



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

NOVEMBER 2022

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Happy Thanksgiving, residents. I will be so excited to see you at all for our holiday festivities through the rest of the year. In the meantime, just a few announcements:

Board Room Check Out Instructions

Effective October 1, 2022 we developed a sign out policy for the board room located in the back corner of the community center, in order to accommodate space for staff and residents without a timing conflict. There is a white board that is now placed on the door into the board room. Should you need the board room, we ask that you please write your name (or name of your group) under the proper day you wish to use the room, along with the time you will need this space. Please note, Management will be updating this board once a week with village happenings allowing for the space to be used outside of pre-assigned times (this includes God’s Word and Prayer). Please see the office if you have any questions with this process, and thank you for the assistance.

Wildlife and Feeding of Animals:

It is important to note that The Village of Oakland Woods is beautifully laid out on a scenic 80-acre campus with many acres of undeveloped land comprised of woodland and wetland area. With several acres of undeveloped land, we have many species of wildlife. It is important to note that we share the land with the furry friends, and have some tips below for you to follow. These tips are suggested based on some of the concerns of excessive birds, squirrels, etc.

The following are tips from the Humane Society of the United States regarding “What to do about Wild Turkeys” (please note that all of these tips are applicable to all other Wild animals). The full article will be available for your viewing at the office. Please see Stephanie at the front desk and she will provide you with a copy – <https://www.humanesociety.org/resources/what-do-about-wild-turkeys> :

1. Don’t feed wild Turkeys (or other wild animals)
2. Scare Away problem turkeys (or other wild animals)
3. Encourage roosting turkeys (or other wild animals) to move elsewhere.
4. Protect your garden from turkeys (or other wild animals)
5. Watch out for turkeys on the road (or thoeer wild animals)

With the increase in concerns about the amount of wildlife, management has called the Department of Natural Resources on many occasions. DNR refers us back to the same tips as listed above. Should you have any questions, you can contact the DNR by phone 517-284-9453, by email at DNR-Wildlife@michigan.gov or for more information, please go online to <https://www.michigan.gov/dnr>

Please note, that the Oakland Woods Lease and house rules do NOT prohibit the feeding of wildlife. It is SUGGESTED, however, that wildlife does not be feed to ensure that your neighbors have access a peaceful and comfortable living environment.



The Village of
**Oakland
Woods**

A SENIOR LIVING COMMUNITY
A Mission of Presbyterian Villages of Michigan

Look for PVM on:



Office News

Sharon Benton & Stephanie Daniel

Administrative/Receptionist

The administration office would like to remind residents that if you have had any changes in your phone number, please let the office know as soon as possible.

Most of our residents have the Personal Help Button (PHB), and periodically the buttons need servicing. When it's time for your button to be serviced, you are required to bring your button in. It is very important that your button is serviced when requested. We would hate for the button to not be working in case of an emergency. If you feel you do not need the button, please turn it into the office. You are responsible to make the PHB available to PVM staff for occasional testing and maintenance. You are responsible to return it when you move from the village or pay a \$140.00 replacement fee. Any lost PHB or PHB that is broken from abuse will also incur a \$140.00 replacement fee to the resident.

You can decline the receipt of a Personal Help Button (PHB) and the use of the Resident Emergency Call System. Please understand that you will be responsible to call 911 for yourself should you require emergency assistance.

***Please note: If there are multiple false alarms from any resident PHB due to phone or other related issues Emergency Services may charge a fee to the resident for these runs.**

How the Resident Emergency Call System Works:

- If you are having a medical emergency or feel your life is in danger, please call 911 immediately.
- If you are unable to dial 911, please firmly press for two seconds the Personal Help Button (PHB) assigned to you.
- Our 24/7 Alarm Monitoring Center will call your telephone number on file to see if you need assistance; please answer the phone if possible.
- If there is no answer or you request help, EMS will be dispatched immediately.
- Each resident is responsible to make the PHB assigned available to PVM staff for occasional testing and maintenance.
- If you change to a new phone number please inform the Village office within 48 hours so that it may be updated for emergency services.
- Each resident or resident's family is responsible to return the PHB when moving out of the Village or pay a \$140 replacement fee.
- Any lost PHB or PHB that is broken from abuse will also incur a \$140 replacement fee to residents.

Please contact Village office staff if you have further questions regarding the use and operation of our Resident Emergency Call System.

The office will be closed on Thursday, November 24th and Friday, November 25th to celebrate Thanksgiving with our families.



Sales and Leasing News

Katie Harris
Sales & Leasing

Good November to you all! As I said in last month's newsletter I love recipes. I love to bake, my Grandma was the reason I love to bake and the person who encouraged me to go to school to become a Chef. With her in my heart I thought that I could share "her" recipe for No-Bake cookies. I say "her" recipe because like all great recipes she got it out of her Church's cookbook. You guys remember those, don't you? When all the ladies would get together and gather their recipes and then have them publish in a book that they sold or gave away to the congregation. I still have hers on my shelf and I refer back to it often to make her cookies when I miss her.

Peanut Butter No-Bake Cookies

1. 2 sticks of unsalted butter, (Grandma's recipe said Olio. I never could figure out what that was.)
2. 2 Cups of granulated sugar
3. ½ cup of milk
4. ½ cup of cocoa powder
5. 1 cup of peanut butter. I prefer to use nutty peanut butter. (Warmed up in the microwave)
6. 2 teaspoons of vanilla
7. ½ teaspoon of salt

3 cups of oatmeal (some recipes say quick oats, I use regular oatmeal because then they have more texture, the oatmeal doesn't cook all the way before they cool.)

- In a large boiling pan, melt the butter, then add the sugar and the milk. I find that this helps to melt the ingredients altogether faster. Add the cocoa at this time.
- Here is the trick I figured out on my own. While the milk mixture is cooking I place the peanut butter in the microwave to melt it. This helps so that the boiled mixture doesn't cool down and set too quickly.
- You want the milk mixture to come to a rolling boil, once that happens start the timer. It needs to boil hard for 1 minute. Then take it off the heat.
- Add your peanut butter, salt and vanilla.
- Then add the oatmeal. Stir the heck out of this mixture.
- Grab your biggest serving spoon and start dropping onto your Wax paper lined counter. I use wax paper because they come off easier. You have to go as quick as you can because they start to harden quickly.

I hope that you enjoy this recipe and if you decide to try, I love to be a taste tester.





Maintenance News

Matthew Myers
Maintenance Lead

Happy autumn to all our residents!

It's come time for our annual inspection. Due to extenuating circumstances we were not able to complete this sooner in the year. Please note that we will not be able to make any adjustments to our inspection schedule. You will receive a notice on your door 24 hours prior to your inspection date.

You can expect this inspection to begin in area 1 in the middle of November, and you can expect this inspection to be completed in the middle of December with our cottages. As stated, you will receive a notice on your door the day before, and you will not be able to schedule your own appointment. The inspections start at 9 AM and will run until 4 PM.

As I will need to juggle inspecting with high priority work orders, I will need your patience and cooperation to get through the inspection in a timely manner. Should you have any comments or concerns I will suggest using the Resident complaint form housed at the community center. For work orders, I will also ask if you could please help me by calling the office to report your work order.

In the event that we are unable to replace your furnace filter on the day of your inspection, we will leave a dated furnace filter outside your door for you to change. Below are a couple of pictures showing the direction the filter is supposed to be installed.



Service News

Sue Carney & Terri Price
Service Coordinators

Welcome November!

It is so hard to believe that the holiday season is just around the corner, November is going to be a busy month.

Mark your calendars for:

- Thursday, November 3rd @ 11:00am, PVM IT department will be here to educate you about your phones, tables and computers questions.
- Monday, November 7th @ 1:00pm, Debra Studebaker from MSU Extension will be here sharing ways to eat healthier, make better food choices and cut down on the sugar.
- Wednesday, November 9th @ 12 noon, Oakland County Sheriff Deputy will be here to have a round table open conversation on how to keep you **SAFE** and to avoid you becoming a victim.
- Monday, November 21st @ 2:00pm, Lerone Williams from Humana will be here to talk about open enrollment and Medicare plans.

Remember that Medicare Open Enrollment is now till December 7th, 2022.

If you are interested in & qualify you can possibly getting a Christmas basket through the Salvation Army. Sign up is Monday November 7 & Wednesday November 9 from 10 a.m.-12, noon & from 1 p.m. to 3 p.m. This sign up event is at the Salvation Army-Pontiac Corps & Community Center at 469 Martin Luther King Blvd. You MUST bring with you your ID and some form of proof of income. For more information, you can contact the Salvation Army at 248-334-2407.

Reminder that service coordinators have many resources that might be helpful to you such as laundry service, chore workers, food resources and many more services, if you need help please call the office and ask for Sue Carney or Terri Price.

Have a blessed and Happy Thanksgiving.

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ONE TIME - WEEKLY - BIWEEKLY - MONTHLY



Wellness News

Jessica Roberts
Wellness Coordinator

As we approach the holiday season, we look forward to many wellness opportunities to foster health and well-being as well as engagement, fun, and celebration in our community!

To promote opportunities for social engagement and connecting with our neighbors here at Oakland Woods, we will be having a **Game Day in the dining hall on Friday, November 4th, from 2-4pm**. Whether you enjoy board games, playing cards, or the Wii, this will be a casual gathering to enjoy a fun time! Residents are encouraged to bring games; snacks will be provided.

Another opportunity for some fun is the **Birthdays and Bingo celebration on Friday, November 18th**, where residents can take part in a **Game Day Tailgate Party!** With football season well underway, this indoor tailgate experience will feature classic game day food and activities before our traditional game of Bingo.

The fun starts at 1pm! Wear your favorite team jersey and sign up in the Activities Book if you'd like to participate!

There will also be plenty of opportunities for physical and emotional well-being this month. With November being National Diabetes Awareness month, we will focus on **Diabetes management and prevention at Weekly Wellness classes at 11am on the following Mondays:**

- Occupational Therapist's perspective on Diabetes management on November 14th
- Service Coordinator, Terri Price, providing us with great resources and information on November 21st
- Pharmacist providing information regarding medications and glucometers on November 28th

For our **Care + Connect Monday on November 14th**, we will be discussing the importance of **self-care for the hands and feet to address physical and emotional wellness**. This gathering will provide great information and hands-on learning of how to best care for these often neglected parts of our body that play a critical role in our daily function and well-being.

Care + Connect meets at 2pm on November 14th; hope to see you there!

During this holiday month, there will be opportunities for residents to show their appreciation and care for residents on our campus in remembrance of the important November holidays.

On **Friday, November 11th**, we will **commemorate Veteran's Day with a luncheon** featuring a short video and time of singing to remember and honor those who served our country. We would like any and all veterans and veteran's wives to attend this event so that we can honor each of you!

For all residents, please contact the office or sign up in the Activities Book if you plan to attend; let us know if you are a veteran or veteran's wife to receive a small gift.

In celebration of Thanksgiving, Oakland Woods will host the annual **Thanksgiving Brunch on Wednesday, November 23rd, starting at 11am**. A week prior to this celebration, residents will have the opportunity to give back to our Oakland Woods neighbors through "Friendsgiving".

On November 15th – 22nd, residents can pick up one Friendsgiving gift at the office to prepare and give to a resident who may have a difficult time leaving their home due to a health issue or may not have family to spend the holiday with. This easy-to-prepare gift may help our neighbors feel loved during this special time of Thanksgiving! Be sure to call the office to let us know if you'd like to pick up a gift for your neighbor or if you would like to get a group together to prepare Friendsgiving gifts.

We have much to give thanks for!

This year, I am thankful for the privilege to serve and celebrate with the Oakland Woods community! Please let me know how I can better serve you!!



Resident Council News

Becky Bolden
Resident Council Vice President

It's a little hard to believe but...The year is wending down at warp speed.

The 1st important thing to do this month is.....To get out there and **VOTE!** If you haven't sent in your absentee ballot.



To all the Vets out there Thank you for your service and God bless.

Thanksgiving will begin our holiday season, given the worlds natural climate and political climate we need to pray for our country and be grateful for all our blessings.

We have some fun filled events you all don't want to miss during the holiday season.



The Village Chorus needs your voice to help keep singing and music on our campus. So, please join us on Wednesdays at 11:30am in the Community Center dining room. No tryouts or auditions are required.



**DAYLIGHT SAVING ENDS ON SUNDAY, NOVEMBER 6TH,
DON'T FORGET TO FALL BACK ONE HOUR!!!**

Resident Council Board

Becky Bolden, Vice President

(248) 766-3684

Vernice Harper, Secretary

(248) 622-4470

Joyce Parlor, Treasurer

(248) 210-5678



Birthday Celebration!

The Birthday Party will be held on ***Friday, November 18Th***. Join us in the community room at 1:00pm for refreshments, bingo and prizes!

Stanley Terry 11/4
Sylvia Beaudry 11/5
Cornelia Crooks 11/6
Paula Sirls 11/8
Johnetta Samples 11/11
Mary Gonzales 11/12
John Polk 11/13
Donna Bartley 11/16
Beth Ann White-Johnson 11/17
Laura Davenport 11/19
Carol Sweeney 11/19
Patricia Brooks 11/20
Theresa McCoy 11/20
Andrey Branner 11/23
Irene Keyes 11/24
Frances King 11/25
Roy Jenik 11/29
Jacqueline Neal 11/29

Correction:

Willie White 10/15

SUN	MON	TUE	WED	THUR	FRI	SAT
Large Calendars are Available at the Activities Table						
Daylight Savings Time Ends	10:00 God's Word and Prayer	10:00 Fitness Class with Hillary 11:30 Village Chorus 1:00 Grocery Bus Trip - Walmart	10:00 Walking Club 11:00 Technology Class	10:00 Fitness Foundation with Jessica 2:00 Game Day!		
6	7	8	9	10	11	12
10:00 Fitness Foundation with Jessica 1:00 Healthy Holidays MSU Presentation	10:00 God's Word and Prayer 1:00 Blood Pressure Clinic 1:30 Activities Planning Meeting - Christmas Party!	10:30 Fitness Class with Hillary 11:30 Village Chorus 12:00 Oakland County Deputy Info Session 1:00 Grocery Bus Trip - Hollywood	Fruits/Vegetables 10:00 Walking Club 11:00 "Brainerize" Brain Fitness Class	Veterans Day 10:00 Fitness Foundation with Jessica 12:00 Veteran's Day Luncheon		
13	14	15	16	17	18	19
10:00 Fitness Foundation with Jessica 11:00 Weekly Wellness 2:00 Care + Connect (Board Room)	10:00 God's Word and Prayer 2:00 Resident Council Meeting	10:30 Fitness Class with Hillary 11:30 Village Chorus 1:00 Grocery Bus Trip - Meijer	Focus Hope 10:00 Walking Club	10:00 Fitness Foundation with Jessica 1:00 BIRTHDAYS AND BINGO! Gameday Tailgate Party		
20	21	22	23	24	25	26
10:00 Fitness Foundation with Jessica 11:00 Weekly Wellness 2:00 Medicare Information Seminar	10:00 God's Word and Prayer 1:00 Blood Pressure Clinic	11:00 Thanksgiving Brunch	Thanksgiving OFFICE CLOSED	Thanksgiving OFFICE CLOSED	OFFICE CLOSED	
27	28	29	30			
10:00 Fitness Foundation with Jessica 11:00 Weekly Wellness	10:00 God's Word and Prayer 1:00 Crafts & Creations	10:30 Fitness Class with Hillary 11:30 Village Chorus 1:00 Meadowbrook Theatre Bus Trip ("A Christmas Carol")				

November 2022

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

Jon Hayes

Housing Administrator

Sharon Benton

Administrative Assistant

Stephanie Daniel

Administrative Receptionist

Sue Carney

Service Coordinator

Jessica Roberts

Wellness Coordinator

Matthew Myers

Maintenance Lead

Randall Shannon

Grounds Keeper

EMERGENCY MAINTENANCE

(248) 330-0213

On-Site Security

(313) 742-0285



**Presbyterian
Villages**
OF MICHIGAN

THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Embrace the possibilities

Pontiac, MI 48341-3145

420 S. Opdyke Rd

A Mission of Presbyterian Villages of Michigan

A SENIOR LIVING COMMUNITY

Oakland Woods

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