



# Sage Grove View



## Embrace the possibilities

214 S. Sage Street • Kalamazoo, Michigan 49006 • [www.pvm.org](http://www.pvm.org)

May 2018

### Featured Articles

Resident Birthdays & PVM online store pg. 1

Senior Advocate pg. 2

Giving Matters pg. 3

It's your Life/ Live it well pg. 4

Service Coordinator's Corner pg. 5

Administrator Column pg. 6

Calendar pg. 7

## Birthday Celebration!

*Theresa M. ----- May 4<sup>th</sup>*

*Barbara W. ----- May 11<sup>th</sup>*

*Lillian R. ----- May 13<sup>th</sup>*

*Jeni P. ----- May 20<sup>th</sup>*

*We wish ALL who have May Birthday's a Wonderful Day and a Blessed Year!!!*

*Happy Birthday... Happy Birthday... Happy Birthday...*

*Happy Birthday... Happy Birthday... Happy Birthday...*

*Happy Birthday... Happy Birthday... Happy Birthday...*

### PVM Store Features Goodies with Your Village Logo

By the PVM Marketing Department

The Sales and Marketing Department was proud to launch the first ever Presbyterian Villages of Michigan ecommerce store in 2015. This was made possible via a grant from the PVM Foundation. The PVM store allows staff members, residents, board members, and their families the opportunity to purchase great PVM apparel and accessories complete with the village logo of their choice. Apparel options include shirts, sweatshirts, jackets, bags, hats, and all kinds of other essentials.

Along with our current stock of awesome apparel, if you have an item you'd like to see on the website, please bring item details to the office to forward to the Marketing Department.

*To visit the PVM store, type [www.pvmstore.org](http://www.pvmstore.org) into your web browser.*



The Village of  
**Sage Grove**  
A SENIOR LIVING COMMUNITY  
Managed by Presbyterian Villages of Michigan

Look for PVM on:





# The Senior Advocate.

By Lynn Alexander,  
Senior VP & Chief Marketing Officer

## Announcements

### Older Michiganian's Day

*Spring is a time of celebration in most cultures. And what better experience to celebrate than that of being an Older Michiganian! Here is information on Older Michiganians Day coming up in Lansing along with registration information. You will enjoy the day if you decide to attend. PVM will be on hand and will post the event on our Facebook page if you would like to join in from a distance:*

#### Save the Date

[Older Michiganian's Day](#) to be held on May 16, 2018 on the East Lawn of the Capitol Building in Lansing, MI.

Presented by the Area Agencies on Aging Association of Michigan and our Partners

Older Michiganian's Day (OMD) is an annual rally that takes place on the East Lawn of the Capitol Building in Lansing. This event brings together hundreds of seniors, aging service providers and senior advocates with their legislators and key state officials.

Interested individuals are invited to join this event to show their support for policies that support older adults. This free event provides the opportunity to speak with a unified voice to the Legislature expressing the concerns, challenges, and opportunities for older adults by the experts, older adults themselves and aging service providers.

This Event Features:

- A Rally on the East Lawn of the Capitol Building
- Keynote Speakers
- Group and Individual Meetings with your State Legislators

Older Michiganian's Day is planned by a group of organizations committed to advocating on behalf of the needs and interests of older adults across the state of Michigan. The steering committee is responsible for planning the annual event in Lansing, producing the advocacy platform which outlines legislative priorities, and developing an annual report card that states the achievements of the Governor and the Legislature in accomplishing recommended actions.

To learn more about Older Michiganian's Day, or to plan your trip to Lansing, please visit the "[Plan your Trip](#)" page for more information regarding how to register for this event.

For more information contact Linda Burghardt, Michigan Association of Area Agencies on Aging at (517) 886-1029 or by email at [OMD@4ami.org](mailto:OMD@4ami.org). You may also contact your local Area Agency on Aging office by calling (231) 947-8920 or by email at [info@aaanm.org](mailto:info@aaanm.org).

### Community Room Events

- ❖ **May 6<sup>th</sup>** – Birthday Celebration – **5:30pm**
- ❖ **May 2<sup>nd</sup>** – Commodities Pick-up for those registered
- ❖ **May 3<sup>rd</sup>** – Church Cards – 1:00pm in Game Rm.
- ❖ **May 7<sup>th</sup> & 21<sup>st</sup>** – Bible Study Group Meets **4:00 – 5:00pm**
- ❖ **May 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup>** – Sage Grove Support Group meets – **11a-12p** All are welcome. The Comm. Rm is closed during the meetings.
- ❖ **May 12<sup>th</sup>** – Resident Pot luck luncheon – 12:00pm
- ❖ **May 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>** – Virtual Victory Cup Practice 11:00am
- ❖ **May 9<sup>th</sup>** – Commissioner Eric Cunningham – 1:00pm in Comm. Rm
- ❖ **May 23<sup>rd</sup>** – Garden Club meeting 1:00 – 2:00pm
- ❖ **May 24<sup>th</sup>** – Westwood Food Pantry begins
- ❖ **May 28<sup>th</sup>** – Activities planning committee meeting – 10:00am – **All Welcome!**

See *Calendar for more events.*

Continued on page 5

## Giving Matters...



# Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation



***Engage to make Michigan the best place to live—at any age!***

***You're a rock star!***

***PVM is so lucky to have you reading this right now!*** You're out in your community doing great things.

You're volunteering, giving, advocating and so much more!

***There is a place for your kind of engagement at PVM.*** You're needed by your community—you're needed by older adults.

Engage in any way, at ***any age!*** You are key to a healthy, happy Michigan!

Here are some ideas:

- Make a gift to your local PVM Village
- Volunteer for a project or event at your Village
- Call your elected representative to tell them to keep fighting for older adults

***May is "Older Adults Month" and this year's theme is "Engage at Any Age!"***

***What are some of the ways you're currently engaged and what will you do in the future?***

Please contact us at 248-281-2040 or [pvmfoundation@pvm.org](mailto:pvmfoundation@pvm.org) – we want to know!

Thank you!

Paul J. Miller, CFRE

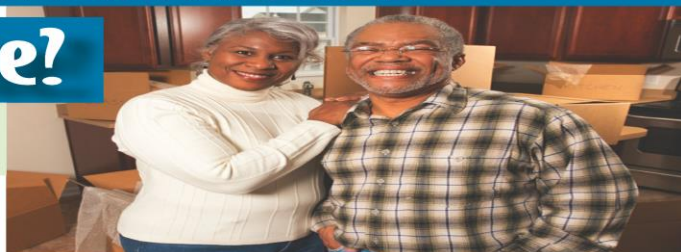
– HELP SUPPORT THE PVM MISSION –

## Is your Will up to date?

*Have you moved?*

*Have your beneficiaries changed?*

Now might be a good time to update your Will...and please consider leaving a legacy to PVM residents in your update.



For more information, call  
Paul Miller at the PVM Foundation  
**248.281.2045**  
[MyLegacy.pvmf.org](http://MyLegacy.pvmf.org)



# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

## It's Déjà Vu All Over Again

Yes indeed. It's that time of year again. Time to get ready for the annual Village Victory Cup scheduled for Friday, June 22<sup>nd</sup>! This year's event will feature some of the same exciting tried and true games as years past such as the Beanbag Toss, the Hoop Shoot, the Wellness Walk, the Puzzler, and the Balloon Volleyball Tournament, and the Kick-a-Roo will be returning for the second consecutive year, but with a slight modification. And based on a barrage of requests from residents, new this year there will be a group dance competition. Also, because the event continues to grow, this year the Village Victory Cup will be held at a new location, the Suburban Collection Showplace Diamond Ballroom in Novi.

For the past 3 years, at the end of this fun-filled day of camaraderie and friendly competition the Village of Westland has emerged victorious. Can anyone dethrone these perennial champions? Does your Village have what it takes? Can you put together a winning team? Will your Village take home the cup? I suppose only time will tell and we will have our answers on June 22<sup>nd</sup>.

For more information about the Village Victory Cup and how you can register to represent your Village at this year's games, contact your Administrator. For Villages located 100 miles or more from the PVM Home Office (in Southfield), you have the opportunity to participate in the Virtual Village Victory Cup, which you can also learn more about from your Administrator.

Good luck Villages and may the odds be always in your favor!





## Service Coordinator Corner

Welcome to another edition of the SC Corner. This month, the subjects are: the Federal budget, Tai Chi/Qigong classes, and WeShop Kalamazoo membership.

**Federal Budget** – Great news! The Centers for Medicare and Medicaid services will be getting an additional \$10 billion in the next budget. This will maintain the services and operations.

Section 202 of HUD’s funding (the program that we are part of) will be getting \$678 million. This money will provide enough to renew the current contracts and include money for new construction. The HUD Secretary will also be able to move money within the 202 budget to PRAC (specifically senior housing), so more seniors should be able to find affordable housing options.

I like to think that our advocacy with elected officials helped to secure the money needed. Please take a few minutes to contact our legislators and thank them for their support.

**Tai Chi/Qigong classes** – Fifteen people (between Sage Grove and Westland Meadows) have said that they are interested in attending classes. Ed charges \$50 per session. He would like to do a regularly scheduled series, paid in advance. We are exploring individual payment, but would like to see if Walmart’s Community Grant program will help us.

**WeShop Kalamazoo** – After the presentation on April 5, Dan (the owner of WeShop Kalamazoo), Paula, and I talked about options for having their personal shopping service available to all Sage Grove residents. We decided that Resident Activity Fund money could be used to cover the fee (\$99 per year), if enough people want to do that. Sage Grove would have a community membership available to everyone who lives here. You would have to let WeShop know that you are a Sage Grove resident when contacting them to place an order. The \$7.00 per store fee and small surcharge would be your responsibility. Please tell me if you would like to have a community membership (through the Resident Activity Fund).

### Upcoming Presentations

**Thursday May 9, 2018** – Kalamazoo City Commissioner Eric Cunningham will be here at **1pm**. We will talk about the city’s services, the City Commission’s role, and how we can be active members of the Kalamazoo community.

**Wednesday June 20, 2018** – Representatives from Metro and Apple Bus Company will be at Sage Grove to problem-solve with us about transportation options. The presentation is scheduled for **1pm**. **Sean (Metro CEO) has told me that they are working on getting a bus stop sign on the corner of S. Sage St. and Stonebrook Ave.**

Rebecca Ogradowski, LMSW  
Service Coordinator

Continued from page 2

## Announcements Continued

- ❖ **1st Sunday of the month – 5:30pm – Birthday Celebration** for all who have birthdays during the month
- ❖ Last Monday of the month, Activity Planning Committee meet @10am – **ALL ARE WELCOME TO ATTEND ☺**
- ❖ **“Give away day”** is now every day. Items to give away are located in the Game Room on the 3<sup>rd</sup> floor.
- ❖ **Movie Matinee – 1:00pm Movie showing in Parlor** If you have a movie you want to watch, please let us know.
- ❖ **Loaves and Fishes – Delivery of Produce & Baked goods from Meijer Shopping Center & other local stores. Deliveries are at random.** All residents are welcome to what we receive, on a 1<sup>st</sup> come 1<sup>st</sup> serve basis.
- ❖ **Wal-Mart Bus – Every Monday – Pick-up is at 12:50 pm at front entrance.**

## Administrator Column

**Village happenings** – Please remember to check out the Announcement, Community Room Events and Calendar sections of this newsletter.

### Resident Support Group:

We have a support group that meets every **Wednesday from 11am-12pm**. Meetings are in the community room, which will be closed during the meetings. **All are welcome to attend. - Please.**

Summer is here! Finally... the cold weather is leaving and summer is approaching fast. The gardening group will be meeting this month, please see the calendar for meeting date and time. If you want to garden, please come to the meeting so we know how many we have for each bed. If you want to garden and are unable to attend the meeting, please let someone know so we can save you a spot.

Maintenance - Joe has requested the following information be added to the newsletter. The city does a quarterly bulk trash collection. We can participate in the June or September pickup. I'm not sure how much of a need there is for this, but Joe would like your feedback. The bulk trash pickup is for items too big to fit in our regular trash dumpster. Items such as: mattresses, couch, dresser, table, chairs, lamps, etc. If have any large items that fall into this type of pickup and wish to get rid of them, please let Joe or myself know so we can get out further information. If we don't have enough interested, we won't participate. No worries.

I hope you read Tom Wyllie's "Health and Wellness" column ... it's about the village victory cup in June. Yes, it's that time of year again to start practicing. I have the complete set of rules, its 26 pages. I printed a few copies for the regulars at the Resident Activity meetings. If you would like a copy, please let me know.

May is also our Fire Drill month. It will be announced the day of the drill. We will pick the day depending on the weather and staff workload. ALL must participate in the fire drill if you are home and/or on the property.

I will announce the final amount raised from our 2018 Friends & Family campaign. I'm hopeful we met our goal, but if we didn't ... we came close. As of 4/30/18 the total raised is **\$1,087.00** ... Thank you everyone who donated. This is a lot of money that will pay for resident activities such as BBQ's, grocery bingo and so much more. We couldn't do what we do ... without walking angels like you. THANK YOU!!



Paula Hager  
Administrator

# May 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		DEA– 5pm in Cm. Rm	<u>Commodities</u>  RSG 11a – 12p	Church Cards - 1:00pm	<b>Games</b>  <b>VVVC Practice 11:00am in comm. room</b>	<b>Cinco de Mayo</b>
6	7	8	9	10	11	12
Birthday Celebration 5:30pm - Community Room	Bible Study 4p-5p	DEA– 5pm in Cm. Rm	RSG 11a – 12p  Commissioner Cunningham Presentation 1:00pm in Cm. Rm		<b>Games</b>  <b>VVVC Practice 11:00am in comm. room</b>	Resident Pot Luck Luncheon 12:00pm
13	14	15	16	17	18	19
<b>Mother's Day</b>		DEA– 5pm in Cm. Rm	RSG 11a – 12p  Food pantry sheets due to Rebecca		<u><b>Games</b></u>  <b>VVVC Practice 11:00am in comm. room</b>	
20	21	22	23	24	25	26
	Bible Study 4p-5p <hr/> <b>Res. Activity Mtg. 10:00am</b> in Cm. Rm. All are welcome	DEA– 5pm in Cm. Rm	RSG 11a – 12p  Garden Club meeting 1:00pm in Cm. Rm.	Westwood Food Pantry	<b>Games</b>  <b>VVVC Practice 11:00am in comm. room</b>	
27	28	29	30	June	June	June
	<b>Office Closed Memorial Day</b>	DEA– 5pm in Cm. Rm	RSG 11a – 12p		<b>RSP = Resident Support Group</b> (Abbreviated so it will fit in the calendar.)	<b>Don't Eat Alone = DEA</b> (Abbreviated so it will fit in the calendar.)

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)



## Office Numbers

**Phone: (269) 567-3300**

**Fax: (269) 381-6733**

### Village Staff

**Paula Hager**

*Housing Administrator*

**Rebecca Ogradowski**

*Service Coordinator – National Church Residences*

Monday – Thursday – Phone: (269)382-9910

10am – 3pm

**Joseph King**

*Maintenance Technician*

---

**MAINTENANCE EMERGENCY NUMBER: (269) 615-3804**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

**214 S. Sage Street  
Kalamazoo, MI 49006**

## Embrace the possibilities