



# Village Voice



Embrace the possibilities

32001 Cherry Hill Rd. • Westland, Michigan 48186 • www.pvm.org

Dec 2018

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Look for PVM on:



The Village of  
**Westland**

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

## UPDATES AND REMINDERS

**Village of Westland (PVM) now accepts credit card payments. Please note – there is a service charge associated with the use of this type of payment.**



**No smoking is permitted on Presbyterian Village of Westland's property with the exception of the smoke shacks. The smoke shacks are located on the northwest and southeast sides of the main building that are connected to the covered parking.**

**Smoking in the apartments is forbidden. Residents violating this policy could be evicted**



**Like and Join the Village on Facebook!**



**We have a Facebook page titled Presbyterian Village of Westland!**



**You can see our monthly newsletters, monthly calendars, weekly updates, flyers, and photos from the many activities at the village on the Facebook page! This is also a great way to let your family and friends know what is going on at the Village!**

**Love living at the Village of Westland?!?!**

**What to live near your friends and get money for it?!?!**

**Here's How!**

**If you refer a resident who ends up living here for at least 90 days, you will receive a \$500 bonus!**



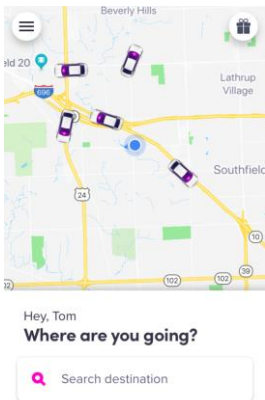
## It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

### Life Without a Car – Part 2

In last month's column I shared that due to some minor repair work I spent a little over a week without a car, yet still had things to do and places to be. Heeding the advice of my daughter's boyfriend, I decided to look for apps I could download onto my smartphone that would help address this dilemma.

Starting with transportation, I essentially had two options: Lyft and Uber. Both connect you to people who - for a small fee - use their personal cars to take you places. Because I was a first time user, Lyft offered me \$5 off my first eleven rides so logically I chose them. I went to Apple's online App Store and within seconds had the free app downloaded on to my iPhone. After entering my contact information - and of course a valid credit card - I was all set to start using the app.



The next morning, when I was ready for work I launched the app, entered the address of where I needed to go and in less than a minute was notified that a driver was on his way to pick me up. I was provided with the driver's name and photograph, along with the make and model - and picture - of the car he was driving and its license plate number. He arrived in just under six minutes. Through the app, through use of an avatar I could actually watch his car make its way to my home.

The car was clean and in good condition and the driver was friendly. The ride to work took no longer than usual and cost a little over a \$1 per mile. When I factored in my car payment, the cost of gas and insurance, and the cost of repairs and depreciation I discovered that if I took 1 to 2 short rides per day (6 - 10 miles) the cost was only slightly more than what I pay to use my own car. It was definitely cheaper than a taxi or renting a car and it was extremely convenient. I used Lyft the rest of the week and the longest I had to wait for a ride was 9 minutes.

Next month I'll share how I was able to go grocery shopping without leaving the comfort of my couch.

#### Staff Extensions...

**Michele White ~ 28885**  
Executive Director

**Mary Saffian ~ 0**  
Lead Receptionist

**Lisa Scott ~ 28893**  
Housekeeping Lead

**Shana Brown ~ 28886**  
Wellness Manager

**Shari Thompson**  
~28952  
Billing

**Jason Lovelly ~ 28927**  
Human Resources

**Kara Otto ~ 28810**  
Social Worker

**Jennifer Wolf ~ 28953**  
Fitness Specialist

**Melissa Nestorovski ~ 28928**  
Marketing Manager

**Breana Wallace ~ 28896**  
Sales and Leasing  
Specialist

**Diane Santo ~ 28889**  
Beauty Shop



# The Senior Advocate.

By Lynn Alexander,  
Senior VP & Chief Marketing Officer

## Help Us Spread the Word

Almost everyone I know has embraced social media. With the upcoming holidays it will help families stay in touch with each other even if they cannot be with each other in person. For me, nothing compares to a tea party with my granddaughter on FaceTime to tide me over until our next visit.

The same holds true with our PVM family. With so many locations we have been able to share good news, celebrations and special events with each other. One advantage of the Presbyterian Villages of Michigan Facebook page which you may not be aware of is that it allows us to get the word out to the rest of the world. Others can see how unique we are in terms of resident engagement, service excellence and vitality.

We have now surpassed the 3,000 mark for Likes on our page; and almost all of our Likes have transitioned into followers. This is triple the number we had just a few short months ago. You can help us reach even more people. And the more Likes we have the more clout we have with social media. This helps us keep our Villages strong with high occupancy. Please Like us if you have not yet done so; and ask your family and friends to join in on the fun as well. An added bonus is that you will all be in the know when it comes to PVM and also be privy to information on Wellness and other age related issues and opportunities.

Speaking of keeping in touch with family and friends, we wish our readers a joyful holiday season and all the best in the coming year!

**Like to play cards?  
Trying to find a group to play with?  
Come down to Pinochle in the PDR on Thursday nights  
at 7 PM and Euchre in the Village Inn on Saturday  
afternoons at 1 PM.  
Would you like to add a different card game to the  
activities schedule? Talk or call Shana at ~28886.**

# DECEMBER FACTS

The 12th month of the year brings us Christmas, Chanukah, and New Years Eve.

December is the last month in the Gregorian calendar. Its name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter. December provides the longest days in Southern Hemisphere, as it is the beginning of summer. December is a month home to many religious holidays.

Below are some fun facts about December:

1. The birthstone of December is turquoise.
2. Zodiac signs for December are Sagittarius (November 22 - December 21) and Capricorn (December 22 - January 19).
3. The birth flower of December is the narcissus.
4. World's AIDS Day is celebrated on December 1st.
5. December 3 - International Day of the Disabled Person
6. Universal Human Rights Month
7. National Read a New Book Month
8. In December, Nobel Prizes are awarded.
9. On December 4, 1791, The Observer newspaper (the first Sunday newspaper) was first published in Britain.
10. Christmas Day is celebrated on December 25th.
11. On December 7, 1941, The United States Naval Base at Pearl Harbor was attacked by Japanese planes which killed more than 2,300 Americans.
12. On December 20, 1803, the Louisiana Purchase was completed.
13. Kwanzaa is celebrated on December 26 - January 1 every year.
14. National Stress Free Family Holiday Month
15. December 27th is National Chocolate Day
16. On December 29, 1862, the bowling bowl was invented.
17. Poinsettia Day is on December 12th.
18. On December 3, 1967, the first heart transplant was completed.
19. On December 17, 1903, the Wright Brothers made their first flight.
20. On December 14, 1791, the Bill of Rights was passed.

## Village of Westland December Contests



### Elves on Shelves (Dec 4<sup>th</sup> – Dec 27<sup>th</sup>):

- Elves will be hidden in different places in the village Monday through Friday
- Starts on Tuesday, December 4<sup>th</sup> and Ends on Tuesday, December 25<sup>th</sup>
- Winner(s) get to keep an elf and win coupons for the bistro, bingo, or the village store.

### Door Decoration Contest (Dec 17<sup>th</sup> – Dec 21<sup>st</sup>):

- Decorate your apartment door for the season
- Official judging will occur the week before Christmas (the week of December 17<sup>th</sup>)



### Spirit of Christmas Week (Dec 17<sup>th</sup> – Dec 21<sup>st</sup>):

- Dress to impress according to the theme of the day
- Daily contests and weekly contests
- Days include:
  - Merry Morning Monday- Wear your Christmas PJs (Pant/Shirt Combo only)
  - Santa's Workshop Tuesday - Dress like Santa, Elves, Reindeers etc.
  - Winter wonderland Wednesday- Bring winter indoors, wear your favorite outdoor apparel (Jackets, sleeves, leg warmers, scarfs etc. )
  - Color Block Thursday - Wear your favorite Christmas colors (red, green, black or combination)
  - Festive Friday - Bring out the Tacky Sweaters/Skirt

**Official Rules for all these contests can be found at the front desk.**

**All winners will be announced at the New Year's Party!**

## Christmas Tree

Find and circle all of the Christmas Tree words that are hidden in the grid.

The remaining 53 letters spell a secret message.



T	S	T	N	E	S	E	R	P	D	N	L	L	A	M	S	G
T	O	P	P	E	R	P	I	N	E	W	I	H	R	E	D	R
O	T	E	V	I	T	S	E	F	C	O	G	R	E	R	N	E
F	R	E	S	H	C	U	T	E	O	D	H	A	T	A	A	E
D	D	N	A	T	S	I	G	T	R	G	T	T	A	I	L	N
O	S	N	A	O	F	R	H	A	A	N	S	S	W	V	R	I
E	S	N	N	M	A	G	A	R	T	I	F	I	C	I	A	L
S	E	A	O	L	E	G	N	A	E	K	C	H	R	Y	G	S
A	T	M	S	I	I	N	O	I	T	A	R	B	E	L	E	C
H	T	S	R	E	T	T	T	R	D	T	M	A	A	N	S	S
C	I	S	T	A	L	A	A	S	R	E	R	G	A	R	E	E
R	N	E	P	O	F	D	R	E	T	L	C	C	I	H	R	L
U	G	K	I	R	I	E	E	O	Y	R	Y	E	C	F	E	G
P	U	I	N	T	U	L	E	E	C	D	I	N	M	S	T	L
N	P	A	I	U	O	C	T	R	N	E	A	K	N	B	A	S
E	D	O	I	T	R	N	E	A	T	R	D	I	S	E	E	G
E	N	S	C	E	N	T	C	R	B	M	T	A	R	N	Y	R



- |             |             |           |             |           |
|-------------|-------------|-----------|-------------|-----------|
| ANGELS      | DECORATIONS | NEEDLES   | SETTING UP  | TOPPER    |
| ARTIFICIAL  | FESTIVE     | ORNAMENTS | SKIRT       | TRADITION |
| BRANCHES    | FRESH CUT   | PINE      | SMALL       | TREE FARM |
| CANDY CANES | GARLAND     | PRESENTS  | SPRUCE      | TREE LOT  |
| CELEBRATION | GIFTS       | PURCHASE  | STAND       | TRUNK     |
| DECEMBER    | GREEN       | REAL      | STAR        | WATER     |
| DECORATE    | LARGE       | SCENT     | TAKING DOWN | YEARLY    |
|             | LIGHTS      |           | TINSEL      |           |

\*Answers on Page 11

# Welcome To The Village!



## Residents:

Raymond Begley  
Helen Oleszkowicz  
Stella Hayes  
Larenza Belville

Mary Tanasoff  
Sandy Taylor  
Leroy Waite  
Camilla Seidel



## Staff:



Debbie Collins  
Housekeeper



# November's Craft was... Leaf Wreaths!



# December's Craft is... Canned Christmas Characters!

## ~ Transportation Services ~

### Monday's

- Bus Runs at 11 am (ACO, Hallmark, CVS, Post Office, and Walgreens (all off of Merriman Road))

### Tuesday's

- Shopping at Kroger (Cherry Hill and Merriman) at 10 AM  
~Electronic scooters are given based on the order of the sign-up sheet. This is on a first come first serve basis, as many stores do not have a sufficient number of scooters.

### Wednesday's – Banking Day (1<sup>st</sup>, 2<sup>nd</sup> & last Wednesday of the month at 11 AM)

- Citizens Bank, TCF, Chase, Bank of America, Zeal, and Comerica

### Thursday's and Friday's

- Movie outings ~ once a month ~ cost is only for ticket to the movie (\$6.00)
- We do one to three shopping trips per month that leave at various times (such as Meijer, Target, Walmart, Dollar Tree, Ollies, Westland Mall). There is no cost to the resident.
- Lunch outings at 11 AM ~ one to two per month ~ only cost is for your meal.
- Shopping and lunch outing suggestions lists are in the mailroom

### Appointment Outings

- Bus is available for residents to be driven to doctor appointments; must call the Wellness Department a week in advance to make reservations, cost starts at \$15 and can go up based on mileage and waiting time over 1 hour.

**If there is ever a charge for an outing, it will be written on the sign- up sheet.**

***\*\*Residents must sign up for all outings. Sign-up sheets are located in the mail room\*\****

## Happy Birthday to our Wonderful Residents...

**Following are the residents who celebrate a birthday in December!**

Eileen Kaminski.....	Dec 2 <sup>nd</sup>	Ron Hanchett.....	Dec 12 <sup>th</sup>	Catherine Williams.....	Dec 19 <sup>th</sup>
Frank Johnson.....	Dec 5 <sup>th</sup>	Christine Anderson...	Dec 13 <sup>th</sup>	Mike Woodman.....	Dec 23 <sup>rd</sup>
Loretta Milne.....	Dec 5 <sup>th</sup>	Ray Leddy.....	Dec 15 <sup>th</sup>	Anna DeAguiar.....	Dec 25 <sup>th</sup>
Jean Beaupre.....	Dec 10 <sup>th</sup>	Jeanne Prokes.....	Dec 17 <sup>th</sup>	Betty Hildebrandt.....	Dec 25 <sup>th</sup>
Don Slagel.....	Dec 11 <sup>th</sup>	Charlie Borg.....	Dec 19 <sup>th</sup>	Faye Myers.....	Dec 29 <sup>th</sup>
Helena Gackiewicz.....	Dec 11 <sup>th</sup>			Cheryl Robinson.....	Dec 30 <sup>th</sup>

### Have an e-mail address?

The Village of Westland is updating our email contact list. Please stop by the front desk to complete an Email contact form. Ask your family members to fill out the form too. When we have your email on file you can receive newsletters and other building information electronically.

#### We need your help!

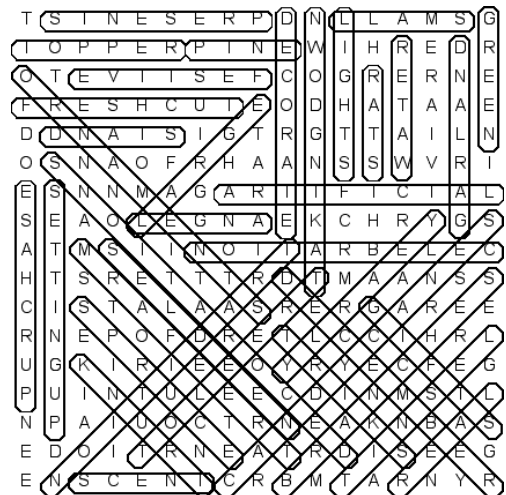
**Do you have some extra time to spare? Do you love where you live and want to get more involved? Please share your love for the community and volunteer. The Village of Westland is seeking more Volunteers. There are multiple positions available in choose from.**

**We currently need your help with:**

- Resident Biographies
- Bingo

**See Shana or Toni to get more information.**

#### Christmas Tree Crossword Solution:



The hidden message is:  
THE TRADITION OF HAVING  
A CHRISTMAS TREE  
ORIGINATED IN GERMANY

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Numbers

**(734) 728-5222**

## Village Staff

**Michele White**  
*Executive Director*

**Jason Lovelly**  
*Human Resources*

**Josh Kephart**  
*Environmental Services Manager*

**Jan Smith**  
*Nurse Case Manager*

**Melissa Nestorovski**  
*Marketing Manager*

**Shana Brown**  
*Wellness Manager*

**Kara Otto**  
*Social Worker*

**Shari Thompson**  
*Billing*

**Austin Jackson**  
*Dietary Manager*

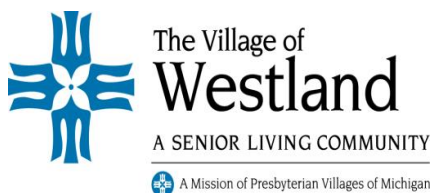
**Lisa Scott**  
*Housekeeping*

## EMERGENCY NUMBER

**(734) 728-5222**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit [www.pvm.org](http://www.pvm.org)



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Westland, MI 48186**



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