



# Villa View



Embrace the possibilities

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## March 2023 ADMINISTRATOR'S NOTES

As always, we welcome our new Villa  
 Resident: Michael Fry  
 New staff: Nikki Lewis

Winter is in our rear-view mirror and spring is on the horizon. The monthly calendar will highlight the various activities for the month.

Friends & Family will kick off April 1<sup>st</sup> and run until the end of the April. Funds raised are used to benefit the Redford residents. Our goal for 2023 is \$2,580.00. Each Village that reaches their goal will receive an additional \$1,000 from the PVM Foundation. Double the targeted goal amount and receive \$5,000. We will be hosting a Pizza Day, Movie Day, Continuous Popcorn Sales and other activities throughout the month to meet/exceed our goal. Cash contributions are also appreciated. Donor's names will be added to the Donors Acknowledgment Wall. Funds raised go to pay for chartered bus trips, outings, etc.



Look for PVM on:





# The Senior Advocate.

*By Lynn Alexander,  
Vice President of Public Affairs*

## **You are not Alone!**

If you are over 65 years of age, you are not alone. The Washington Post reported recently that some 17% of people living in the United States, or more than one in six, were 65 or older in 2020, according to a report from the Administration on Aging. That percentage represents 55.7 million people, an increase of 15.2 million, or 38% of people 65 and above, since 2010, compared with just 2% growth in the under 65 population. The figure also reflects a consistent increase in the nation's older population since 1900, when there were 3.1 million Americans 65 and older, or 4% of the population.

These days, due to medical advancements, improved surgeries and medication, as well as wellness and nutrition initiatives, we have more Centenarians than ever before. We are now able to welcome great grandchildren into the world and attend graduations and weddings of loved ones from younger generations. This allows us to mentor as never before and share family history that provides a sense of belonging and continuity. Sharing time and love is more important than any material gifts we give. Enjoy this treasured time, which was not granted to our ancestors, and live life to the fullest with our friends and loved ones!

## Service Coordinator Corner

By Anita Stephens

March 2023



**Quote of the Month:** “The secret to change is to focus all of your energy not on fighting the old, but on building the new.” ~ Socrates

All residents are invited to attend our St. Patrick’s Day gathering. Plan to participate in conversation & chair exercises with Wayne County Commissioner Monique Baker McCormick. Friday, March 17<sup>th</sup> @ 1:00pm in the Villa dining room. Enjoy light refreshments & St. Patrick’s Trivia. Signup & wear green!

Sponsored by: **PACE Southeast Michigan & Commissioner McCormick office.**

Join us for **FIT&FLEXIBLE CHAIR BASED EXERCISE CLASS** on Thursday, March 23<sup>rd</sup> @1:00pm in the Villa dining room. Sponsored by: Guardian Angel Home Health Care. Signup required. Sign-up sheet located on the table in the main hallway.



**TO SET YOUR CLOCK 1 HOUR AHEAD ON Sunday, March 12, 2023 for daylight saving time.**

**Think Spring!**

**The First day of spring is Monday, March 20, 2023**





## RESIDENT SPOTLIGHT

Resident of the Month / March 2023

*Ms. Geraldine Chennault-Ansley*

Geraldine has been a cottage resident since May 2016. Geraldine was employed with Ameritech and began her career in the Yellow Pages Department. She retired in Feb, 2000 after twenty-six years of service.

Geraldine enjoys walking around the campus, quilting projects, word search puzzles, & reading various books. She is on the Resident Council for the Village of Redford and is involved in senior classes offered at the Redford Community Center.

Family is the center of Geraldine's life! She has three sons, a loving daughter-in-law, eight grandchildren, three great grandchildren, one sister & one brother.

**Golden Rule:** "Treat people the way, you want to be treated."



From Your Residents' Council



### **Spring is Coming!**

Don't put your winter coat away quite yet. The days are getting longer, and the cold isn't quite so biting. Get ready to walk outside again without worrying about snowdrifts or ice storms. Have a Happy Spring!

### **Friends & Family is Coming!**

Every year we are encouraged to contribute to the Friends and Family Fund. That time will soon be with us! It's where the money for our Fall bus trip to Turkeyville comes from. We do hope to take more trips. But we can only get \$ from that Fund if we put some in. Could you donate something? Maybe \$10? Do you have an idea for a fundraiser we haven't tried yet? Let us or the office know. There is a bucket in the Office for you to contribute that spare change that clutters up your pockets and sits on your dresser. Every penny helps.

### **Upcoming Events**

The Council intends to hold a Spring Forum, probably in May. It will be much like our Fall Forum. We want to know what you appreciate about Redford Villages, and what needs to be improved. Even though we are volunteers, we can, and often do, make a difference when things need changing. We are also planning a Spring bus trip shortly after the Forum. If you have ideas for where you'd like to go, let your representative know. We will be making plans at our March meeting.

### **We're Here to Help**

The Council is here for you, to help with issues that impact many residents, or were not handled well. As residents, we have a voice with Administration, and can sometimes make things a little easier. Contact your representative, the Chair or Vice-Chair, or leave us a note in the box in the mail room.

**Caroline Jonah, Chair, Village Green Cottages, (313) 617-2100;**

**Quillie Ealy, Vice-Chair, Villa, 3rd floor South, (313) 535-1082**

**Thomasine Brantley, Villa, 2nd floor North;**

**Stephanie Cain, (313) 580-9600, Cottages**

**Geraldine Chennault-Ansley, Sylvan Terrace Cottages; (313) 690-0707;**

**Mary Dobson, Villa, 2nd floor South;**

**Carolyn Lambreth, Heatherwood Cottages, (313) 515-1283;**

**Ernestine Peete, Villa, 1st floor South, (313) 766-4527;**

**Gloria Whittington, Villa, 3rd floor North, (313) 286-3004;**

**Tamela Waymer, Villa, 1st floor North, (313) 204-7302.**

### **Get Involved**

Do we need more activities? We're looking for residents who have ideas about what could happen here and are willing to run them. Is that you? Do you need someone to work with you?

Let us know. Maybe we can act as a clearinghouse to get people together who want the same thing.

The Redford Township District Library

# Newsletter

## March 2023


- Oscars Preview
- Knitting & Crochet Drop-In Club
- Movie Night
- Food Trucks
- Book Delivery

## OSCARS PREVIEW


Thursday, March 9th  
6:00-8:00 PM

Film expert Greg Black will present an Oscars Preview highlighting the previous year in film through the lens of the Best Picture nominees. Greg will screen trailers for his favorite films not nominated for Best Picture approximately 30 minutes prior to the start of the presentation.

Sign up online at [rtdl.org/events](http://rtdl.org/events) or by calling (313) 531-5960.

 (313) 531-5960

 [rtdl.org](http://rtdl.org)

 25320 W. Six Mile  
Redford, MI

**Monday - Thursday**  
10:00 a.m. - 8:30 p.m.  
**Friday - Saturday**  
10:00 a.m. - 5:00 p.m.  
**Sunday**  
12:00 p.m. - 5:00 p.m.

Redford Township  
**RIDL**  
District Library

## Knitting & Crochet Drop-In

Saturday, March 11 & 25 from 11:00-2:00 PM

Join us twice a month for our drop in Knitting & Crochet club.

There will be no instructor present at these sessions but we will have books and videos available for check out.



## MOVIE NIGHT

Wednesday, March 29th  
6:00-8:00 PM

Free Movie! Free Popcorn!  
Sign up online at [rtdl.org/events](http://rtdl.org/events)  
or by calling (313) 531-5960

# FOOD TRUCKS ARE BACK!

NOM NOM NINJA Food Truck will be parked at the library on **Thursday, March 16th from 12:00-3:00 PM.**

We are still solidifying our food truck schedule but you can look forward to food trucks being at the library on the following dates. Stay tuned for more!

Thursday, March 16 from 12-3 PM  
Thursday, April 20 from 12-3 PM  
Thursday, May 18 from 12-3 PM  
Thursday, June 8 from 4-7 PM  
Thursday, June 15 from 12-3 PM



## HOME DELIVERY

Call **(313) 531-5960** if you're interested in having your books, CDs, DVDs, and audiobooks delivered to your door via our Homebound Delivery Service.



## Adult Crafts

**Wednesday, March 1 at 7:00 PM**  
**OR Thursday, March 2 at 10:30 AM**

Join us for fun and conversation as we create & explore different methods of DIY! We will be making glowing photo luminaries at the March sessions. Call (313) 531-5960 or visit [rtdl.org/events](http://rtdl.org/events) to sign up.



## MAINTENANCE MUSINGS

### VILLA

#### **\*\*IMPORTANT\*\***

If you set your smoke alarm detector off, you **must** call the after hours and weekend emergency phone number: **313 910-7027**. During the day on Monday thru Friday you can call the front office.

### COTTAGES

#### **\*\*REMINDER\*\***

Trash pick up is Monday and Thursday. No earlier than 10:00a.m. No later than 12:30p.m.

When using your burners or ovens, please use your exhaust fan, this will help you prevent the microwave door handles from melting.

THANK YOU

MARK UZAREK, MAINTENANCE





## Rhonda's Corner

Looks like we are going to get some nice weather soon and I know we are ready for spring, I am too!!!

### Helpful Hints For Spring Cleaning

**Baking Soda is good for so many things:**

- Freshen your carpet (sprinkle on carpet & let sit 30 min & vacuum)
- Open a small box and leave in refrigerator to deter odors
- Use ½ cup for your laundry
- Wipe surfaces ex: countertops

**Baking soda is good for a Fresh Clean Smell!**

**FYI:** On Tuesday we have Movie & Popcorn!

On Wednesday at 10:00a.m. we have shopping trips

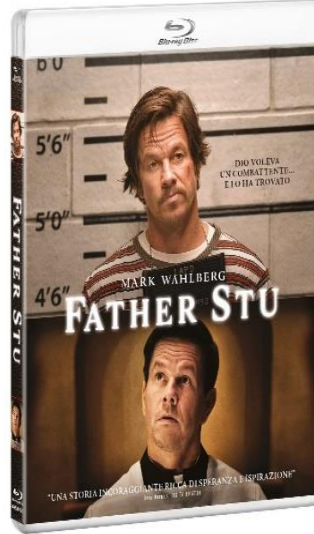
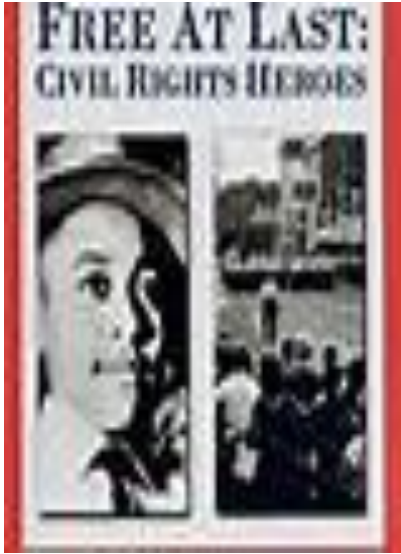
**Theses are amenities available for your enjoyment!**

*Rhonda Kuehn*

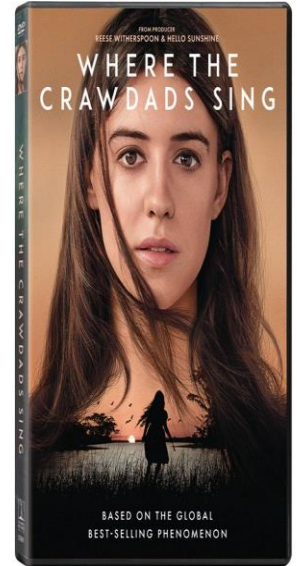


**Hospitality Housing Asst.**

## March Movie List



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### Free At Last: Civil Rights Heroes

Directed by Martin Kent. The amazing courageous stories of Emmitt Till, Medgar Evers, Myrlie Evers, Martin Luther King, Jerry Mitchell.

### Bullet Train

The film stars Brad Pitt as Ladybug, a former hitman who must battle fellow killers while riding a bullet train.

### Father Stu

Tell the story of Father Stuart Long, a boxer-turned-priest who inspired countless people during his journey from self-destruction to redemption.

### Where the Crawdads Sing

A woman who raised herself in the marshes of the Deep South becomes a suspect in the murder of a man with whom she was once involved.

# MARCH



<b>Patricia Hall</b>	<b>03/02</b>
<b>Dorothy Anderson</b>	<b>03/16</b>
<b>Mary Lewis</b>	<b>03/14</b>
<b>Deborah Cade</b>	<b>03/17</b>
<b>Kenneth Matthews</b>	<b>03/23</b>
<b>Valerie Brown</b>	<b>03/27</b>
<b>Martha Washington</b>	<b>03/30</b>
<b>Mildred Kennedy</b>	<b>03/31</b>

**Correction:** Birth date for Damon McCaskell is not in February

# Conversation & Chair Exercise

With

Monique Baker  
**McCormick**

Wayne County Commissioner District 6

Chair, Wayne County Committee on Health & Human  
Seniors/Veterans Services

Friday March 17, 2023

**JOIN** @ The Villa of Redford  
**Us!**



For more information contact Commissioner Baker  
McCormick's office at 313-224-0884

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Women's History Month		1 10AM VALUE CTR. 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	2 10am-11am Coffee Hour	3 2-4PM MAINTAIN YOUR BRAIN 6PM BINGO	4 1PM BINGO
5	6 10AM VILLA STORE PANTRY	7 2pm Movie TBD	8 10AM VALUE CTR. 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	9 10am-11am Coffee Hour 12:30-3PM CROCHET	10 2-4PM MAINTAIN YOUR BRAIN 6PM BINGO (VILLA DINING RM)	11 1PM BINGO
12 Daylight Savings Time	13 10AM VILLA STORE PANTRY	14 2PM MOVIE TBD	15 10AM VALUE CTR. 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	16 10AM-11AM Coffee Hour 12:30-3PM CROCHET 1pm Pet Care 2pm Book Club	17  2-4PM MAINTAIN YOUR BRAIN 6PM BINGO (VILLA DINING RM)	18 1PM BINGO
19 1PM WORSHIP IN (VILLA DINING RM)	20 10AM VILLA STORE PANTRY 1st Day of Spring	21 2PM MOVIE TBD	22 10AM VALUE CTR. 12:30-3PM CROCHET 1PM BID WHIST 6PM BIBLE STUDY	23 10am-11am Coffee Hour 12:30-3PM CROCHET 1pm Exec & Bingo	24 2-4PM MAINTAIN YOUR BRAIN 6PM BINGO (VILLA DINING RM)	25 1PM BINGO
26	27 10AM VILLA STORE PANTRY	28 2PM MOVIE TBD	29	30	31	

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

**Main Office Number**

**(313) 541-6000**

**Village Staff**

**Gloria Robinson**

*Senior Housing Administrator*  
(313)541-6042

**Nikki Lewis**

*Sales and Leasing Specialist*  
(313)541-6140

**Angela Hooks**

*Administrative Assistant*  
(313)541-5991

**Mark Uzarek**

*Maintenance Lead*

**Gina Herron**

*Receptionist*  
(313)541-6126

**Freddie Graham**

*Maintenance Technician*

**Anita Stephens**

*Service Coordinator*  
(313)541-6450

**Rhonda Kuhn**

*Hospitality Housing  
Assistant*



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**EMERGENCY NUMBER (VILLA)**

**(313) 910-7027**

**EMERGENCY NUMBER (COTTAGES)**

**(313) 573-3572**

**NON-EMERGENCY REDFORD PD**

**(313)387-2500**

**CLASSIC SECURITY**

**(313)662-4648**

**Phyllis @ the beauty salon**

**(313)541-6077**



**Presbyterian  
Villages**

OF MICHIGAN

THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

**Redford Board of Directors**

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**Reva Wujcik**

**Kathryn Telck, Vice Chair of the Board**

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The Villa and Cottages at Redford• 25340 West Six Mile Road Redford, MI 48240

**Embrace the possibilities**