Lynn Street Manor





Embrace the possibilities

4255 S. Lynn Street • Onaway, Michigan 49765 • www.pvm.org

May 2019

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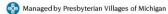
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Also included: Calendar. Senior Center Menu & Activity page, and Bingo card



A SENIOR LIVING COMMUNITY



Look for PVM on:







Welcome to the month of May at Lynn Street Manor Apartments.



"The young May moon is beaming, love. The glow-worm's lamp is gleaming, love. How sweet to rove. Through Morna's grove, When the drowsy world is dreaming, love! Then awake! -- the heavens look bright, my dear, 'Tis never too late for delight, my dear, And the best of all ways To lengthen our days Is to steal a few hours from the night, my dear!" - Thomas Moore, The Young May Moon



Each resident has signed that they have "read and received a copy" of this handbook and that violations of the rules may have unpleasant consequences.

If you have any specific topics you would like us to focus on, please come to the office.

Source: Senior/Disabled Subsidized Housing Resident Policy Handbook

3. **RESIDENT EMERGENCY CONTACT**: Each Resident of a HUD designated senior property will be required to complete a Resident Emergency Contact form designating at least one (1) non-resident personal emergency contact.

PLEASE MAKE SURE YOUR EMERGENCY CONTACT INFORMATION IS UP-TO-DATE WITH THE OFFICE

7. GUESTS/VISITORS: Residents must notify Management in advance if they will have Guests staying in their apartment overnight. No Guest may remain in an apartment for more than five (5) consecutive days at any one time or for more than four (4) such stays in any given calendar year, a total of twenty (20) days per year is the absolute maximum for a Guest whether consecutive or not. The sum total number of days a Guest may stay overnight is twenty (20) days per calendar year. Any violation of the stated policy will constitute an unauthorized occupant. A Visitor is described as someone who does not remain overnight in a Resident's apartment or stays more than 12 hours and can come and go without restrictions. A violation of the Guest/Visitor Policy may jeopardize the Resident's tenancy and result in an eviction of the entire household. All guests must be accompanied and closely supervised by a resident while visiting and should not be left unattended in any areas of the building whether inside or outside.

REMEMBER YOU ARE RESPONSIBLE FOR YOUR GUEST. If your guest has a visiting pet...their pet needs to be on a leash and has to follow all rules outlined in the Pet Policy. MAY 1, 2019

As of TODAY, Lynn St Manor is now **SMOKE FREE!**

At the last "Let's Talk" meeting we discussed the 3 outside designated smoking areas.

Smoking is no longer allowed inside ANY areas of the Manor including individual apartments.

If you are caught smoking in the building, you will receive 1 verbal warning, then up to 3 written lease violations before eviction proceedings will start.

Talk to Matt Bush for resources to quit smoking if you need help.

Thank you!



BIRTHDAY BASH

Friday, May 10th 1:00 p.m. ALL TENANTS WELCOME IN THE DINING ROOM!

EAT CAKE and ICE CREAM!
BIRTHDAYS:

Brenda Millitello 5/3
Donna Diller 5/17
Nelda Wellsted 5/19
Etta Walters 5/27
Matt Bush 5/29



IF YOU WOULD LIKE TO PROVIDE A CAKE OR TREAT FOR THIS MONTH'S BIRTHDAY BASH, PLEASE LET THE OFFICE KNOW.

THE MEALS
THAT WE GET
AT THE
POTLUCKS
ARE
DELICIOUSLY
WONDERFUL.
IT ALWAYS
SURPRISES US
HOW WELL
THEY COME
TOGETHER!













1. Fire Drill.

Our annual fire drill will take place this month...watch for a notice under your door with the specific date and time. Safety is the responsibility of everyone: staff, residents, chore providers, visitors, or anyone else in the building. Every individual needs to practice safety to avoid accidents, injuries, and other hazardous situations. If you feel that you need



accommodations or cannot participate in the drill...contact the office.

2. Let's Talk Meetings

The "Let's Talk" meetings take place on the second Tuesday of each month at 1:00pm in the dining room. This is the best time to find out about events that are coming, policy issues, etc. It is also the best

opportunity for you to vent any concerns or complaints that you may have. Also, there is a prize drawing for those that attend.

3. Flag Raising Ceremony on June 14th, Flag Day.

Please SAVE THE DATE! We are organizing a Flag Raising Ceremony with the VFW and possibly the Cub Scouts, to get our new flag up on the pole. There will be outdoor activities and other goodies. Stay tuned.

4. Some STILL Need to Sign – Annual Inspection Sheets & Media Release Please come to the office to sign your inspection forms. We would also like for you to sign a Media Release form. That will allow us to post photos and such on Social Media Platforms, advertising, etc. *If you need the forms brought to your apartment for signature, just call the office to let me know.

5. Monica will be gone May 9th for the PVM Company Administrative Assistant Meeting

This will allow Monica the opportunity to meet and collaborate with other Administrative Assistants within the Presbyterian Villages of Michigan company.

6. Would you like to learn Sign Language? If we get enough interest, we will have a scheduled class where Sharon Watson will teach us some signs. Contact the office to sign up and we will be in touch with the times.



MESSAGE(S) FROM MAINTENANCE:

- Information about the garden plots will be discussed at the next "Let's Talk" meeting. Let the office know if you are interested in a plot. We are planning on having them ready shortly after Mother's Day.
- 2. Parking Lot striping will take place sometime in May, starting with the back lot (kitchen side). Notices will be delivered prior to the date of striping. During this process, vehicles MUST be moved for the entire duration (over the weekend or a couple days, typically).

Thank you! Pat

SERVICE COORDINATOR COMMENTS:

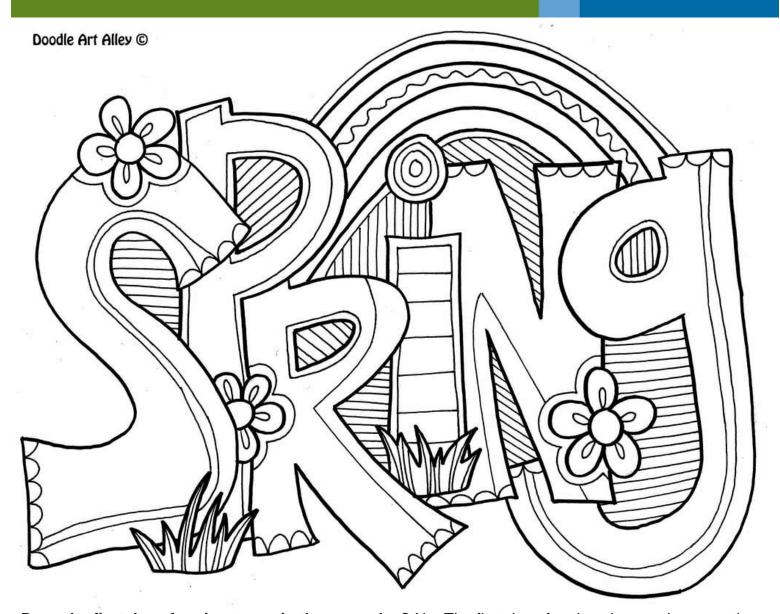
The new **Service Coordinator, Matt Bush** started April 1st. If you haven't had the opportunity to meet him, come introduce yourself. His tentative schedule is: **Mondays and Wednesdays from 9:00am – 5:30pm Thursdays from 1:00-5:00pm.**

"I am also an AmeriCorps VISTA (Volunteer In Service To America) with Char-Em United Way working to improve access for Charlevoix and Emmet county residents and connecting them with local human resources. I feel that because of my experience with the United Way improving access to resources in the area will help me facilitate networking with community organizations and finding new services to offer residents. I will be here two full days and a half day each week and will soon have a more stable schedule when it comes to which days I will be here.

Just a reminder; Straits Regional Ride offers bus service to Onaway as well as Emmet and Cheboygan counties. I delivered bus schedules to each resident's room a few weeks ago. There are additional bus schedules in the kitchen area near the newspapers."



Thank you! Matt



Does the first day of spring occur in the same day? No. The first day of spring changes because there are 365.242 days in the Gregorian calendar. Sometimes, spring falls on March 20, like in 2016. Other times it falls on March 19 or 21. These dates are true for the northern hemisphere. The seasons are flip-flopped in the southern hemisphere.

Is "spring fever" real? While it might sound like an old wives tale, spring fever is both psychological and physiological. The human body can have trouble adjusting to the new temperature and increase in light.

When did "spring cleaning" start? The first known time there was a "spring cleaning" was in 1857.

Was it always called spring? The first season of the month used to be referred to as Lent or Lenten until the 16th century

What are common spring flowers? Lilacs, tulips, lilies, iris, dandelions and daffodils are all associated with spring.

Recipe Swap



*Thank you Monica for sharing!

Cheesy Potato Casserole

- 7-8 med. Cooked/cooled/diced or grated potatoes (or 1-2 bags of frozen, diced potatoes)
- ¼ cup melted butter or margarine
- 1 can cream soup (mushroom/celery)
- 1 pint sour cream
- 1/3 cup chopped onion
- 1 1/3 cup shredded cheese
- ¾ cup cornflakes (mixed with 2 Tbsp melted butter)

Directions

- **1.** If using fresh potatoes, cook, cool, and dice (or grate). Set aside.
- **2.** In a large saucepan, add cream soup, butter, and chopped onion until hot.
- **3.** Remove from heat. Add sour cream and shredded cheese. (season to taste)
- 4. Gently add to potatoes until covered.
- 5. Put into a 9x13 baking pan.
- **6.** Sprinkle cornflake mixture on top.
- **7.** Bake at 350°



*Thank you Cheryl N. for sharing!

Beef 'n' Cheese French Bread

- 1 pound lean ground beef
- ½ cup chopped onion
- 1 cup salsa
- 1 medium green pepper, chopped
- 2 -2.25 oz cans sliced ripe olives, drained
- 1 tsp salt
- 1 tsp chili powder
- 1 tsp minced garlic
- ½ tsp cumin
- 1 loaf unsliced French bread
- 2 cups shredded sharp cheddar cheese

Directions

- **1.** In a large skillet, cook beef and onion until meat is no longer pink. Drain.
- 2. Stir in the salsa, green peppers, olives, salt, chili powder, and cumin.
- 3. Remove from heat.
- **4.** Cut bread in half, lengthwise. Place on a baking sheet.
- **5.** Spread meat mixture over the cut sides of bread and sprinkle with shredded cheese.
- **6.** Bake at 450° for 10-15 minutes or until the cheese is melted.



Presbyterian Villages of Michigan **Mission Statement**

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

Office Number

(989) 733-2661

Village Staff

Ian Straley

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Lindsay Doyle

Housekeeper

Patrick Downing: (989) 306-5452

Maintenance Technician

Monica Voigt

Administrative Assistant

Matt Bush

Service Coordinator

Gary Hansel: (989) 306-4694

Caretaker

www.pvm.org



(989) 306-4694







THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at 248-281-2040 or visit www.pvmfoundation.org







Managed by Presbyterian Villages of Michigan

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