



The Village of Brush Park Manor

PARK VALLEY NOTES



2900 Brush St. • Detroit, Michigan 48201 • www.pvm.org

February 2019

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Village Administrator

HAPPY VALENTINE'S DAY

I wish to say thank you for your patience having not received our monthly newsletter for your reading pleasure. Our copying machine had to be replaced and we just received the new one yesterday afternoon. It is hilarious to see adults act like children when they receive new toys. We know it will be much easier to read and the colors much clearer. Again, we do appreciate your patience and will work hard at getting the news out to you on time.

We had been pretty fortunate with wonderful weather up until this month with snow, rain and ice. I would advise each of you unless it is absolutely necessary for you to go out in this weather, please remain in your homes. These conditions are very dangerous and not to be ignored where one can be seriously hurt.

The activities at Brush Park Manor are beginning to come into place for the New Year. All residents are welcome to Brush Park Manor activities so please check with committee members for further information. You are always welcome to serve on any committee of your choice.

Monday, February 18, 2019 Black History program will be held in the community room at 12:00pm. Valentine's Day Bingo will be held in the community room February 14 at 1:00 pm. The Kappa's will be hosting a Resident Breakfast on Saturday, February, 23 at 10:00am. There is no cost for these events so please come down and join in the festivities.

With movie day each month if you have a movie you feel others would enjoy please feel free to contact the office. Popcorn, chips, water and at times ice cream or candy will be served.

Please remember all of our Brush Park Family Members who are either in rehab, hospitals or even in their homes in prayer.

The great thing in this world is not so much where you stand, as in what direction you are **Moving.**

Oliver Wendell Holmes

Look for PVM on:



MOVIE DAY AT THE PARK!

1:00 pm in the community room
February 11th 2019



COFFEE HOUR "TIME CHANGE"

9:00 a.m. to 11: a.m.

Monday & Wednesday

SERVING: COFFEE, TEA, HOT CHOCOLATE,
COOKIES, CAKE AND DONUTS

FREE

If you would like to donate*

feel FREE!

*e.g.: COOKIES, CAKES, DONUTS and COFFEE.

Laundry Room Etiquette

Please be courteous to your neighbors when utilizing the laundry facilities on the 2nd and 3rd floors. Remember all washers and dryer are to be cleaned after each use.



New Residents

Siri Gross

Announcements

☞ Worship Service held every 1st Sunday and 5th at 4:00 pm in the Community Room. This service is open to all faiths; please feel free to invite your family and friends:

☞ 1st Sunday—Rev. Rowland Garner (Communion)
3rd Sunday- Rev. Kelly Jackson
5th Sunday- Rev. Greenfield

☞ FOCUS HOPE delivers every 2nd Wednesday. You can sign up too.(Craft Room.)

☞ Wal-Mart Shopping
Feb. 5th, 12th, 19th, & 26th
pick-up 2:00pm

☞ Shelton Tappes meets every second Wednesday at 12:00 p.m.
All are welcome to join!

☞ AARP meets every second Friday at 12:00 p.m.
All are welcome to join !

☞ Exterminator at Brush Park every 3rd Thursday.

3rd Floor

☞ Arts & Craft every Tuesday at 2pm in the Craft Room.

☞ Bingo every Wednesday at 1pm-3:30pm in the Craft Room.

☞ Enhance Fitness Program M-W-F 11:30 to 12:30pm in the Community Room. Please see calendar for location changes.

☞ Bible Study Rev. Jackson (every Thursday at 12pm) in the E. Kern Tomlin community room.



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

You help your fellow residents THRIVE. Thank YOU!

Going to the mall to return gifts today?...Or grocery shopping? Take a look around while you're there. **Who** do you see?

It's probably someone from your Village or another older adult.

Almost 20% of the state's population is 65 or older. Michigan has moved from the **30th oldest state** in the USA to the **10th oldest**.



This is what thriving looks like!
Whoo hoo!

So what?

Older **adults** need **the services YOU help provide and you're more important than ever.**

Being a donor to your Village really helps your fellow residents in their time of need. Help your Village with fun field trip activities or going to the Village Victory Cup.

Thank you for caring—and THANK YOU FOR CARING ABOUT YOUR FELLOW RESIDENTS!!

If you have any questions or comments, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Happy New Year!
Paul J. Miller, CFRE

Announcements



PROGRAM

February 18, 2019
at 12:00 pm
in the community
room



The Resident Association meetings are held every 4th Thursday at 4:30 p.m. in the E. Kern Tomlin community room.

Lindsay Tyler, President



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Life Without a Car – Part 4

This is the fourth article in a series of articles I have been writing about living life without a car. Last month I introduced you to the online, on-demand shopping and home delivery service Shipt. This month I am going to share my experience using it.



As you might recall, when I took my car to the shop I was completely out of groceries. "No problem," I thought. I'll just use Shipt. After my experience at my sister's, I had already downloaded the app on to my iPhone from the App Store and signed up for the service. Where I live there are two stores Shipt does business with: Meijer and Target. I chose Meijer because the Meijer closest to me has more variety than the closest Target store.

I found that using the app was pretty easy. Essentially, all I had to do to select an item to buy was to tap its picture. After selecting all the items I wanted, I selected my desired delivery time, which completed my purchase. Shortly thereafter, I received an email confirming my order and soon after that, was notified who my shopper was that included her picture. About a half hour before my scheduled delivery time, I received a text message from my shopper that she was about to start shopping.

While my shopper shopped, she periodically sent me text messages when an item on my list was not available and would suggest substitutes. For example, if the store did not have the specific brand of mild salsa I requested she would suggest a different brand of mild salsa or the same brand but medium rather than mild. I could then text back with my decision, which could be to remove salsa from my list rather than accept a substitute. After my shopper finished shopping, she sent me a text that she was in the checkout line and would soon be on her way to my house.



When she arrived with the groceries, everything was in order. There were no missing items, the eggs weren't broken, the cold items were still cold and the frozen items were still frozen. Overall, it was a very positive experience. From a convenience standpoint, it was a home run. My primary complaint is that for my liking there were a few too many items from my list that weren't available for which I had to select a substitute. That was a bit frustrating. However, given that I was without a car, it was sure nice not to have to go without groceries even if I had to buy a few different items than originally intended.

Next month, I will write in more detail on how the app works so if you decide to try it, you will have a better understanding of how it works.

Announcements

Please place all trash and rubbish in tightly closed bags before throwing down the trash chute. Sending open garbage down trash chute causes mice and other pest along with odors in maintenance area.

Rubbish must not be placed on floors in refuse rooms it must be thrown down the chute or if too large bring it down to the first floor refuse room.

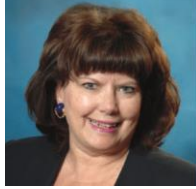
Please help keep our laundry rooms clean by wiping off washers and dryers. Lint traps must be cleaned after each use. Other residents do not want to come in and clean behind you. If your clothes are left in the washing machines or dryers they will be disposed of within twenty-four hours.

Keep Refuse Doors Closed!

Let's Play Dominoes!



Every Monday at 1:00pm
in the Craft room.



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

PVM's New Blog

I am pleased to announce that we have launched a blog on the PVM website. Now you will be able to find very helpful information on everything from avoiding financial exploitation, housing and services, alternative transportation, on-line delivery services, family issues and fun topics such as creating memories with your grandchildren.

This blog is very simple to use. Simply go onto the PVM website at pvm.org. Right on the home page to the left of the Crain's logo there is a button which states PVM Blog. Just press it; and you will be taken right to it.

Just in a few short weeks over 1,200 viewers have been enjoying what we have to offer. Come join the fun and become one of the most knowledgeable members of your social set.

Read on and stay warm during the winter months!

Announcements

The Enhanced Fitness group meets every Monday, Wednesday and Friday.



On Wednesday mornings as long as the weather permits, the Enhanced Fitness group walks outside of the building. Feel free to join them at 10:00 a.m. in the lobby.

Please see Mrs. Lois Horne

February

Luvenia Ryans 2/9
 Michael Jones 2/17
 Leon Stewart 2/19
 Helen Presley 2/20
 Gladys Robinson 2/22
 Gloria Webster 2/26



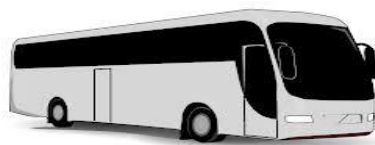
Harold Massingille
Service Coordinator
313-832-1576

The beauty salon is open Wednesday through Saturday. Please call and schedule your appointment today!

(313) 832-8804




















WAL-MART



The Walmart bus leaves promptly at 2:00pm .If you would like to go shopping please be in the lobby every Thursday by 1:30pm.

Calendar

FEBRUARY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Enhanced Fitness 11:30 am U of D Dental Students 1:00 pm	2 BEAUTY SALON  Groundhog Day
3 Visit your Church Rev. Garner 	4 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am Dommios 1:00pm	5 WALMART 2:00 pm pick up  Woodlawn Presentation	6 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am	7 BIBLE STUDY 12:00pm 	8 Enhanced Fitness 11:30 am 	9 BEAUTY SALON  KAPPA MEETING
10 Visit your Church 	11 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am MOVIE DAY AT THE PARK Dommios 1:00pm	12 WALMART 2:00 pm pick up  LINCOLN BIRTHDAY	13 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am SHELTON TAPPES 12:00p FOCUS HOPE	14 HAPPY VALENTINES DAY BIBLE STUDY 12:00pm BINGO 12:00-2:00p	15 Enhanced Fitness 11:30 am 	16 BEAUTY SALON 
17 Visit your Church Rev. Kelly Jackson 	18 Black History Program 12:00 pm Dommios 1:00pm PRESIDENTS DAY	19 WALMART 2:00 pm pick up 	20 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am	21 BIBLE STUDY 12:00pm  EXTERMINATOR 3rd Floor	22 Enhanced Fitness 11:30 am  WASHINGTON BIRTHDAY	23 BEAUTY SALON Kappa Resident Breakfast 10:00 am
24 Visit your Church 	25 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am Dommios 1:00pm DETROIT PUBLIC LIBRARY BOOK DELIVERY PICK-UP	26 WALMART 2:00 pm pick up 	27 Coffee & Conversation 9:00-11:00a Enhanced Fitness 11:30 am	28 BIBLE STUDY 12:00pm  RESIDENT ASSOCIATION MEETING 4:30pm		

The Village of
Brush Park Manor
Paradise Valley
A SENIOR LIVING COMMUNITY
Member of Paradise Valley Village of Homes

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Ara Hunter
Housekeeping

Willkie Lamar
Beauty Salon
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Recipes

VALENTINE STRAWBERRY MINI PIES

Prep Time 10 minutes

Cook Time 15 minutes

Total Time 25 minutes

Author Stephanie@StockpilingMoms

INGREDIENTS

- 1 pie crust I used store bought
- 1 can strawberry pie filling
- cream cheese
- sugar
- 1 egg white

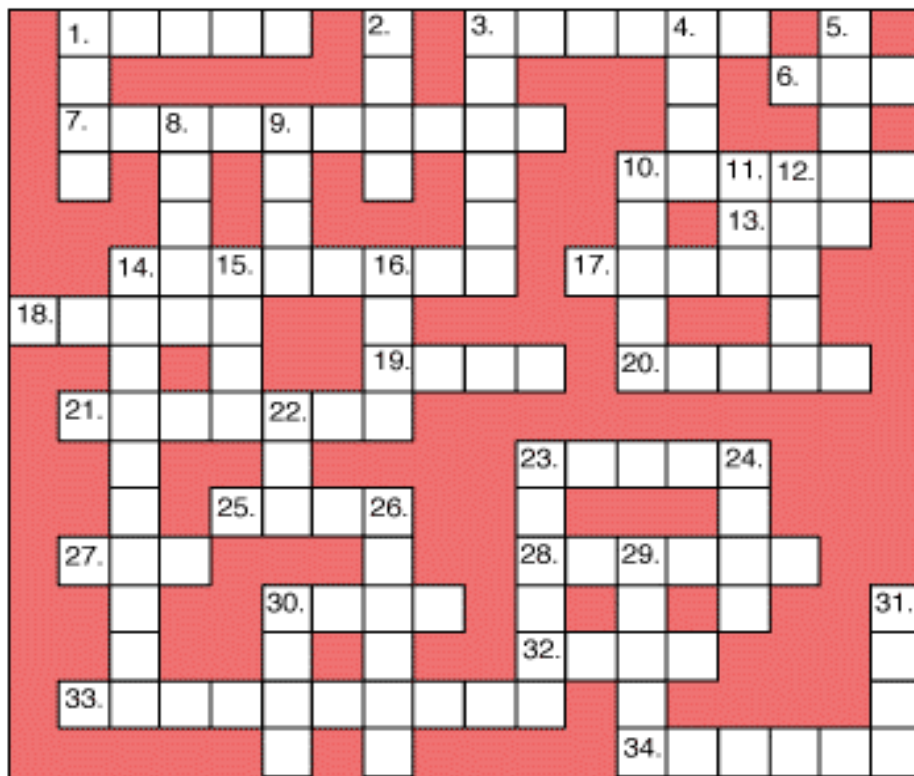
INSTRUCTIONS

1. Preheat oven to 375.
2. Roll out your dough and cut out shapes (I used a heart shape cookie cutter).
3. Put 1 teaspoon pie filling on shape.
4. Next put 1 teaspoon cream cheese.
5. Place another shape pie crust over top, using a fork press down the edges to seal them together.
6. Mix your egg white with 2 teaspoons water and mix together for an egg white wash.
7. Brush this over the top of your mini pie.
8. Sprinkle your pie with sugar.
9. Place on baking sheet.
10. Bake in oven for 10-15 minutes or until golden brown.
11. Keep an eye on them because baking them will depend on their size and thickness of the dough.
12. When you pull them out of the oven place them on a wire rack to cool.



Word Search

Valentine's Crossword



Across:

- 1. Opposite of boys
- 3. Valentine colour
- 6. ____ goes there?
- 7. St. _____ Day
- 10. The targets of Cupid's arrows
- 13. This little piggy is one
- 14. Valentine month
- 17. Tolls paid
- 18. _____ change, pocket money
- 19. Sign above door
- 20. Donald's girlfriend
- 21. Crayon maker
- 23. He shoots love arrows

- 25. Short form for animal doctors

- 27. Valentine's colour
- 28. Cupid shoots these
- 30. Valentine colour
- 32. Choose
- 33. Sweet valentine gifts
- 34. _____ admirer

Down:

- 1. Bestow
- 2. _____ the bottle
- 3. Attractive
- 4. Frilly trim
- 5. Valentine colour
- 8. Mickey _____ Minnie
- 9. Close to
- 10. Listened

- 11. Past tense of eat
- 12. Red flowers
- 14. February ____ is Valentine's
- 15. ____ valentine.
- 16. Length x width
- 22. Single, __, 2, 3, ...
- 23. Winners
- 24. Opposite of up
- 26. First day of the week
- 29. Speed contests
- 30. Scheme
- 31. Pepper _____ candy



**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers 313-832-9922

Village Staff

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Administrator

Tanisha Reed-Hobbs
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Harold Massingille
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Service Coordinator

Harrison Mount
Maintenance

Nelson Scott
Maintenance

Ara Hunter
Housekeeper

EMERGENCY NUMBER

(313) 832-9922

FAX

(313) 832-8801



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

**City of Detroit
Neighborhood Police Officers
Main: 313-596-1319
Fax: 313-596-5166**

Officer Dorsey - Cell: 313-643-0865
Officer Hardy - Cell: 313-570-4364
Officer Hawkins - Cell: 313- 581-3805

The Village of Brush Park Manor Paradise Valley

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E. Kern Tomlin, Chair
**John Gardner, Vice
Chair**
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Treasurer**
**Elaine Hearn,
Secretary**
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