

Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • www.pvm.org

2020 | Issue XII

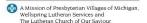
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Our Saviour's Manor

A SENIOR LIVING COMMUNITY



Look for PVM on:







The Administrator's Pen



Blessings OSM;

WOW, it is hard to believe that this is the last month of 2020. We are coming to the end of 2020 and stepping into a new day, a new year, and new beginnings. Thank God for HIS new mercies and new grace that He gives to each of us. We sure have come a long way since the beginning of 2020 and the start of COVID19 and there is so much to be grateful for. Take note of everything that has happened and write down all the good that came out of it. Find something that motivates and inspires you. What can you do better? What can you say different? Remember, there is always room for growth and improvement. When you feel as if you can't, just remember, what did you do to get you to where you are now. You did not give up and you did not stop. You did not let a bump in the road or even COVID to hold you back and most of all you did not give up. Always remember that feeling or that desire you have that motivates you to do what you do to get you where you are and where you want to be. Stay strong, and remember, every road has a bump, pot hole, or even a detour sign, just keep going and you will find your way to a good feeling, a desire of completion, a way of happiness and great joy.

We are all in this together. We must lift each other up in prayer, deeds, and kind words. Words of encouragement go a long way. Mark Twain stated – "Kindness is the language which the deaf can hear and the blind can see." Speak life, not death. Remember, you are in control of your day, and it all starts with your attitude and words. Choose to be happy, uplifting, and encouraging. Start your day with a grateful heart. Your attitude will determine your aptitude. So, go ahead and soar like an eagle, get above the clouds and feel the sunshine. Make the most of what you have, because in the end all we have is today.

I truly do count it an honor and a privilege to be here with you all. I want to wish everyone a blessed Christmas and a Prosperous New Year. May this New Year bring you all good things in life that you truly deserve. My prayer is that you all have good health, wealth, and happiness in 2021.

Remember: Good, Better, Best, Never Rest until your Good is Better and your Better is Best! GO MONARCHS!!!





OSM Monarch Moments

Blessings Our Saviour's Manor,

Wishing everyone a happy and healthy month!



First, we would like to wish everyone a very **Merry Christmas and a Happy New Year!** We hope your holidays will be filled with lots of love, joy and peace! We want to send out a **GREAT BIG THANK YOU** to Councilwoman Tasha Green, Congresswoman Rashida Tlaib, and the Wayne County Sheriff Department for providing OSM with food boxes and mask this past month. We are truly grateful for their service and donations.





Our shopping trips are scheduled for every Wednesday and Thursday this month. The afternoon trips are on Wednesdays and the morning trips are on Thursdays. The first week trips will be to Walmart, the second week trips will be to Kroger, and the third week trips will be to Meijer. The Nankin Bus is providing the transportation and due to the social distancing, we do not know if there are a limited seating arrangement for the buses. It is up to each bus driver to make that decision. Please remember to sign up for all of our OSM shopping trips. The signup sheets are on the bulletin board.

Please do not remove the sign-up sheets from the bulletin board.

Thank you to everyone who participated in the Virtual Victory Cup! You made it a truly memorable and fun experience. *GO MONARCHS!* Christmas is fast approaching us! We will be providing a Christmas Hot Meal for each resident on December 17th.

Please remember that during the holidays, **the offices will be CLOSED** on Friday, December 25th for Christmas as well as Friday, January 1st for the New Year.

We want to thank all residents, family, and friends for their cooperation and understanding as we navigate through these tough times together. Please just keep in mind that are COVID 19 rules and PVM policies are still in effect, please continue to practice social distancing, essential visitors only, and please wear your mask when not in your apartment.

Minors should not be in our building, they're not essential visitors for your care. We are enforcing our policy and those violating them will receive a lease violation.

The community room and all common areas are currently closed until MDHHS ends the orders. We will keep everyone updated as we receive the MDHHS orders and PVM COVID policies. Please remember to wear your mask when you leave your apartment. Keep practicing social distancing and stay safe and healthy! Just a reminder, please do not leave grocery carts in the hallways. Once you are finished with them, please return them to the stairwell.

Please check your calendar for all of our upcoming events and updates.

Reminder: All Essential Visitors entering our building must sign in and fill out the COVID19 visitor form. They must wear a mask.

Have a blessed and safe month!



Schwan's Delivery Schedule

Delivery Only

You must Call for Your Delivery

1-888 724-9267





Where There Is

Where there is love, there is life.

Where there is life, there is hope.

Where there is hope, there is faith.

Where there is faith, miracles happen.

Where there is peace, there is God.

And when you have God, you have everything!

Be the reason someone smiles today!



-Luke 1:37

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Coordinator's Corner

Alisa Lovedav Service Coordinator

Greetings OSM!

If this past year has done nothing else, it has served to change our perspective on life and living. Here are a few reflective comparisons from last year to this one. While they may not all be true for all, I think many around us have awakened to these changes.

Last Christmas we were digging deep into our bank accounts to find money to fly home for the holidays; this Christmas we are digging deep into our souls to find the courage to do so.

Last Christmas we were trying not to let annoying relatives get the best of us; this Christmas we are hoping to hug them soon.

Last Christmas we thought a man who could rush down a football field was a hero; this Christmas we know a medic who rushes into a COVID-hit nursing home is the real one.

Last Christmas we were thinking about the madness of the holidays; this Christmas we are thinking about the meaning of them.

Last Christmas we were contemplating all the changes we wanted to make in the New Year; this Christmas we are reflecting on all the changes we have made in this new reality.

(Source: aahttp://christmas.spike-jamie.com/inspirational.html)

Special Announcements:

It is not too late to review your Medicare to ensure you're enrolled in the best plan. Contact me for details. If you are with Safelink wireless for your cellular service, your services may be ending soon. Call me to set up enrollment with a new service.

> Have a safe and blessed Christmas and New Year! "Glory to God in the highest, And on earth peace, goodwill[e] toward men!" Luke 2:14

My Office Hours:

Mondays – 11 AM to 4 PM *Tuesdays* – 9 AM to 3 PM Wednesday – 9 AM to 2 PM Thursday – 11 AM to 3 PM Please call to make your appointments! My Direct number is: 734-722-9763

And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God. Romans 12:2



The Village of Our Saviour's Manor

A SENIOR LIVING COMMUNITY



A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

OSM Board of Trustees

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Natalie Brothers, Member

Carolyn Kimbrough, Member

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Myra Davenport, Member

Judy Piccininni, Member

OSM EVENTS

Bingo is played Every Tuesday and Thursday each week, with three new numbers posted on the Bulletin Board.

If you get a Bingo, Please see your Resident Volunteer for your prize.



Christmas Decorating Porch Ends December 11th



Monday, December 14, 2020 11:00 AM – 12:00 PM Administrator's Resident Phone Meeting



Dial in: 1-855-369-0450 Code: 81682845#

Thursday, December 17, 2020 – 2:30 PM – 3:30 PM Christmas Hot Meals Delivered to your door.





It's Your Life. Live It Well.

By Tom Wyllie, Director of Wellness

The Winter Solstice – A Harbinger of Better Days to Come



As the saying goes, "it's always darkest before the dawn." On Monday, December 21, 2020 at 5:02 a.m., the Sun will be directly above the Tropic of Capricorn, the imaginary circle around the Earth south of the Equator that demarks the southernmost position at which the Sun can appear directly overhead. In the Northern Hemisphere, we refer to this moment in time as the Winter Solstice.

From that point forward, when the day is the shortest and the night the longest, the hours of daylight begin to wax and the hours of darkness begin to wane. With each passing day, we experience more light and less dark. In ancient times, this "changing of the light" was celebrated as a rebirth of the Earth, a movement away from the dead of winter toward the fertility of spring. It was considered a harbinger of better days to come.

As the year 2020 draws to a close, we have indeed experienced some dark days. A once-in-a-lifetime pandemic hit our shores wreaking havoc as it spread across the land. As the year 2021 approaches, however, rather than expect the days ahead to darken further still, I choose to believe they will begin to brighten. One way or the other, we will defeat this pandemic.

Hence, on December 21, I hope you will join me in celebrating "the changing of the light" when literally, and with hope and faith, figuratively the time we spend in the dark will shorten while the time we spend in the light lengthens. Better days are ahead!





Mission, Vision & Values

Just as water from a wellspring is pure and clear, we want our Vision, Mission and Values to be rock solid and easily seen.

Vision

Changed Lives. Strong Families. Transformed Communities.

A ripple is caused by making a splash. Many of our clients believe they can make no positive impact at all. By engaging with the individual to build self-esteem and dip into their own God-given potential, a splash of hope ripples through the individual and the family. We believe this ripple cannot only reach distant shores, but its lasting effect can transform whole communities.

Mission

Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.

At the source is God's love. We seek to release and be a channel of the love that Jesus, by his example, poured out in abundance. It's a love that puts the good of neighbor above personal interests and engages those on the "outside," as he did with a woman he met at a well. Because of this meeting, her life, her family and community were transformed.

Values

Our values are the things we must live out — things we must not only believe but be. These values help direct our actions and drive our behavior.

- ***** Christ-centered
- **Excellence**
- ***** Integrity
- Life

Our Vision Changed lives. Strong families. Transformed communities.

Wellspring
Lutheran Services

Hope flows through us.



Giving Matters.

By Paul J. Miller, CFRE, President, PVM Foundation



Thank you for making our virtual

un-gala a success!

Thank you for attending, supporting and tuning in to the Virtual Gala celebrating PVM 75th Anniversary. We are thankful for your generous support as we moved our annual gala to a virtual event for 2020. We are happy to report it was a huge success!

You raised more than \$157,000 and still counting!





Mayor's Message

By William Wild, Mayor, City of Westland

Greetings OSM Residents,

2020 State of the City Address

On Tuesday, October 13, I was honored to deliver my 2020 State of the City Address, virtually. Even though this year's address was in a markedly different format from years past, it was incredible to take a look at all we have been able to accomplish this year, despite the unique and unprecedented challenges we faced. I am extremely proud of my administration and staff for demonstrating true leadership and a commitment to service, even in the most difficult of times. This year's address is dedicated to 107 members of the community who lost their lives to the coronavirus.

The video is available to watch on YouTube at https://youtu.be/kgqOx5JsjdA

Highlights from this year's address include:

The City of Westland's pandemic response -

- Over 1200 Westland residents have tested positive for COVID-19 and 107 members of our community have lost their lives to the COVID-19 virus.
- When Governor Whitmer issued the original stay at home order, the city quickly responded with a plan to keep the critical operations of the city functional while working with the city's unions to furlough the majority of non-public service employees. The administration worked with its labor groups to put together the City's Stay at Home Plan and later the Return to Work Plan.
- Westland has been a state-wide leader in safely reopening our buildings to the public and is one of only a few in the state that have resumed full operations.
- Westland was awarded close to \$700,000 in Federal Care Act funds under the Community Development Block Grant Program. These funds were utilized to create three Westland CARES programs, which included a rent/mortgage assistance fund, and employee retention fund and the procurement of personal protection equipment which was distributed to vulnerable Westland residents, local businesses and non-profit organizations.

Update on the Neighborhood Makeover Program

- · In 2017, Mayor Wild launched an ambitious five year, 50-point makeover program for all 50 of Westland's neighborhood districts.
- · To date, significant progress has been made in 36 districts and the program is operating ahead of its completion schedule.

Mayor Message Continued:

A dashboard is available on the City's website to view the program's progress, which includes over 6,000 trimmed trees, replacement or repair of 1500 street signs, 3100 sewer catch basins cleaned, and over 3200 fire hydrants inspected and re-painted.

The program also includes identifying current road, sidewalk and sewer conditions which has allowed the City to bundle extensive repairs during the bidding and scheduling process, resulting in time and money savings.

Infrastructure Improvements -

- · Installation of over 200 new LED streetlights on Warren Rd. and Central City Parkway with an additional project slated to take place on Newburgh Rd. from Glenwood to Joy.
- · Completion of road work on Hix between Ford and Warren, Carlson between Marquette and Ford, as well as Nankin between Central City Parkway and Wayne.
- · Resurfacing of the 18th District Court parking lot
- · Installation of new sidewalks on Marquette and Shuman
- · Completion of a major water main and road replacement project on Brandon Street between Glenwood and Palmer.

Economic Development and Private Investment –

- · 100,000 square foot expansion of US Farathane Plant on Ford Rd., resulting in \$20 million investment and 100 new jobs in Westland.
- Regency of Westland skilled nursing facility at the corner of Ford and Newburgh. The 76,000 square foot facility represented a \$16.5 million investment and created over 120 new full and part time jobs.
- \$5 million reinvestment by Emagine Theatre that brought a new 94-ft wide screen, the largest in the Midwest, right to Westland.
- Garden City Hospital established a new \$11 million Community Health Center to the complex that formerly housed David's Bridal and Malarkey's Irish Pub. The new health center will include the city's first 24hr emergency room, physician offices, and a state of the art physical rehabilitation center. The project is slated to be finished by the end of the year and will create 40 new full time positions.
- A new 40,000 square foot Grande Westland Banquet and Event Center at the site of the long closed Fire Mountain Restaurant which is slated to open in early 2022.
- Michigan based US Ice and American Pulse Processing undertook a \$5 million dollar conversion of the 85,000 square foot former Dicks Sporting Goods building on Central City Parkway. The building will house the headquarters for US Ice, along with a cutting edge ice manufacturing factory and a customized ice carving retail center. American Pulse will bring food manufacturing to the district with a first class commercial tahini processing facility.





Be Smart - Be Prepared

One life lesson which will probably stay with all of us forever from these times is how important it is to be prepared. Now with cold weather coming at us, I decided to remind us all of some good survival tips. I hope your power stays on for the entire Winter.

Just in case here are important tips:

- ❖ Keep a flashlight within reach with good batteries and test it.
- ❖ Stock up on water and canned goods. Make sure you have a manual can opener. Or you can purchase pouches of tuna and chicken as well as individual fruit cups.
- ❖ In the event of an upcoming storm fill your tub with water in case you need it to flush your toilet.
- ❖ Make sure you have the emergency number for PVM handy and wear your emergency pendant all the time.
- Check with the PVM team at your community and make sure they have the contact information for your family and friends to contact in an emergency.

One new idea which my mom and I just now realized is the importance of sharing contact information with the family of your friends. She has recently found out that one of her dear friends was admitted to a nursing home; and the staff rightfully so will not give out her information to a stranger over the phone. We are working with mutual friends and her fellow church members to find her son's contact information.

Finally, one of the best ways to get through the Winter is to get a flu shot and to follow the recommended safety protocols. As one person said it: I would rather have a Zoom holiday dinner so that my loved ones will be here next year to celebrate.

Wishing you joy, peace, comfort and safety throughout until we can welcome in a long-awaited new year in 2021.



Staying Safe during the Holidays

First off, I would like to wish everyone a Merry Christmas and Happy New Year. These holidays will be different from the years in the past. Because of these times, here are some tips to keep yourselves safe and healthy during this season.

- Wash your hands regularly, especially after leaving your apartment.
- Disinfect surfaces like doorknobs, tables, and handrails, inside your apartment, regularly.
- Limit your visiting with friends and family.
- Practice social distancing and stay six feet apart from one another.
- Wear a mask at all times when outside your apartment.

Please contact the office for any work orders that are not an emergency.

Please do not call the emergency number during regular office hours – Monday through
Friday, 9:00 AM to 4:00 PM unless the office is closed for a Holiday during the week.

A few reminders:

- Please report all maintenance repairs to the office. (734-595-4663)
- Please make sure the dryer lint cleaner is being emptied after each use.
- No Candles or Incense to be burned in the apartments or building.
- Tis the season for our Tornado and Fire drills All residents must participate



Dial 1 -734-740-4777
For after-hours maintenance emergencies



Merry Christmas and Happy New Year!

This Christmas and New Year may seem different then what we are used to but the holidays are still here. Houses are lit up with Christmas lights, snow will soon cover the ground and Christmas music plays through the radio.

Christmas and New Year's may look different then the years past but we can still uphold some of our Christmas traditions!

Bake Christmas cookies, put out your favorite Christmas decorations, watch your favorite Christmas movies, and sing along to your favorite Christmas songs!

Christmas and New Year's is a time for joy! Even if our holidays are different this year. We will still find a way to enjoy every day!



December Birthdays 2020

Happy Birthday!!!

Catherine McCauley – December 3rd
Charlotte Matthews – December 15th
Connie Sharp – December 18th





December Recipe

Thumbprint Cookies



INGREDIENTS

1/2 CUP (1 STICK) BUTTER
1/4 CUP BROWN SUGAR
1 EGG, SEPARATED
1 CUP FLOUR
1 CUP FINELY CHOPPED WALNUTS
JAM OR PRESERVES

INSTRUCTIONS

- 1. PREHEAT THE OVEN TO 400 DEGREES F.
- 2. CREAM TOGETHER BUTTER AND BROWN SUGAR.
 - 3. ADD EGG YOLK AND MIX WELL.
 - 4. ADD FLOUR AND STIR TO COMBINE.
- 5. IN A SMALL BOWL, BEAT THE EGG WHITES UNTIL FROTHY.
 - 6. PUT CHOPPED NUTS IN SEPARATE SMALL BOWL.
- 7. ROLL TABLESPOON SIZED PIECES OF DOUGH IN EGG WHITE, THEN NUTS.
 - 8. PLACE ON UNGREASED COOKIE SHEETS.
 - 9. PUT THUMBPRINTS IN THE MIDDLE OF EACH COOKIE.
- 10. BAKE FOR 5 MINUTES THEN REDUCE HEAT TO 300 DEGREES AND BAKE FOR 15 MINUTES MORE.
 - 11. WHEN COOLED, PUT JAM IN THUMBPRINT.

(To bake these cookies ahead, freeze without the jam, then add when serving.) Yields: 2 Dozen Cookies

ENJOY

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Monthly Word Search









BELLS

RUDOLPH SANTA SLEIGH STOCKING TREE WREATH

ELVES FROSTY GIFT GIVING GREETINGS HOLIDAY JOLLY

JOY MERRY **MISTLETOE** NOEL NORTH POLE REINDEER





December Observances & Fun Facts:

December is observed as:

Art and Architecture Month
Egg Nog Month
Handwashing Awareness Month
Learn a Foreign Language Month
Made in America Month
Write a Friend Month

Weekly Celebrations

1st Week – National Handwashing Awareness Week
2nd Week- Human Rights Week
3rd Week - Thank a Soldier Week
4th Week - Tolerance Week

December Flower and Birthstone



Flower = Holly



Gem = Turquoise



FREE NOTARY Services

Provided
To All of Our
OSM Residents

Please Visit The Office And See Mrs. Graziella Bruner For More Details.



OSM Local Sponsors:



Helpful Resources

Transportation

Nankin Transit (Serving Wayne, Westland, Garden City, & Canton) (734) 729-2710 Smart ADA (313) 223-2100

Senior Agencies

The Senior Alliance (Wayne/Westland) (734) 722-2830

CareSync Solutions

Home Healthcare Services (248-773-4550)

BEAUTY SHOP IS OPEN FOR RESIDENTS ONLY!!!
Please give Paulette a call to set your appointments.

Become a Fan of OSM on Facebook

How to Become a Fan:

- 1) Visit <u>www.facebook.com</u> and log-in your account. If you do not have an account, click "Sign Up" button to create one.
- 2) In the Facebook search toolbar, type in "The Village of Our Saviour's Manor or go to facebook.com/The Village of Our Saviour's Manor
- 3) Click on the "Like" button to become a fan of OSM

Those already active on Facebook explore our new page and invite our friends and family to "Like" us!

The Village of Our Saviour's Manor



OSM Classifieds:



OSM Gifted Hands:

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Good fellows. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Louis Rush or Ms. Alice Finley.



If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You will be surprised what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



OSM Growing Hands:

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that OSM Growing Hands garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer please see Ms. Alice Finley



OSM Caring Hands:

We are in need of volunteers for our homeless project. Please see Ms. Margo Taylor if you're looking to join OSM Caring Hands. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



OSM Fisherman:

Love to fish? This is the group for you! Headed by Mr. David Brown, OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Village Staff

Graziella Bruner

Housing Administrator

Katelyn DeHart

Administrative Assistant

Kesha Akridge

Director of Housing

Office Number

Emergency Number

Fax Number

Service Coordinator

Michael Hooton

Maintenance Tech

Alisa Loveday

Service Coordinator

Jessie Clark

Resident Volunteer

(734) 595-4663

(734) 740-4777

(734) 595-2222

(734) 722-9763







Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org**



A SENIOR LIVING COMMUNITY



A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

29495 Annapolis Road Westland, Michigan 48186



You are being recognized because "What you did mattered!":



Thank you for what you did!

Employee Name: _____ Person Recognizing Employee:

Date:

*** Please turn this card into Village Administrator for a chance to win a prize **
ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT



Is there someone on staff that you would like to acknowledge for their work?

Please complete this form and turn it into the office. They might win a prize!