334-4379**

### Village Staff

**Jon Hayes**

*Housing Administrator*

**Sharon Benton**

*Administrative Assistant*

**Hillary Vandenberg**

*Administrative Assistant*

**Sue Carney**

*Service Coordinator*

**Matthew Myers**

*Maintenance Supervisor*

**Charles Williams**

*Maintenance Technician*

**EMERGENCY MAINTENANCE**

**(248) 330-0213**

**On-Site Security**

**(248) 917-2539**



**Presbyterian  
Villages**  
OF MICHIGAN

THE FOUNDATION

**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

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**Pontiac, MI 48341-3145**

**420 S. Opdyke Rd**

A Mission of Presbyterian Villages of Michigan

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