



Village Voice



Embrace the possibilities

17275 15 Mile Road • Clinton Twp., Michigan 48035 • www.pvm.org

November 2014

Featured Articles

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From The Village Administrator Greetings...

Happy Thanksgiving! I hope all of you eat lots of turkey and enjoy time with family and friends.

In the next month or so we will be having the building painted. We will let you know as soon as we get a firm date of when they will start. We will be starting with the main floor.

Thank you to the residents who attended the focus group with Scott Townsley.

The first part of the approval process for our outdoor lighting grant has been approved; however we are waiting for the last step of the approval process on November 18th. Keep your

fingers crossed.

Please see the office for any maintenance requests. Anything that is not PVM property Will cannot fix, build, move, repair, hang, deliver, re-assemble, etc.

Our store account continues to build. We have just over \$800 in the account.

Sincerely,

Melissa Riesterer
Administrator



The Village of
Peace Manor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



A Touching Thanksgiving Story

Announcements

Maintenance Corner

Filters will be replaced beginning on Monday, November 10th. Melissa and Will will be conducting apartment inspections also at that time.

1st floor- Monday, November 10th
 2nd floor-Tuesday, November 11th
 3rd floor-Wednesday, November 12th

See the office for questions and/or concerns

Laundry Room

Please only use the change machine in the laundry room for doing laundry.

Please also be courteous and clean out the washers/dryers after you use them.

Community Room

Please do not leave fruits and/or vegetables in the community room as they attract fruit flies.

Turn Back Your Clocks

Don't forget to turn back your clocks an hour before going to bed Saturday, November 1st.

"In September of 1985, when I was 24, my folks decided to get divorced. I was taught that to be a good son, I needed to be supportive and loving to each parent and to my siblings. But nobody was talking to anybody.

If you were nice to one parent, the other one would get mad at you. So when October came, I thought, what's going to happen at Thanksgiving? And I just did not like the thought of being home alone—or anywhere alone—on Thanksgiving.

Thanksgiving is not about gifts or fireworks or hoopla. It's a meal around a table where you give thanks for the blessings you have, and you really can't do that by yourself and have much fun.

I decided to put an ad in the local paper: If people thought they would find themselves alone, they could give me a call, and I would make a Thanksgiving dinner. That first year, a few people came, and they had a good time. I was nervous about making a mess out of the food and disappointing people. But the food was OK, and I didn't burn anything.

I've held the dinner every year since. Last Thanksgiving, 84 people showed up. Sometimes they're new to town; sometimes they're recently divorced or widowed. I've had people who were new to the country and didn't speak any English, but they enjoyed my Thanksgiving dinner. I've had poor people, people who come from AA, old people. Also, not counted within that number: I always feed the police. The firefighters and EMTs are in buildings with kitchens and can have their own Thanksgiving dinner among themselves, but the police officers are in their cars, driving around town on call.

Two years ago, a woman with Parkinson's disease came, and she was not good on her feet. She had been in a nursing home for seven years and had never been out. Somebody told her about the dinner, and she hired an ambulance to bring her, at \$200 plus mileage. She had a great time, and she cried when the ambulance returned to get her. She didn't want to go home.

Most of the people who come don't know who I am. They know that there's some skinny guy in the kitchen, but they don't know my name. I think the theme of my life, and everything I do, could be summed up with the name of an old hymn called "Brighten the Corner Where You Are." I hope my legacy will be that I came into the world, I brightened the corner, and then I quietly left the world unnoticed."

<http://www.rd.com/advice/relationships/stories-of-gratitude-powerful-love/2/?v=print>



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Help PVM Residents Who Need It Most

Did you know that PVM offers financial assistance to residents who have outlived their resources, so they are always able to call PVM their home? And did you also know that PVM also supports residents in an emergency financial need? This type of support is offered through the Benevolence Fund and positively impacts *each and every PVM Village*. **You can help support residents who need it most by making a donation to PVM’s Benevolence Fund today!**

The residents using Benevolence funds today did not plan to be in dire financial circumstances. Savings may have disappeared due to an unexpected healthcare expense or simply because they lived to be over 100 years old! Other residents only need temporary help, perhaps with an unexpected expense such as expensive medical equipment for a resident who is nearly blind, food for a resident who was the victim of a phone scam and countless other examples.

Your gift supporting the Benevolence Fund during November and December is eligible to be matched, \$1.00 for \$1.00! Maximize your gift today by visiting the front desk, your Village Administrator or our website, www.pvmfoundation.org (your gift must be designated for Benevolence to be eligible for the match).

And, new this year, for any Benevolence gift received by the PVM Foundation office on **Tuesday, December 2nd, or “Giving Tuesday,” we will double the match, \$2 for every \$1 donated!** For more information, please contact us at 248-281-2040 or pvmfoundation@pvm.org. Thank you for supporting residents and for making a difference!

Warm regards,
Paul J. Miller, CFRE

Mark your Calendars

Thursday, November 6th-
Foot Doctor

Monday, November 10th

Program-Could You Have
Dementia?

1pm- In The Community
Room

November Birthday Party

When: Thursday,
November 13th

Where: Peace Manor
Community Room

Time: 1:30pm

Come celebrate with your
fellow residents who have
birthdays in November.



Happy Birthday to You

Delia
Colorite.....11/6
Betty
Ireland.....11/23
Penny
Linville.....11/24



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

THANKSGIVING – A TIME TO THANK OTHERS

The holidays are in full swing! Alongside the Halloween costumes are displays of Thanksgiving and (YES!) Christmas and Hanukah decorations. Thanksgiving is reportedly one of the most traveled holidays while airports and highways are clogged with people trying to return to their Hometowns to reconnect with family and friends.

Let's also think about the folks who helped us get to where we are in life. Chances are there were many others in your life other than your parents who guided you along life's journey. It could be an aunt or uncle, grandparents or a neighbor or teachers who were part of your growing up years. I was reminded recently of a former neighbor, "Uncle Pat", who used to pack his five children into their blue station wagon for a trip to the local swimming pond. As an only child it was always an adventure for me to be part of the gang. And they always seemed to find room for me to join in.

Recently my mom and I went to visit friends and relatives in my hometown located about five hours from here. We had a packed schedule which

included relatives and friends from my parents' genealogy society. There was little time to spare. Yet, there were two visits which meant a great deal to my mom. They were stops to visit my aunt as well as a long-time friend of my parents. Both are presently in nursing homes. One visit involved driving a great distance into the countryside of Pennsylvania and was not very desirable geographically. I reminded myself that she had been a very good aunt to me and that her son has been wonderful to my parents by making a visit to them a top priority during the last days of my father's life.

Once we were deep into the countryside I noticed what a beautiful scene laid before us. It was truly spectacular scenery. "This is a good adventure!" I said to myself. However, nothing could compare to the look of joy on my Aunt Mary's face, as well as that of my mom's friend at the other nursing home, when they enjoyed our visits. So along with enjoying touch football, games on television, favorite recipes of family and catching up with family and friends, please remember those who can't join in the festivities with a visit and celebrate the important message inherent in Thanksgiving! I wish all of our readers a wonderful holiday.

Camille's Office Hours:

Monday 7:30am-2:30pm
Tuesday 7:30am-1:30pm
Thursday 7:30am-2:30pm

Parish Nurse Schedule

Sue Perkins is available every Wednesday from 1:00-3pm to take blood pressures. She is also available to counsel with regarding health advice.

Join her at 3pm in the library for Bible study.

Stop and Shop Hours

Mondays: 8am-11am

Tuesdays: 12:30pm-3:30pm

Wednesdays: 8am-11:30am

Thursdays: 12:30pm-3:30pm

Fridays: 12:30pm-3:30pm

Come check the store out for yourself. Monday and Wednesday mornings Barb makes wonderful breakfast sandwiches for \$1.00.

Stop in and Shop!

Tips For Staying Healthy During The Cold And Flu Season

As we head into the cold and flu season, it's probably appropriate to dwell on the action steps we can take to minimize our chances of becoming ill. Most people would agree that eating right, drinking plenty of fluids, getting proper exercise and rest are good preventative measures. However few people realize that hand-washing is the simplest thing we can do to minimize contracting these diseases.

"Effective hand-washing, rinsing, and drying could potentially reduce disease rates by 30-40% and save many lives," reports ALBERT Verbrugge, from an article he wrote for his parish. He states that at the bare minimum, hands should be washed in warm running water for 20 seconds using liquid soap. Lather up so that all surfaces are covered with soap; check the nails, and then rinse. Dry with single use towel or hot air dry. It is best to dry your hands first before turning off the faucet with the same paper towel you used to dry.

There are also convenient ways to clean hands when water and/or restrooms are not available.

- Pick up a purse or pocket size liquid sanitizer to keep in the car or your purse.
- Do not pick up anyone's tissues unless there is a barrier between your hands and the tissue.
- Avoid crowds when you feel run down or when you are more susceptible to catching what is already in the air.
- Wash your hands as much as you see fit, but particularly before eating, handling food, or cooking.
- If frequent hand washing is causing dry skin, use a hand cream to soothe and heal.

Stay healthy and enjoy the holidays!

Blessings,

Sue Perkins R.N.

Bingo Dates

1pm- Saturday, November 8th

1pm- Saturday, November 22nd

Pokeno Dates

6pm- Tuesday, November 11th

6pm- Tuesday, November 25th

Chair Exercises

Come join in on the fun.
Chair dance to the music.

When: Thursday,
November 13th

Time: 12:45pm

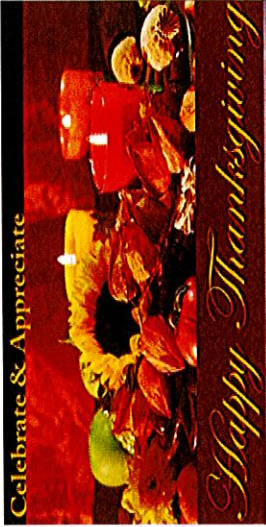
Where: **Second** Floor
Wellness Room

Sing With Lee and Nancy

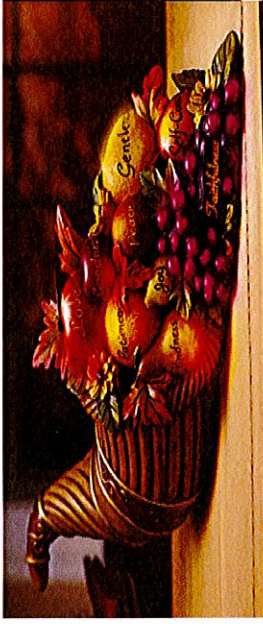
1pm- Wednesday,
November 5th


Movie Night

6pm- Thursday, November 13th



November 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2 Set Clocks Back an hour	3 8am-11am- Stop & Shop Open	4 12:30-3:30pm- Stop & Shop Open 1:30pm- Milkman	5 8-11:30am- Stop & Shop Open 10am- Communion 1pm- Sing A Long	6 12:30-3:30pm- Stop & Shop Open Foot Doctor	7 9am- Bus To Meijer	8 1pm- Bingo With Sue
9	10 8am-11am- Stop & Shop Open 1pm- Program	11 12:30-3:30pm- Stop & Shop Open 1:30pm- Milkman 6pm-Pokeno	12 8-11:30am- Stop & Shop Open 10am- Communion 1-3pm- BP Checks	13 12:30-3:30pm- Stop & Shop Open 1:30pm- Birthday Party 6PM- MOVIE NIGHT	14 9am- Bus To Meijer	15
16	17 8am-11am- Stop & Shop Open	18 12:30-3:30pm- Stop & Shop Open 1:30pm- Milkman	19 8-11:30am- Stop & Shop Open 10am- Communion 1-3pm- BP Checks	20 12:30-3:30pm- Stop & Shop Open	21 9am- Bus To Meijer	22
23	24 8am-11am- Stop & Shop Open	25 12:30-3:30pm- Stop & Shop Open 1:30pm- Milkman 6pm-Pokeno	26 8-11:30am- Stop & Shop Open 9am- Bus to Meijer 1-3pm- BP Checks	28 	29 1pm- Bingo With Sue	
30						

THANKSGIVING FIND-A-WORD



N I H O A T V R W O O F S T Y
T M P A S R E H C V O R R U F
M C U A R B T E N T Y I E R M
N K E T M V L A A Z N E L K D
P F L E U E E T R A O N T E N
I U V E B A O S D I L D T Y K
Q O M R Z P M G T I O S E M P
N J A P T L T V R C C H S D I
L T A E K R U S E P Q I U N Z
E I E G N I F F U T S P D Q U
K W U Z N Y N I K Y L I M A F
S F T B B B B P S N A N L X I
P I L G R I M F I N A C O R N
D B P P Y A T I F E W H G T J
C R A N B E R R I E S M T L L

AUTUMN
CELEBRATE
COLONY
CORN
CRANBERRIES
FAMILY

FEAST
FRIENDSHIP
HARVEST
INDIAN
NOVEMBER
PILGRIM

PUMPKIN PIE
SETTLERS
STUFFING
SWEET POTATO
THANKFUL
TURKEY

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**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



**Presbyterian
Villages**
OF MICHIGAN

THE FOUNDATION



The Village of
Peace Manor

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

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Clinton Twp., MI 48035

Office Numbers (586) 790-4500

Village Staff

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Administrator

Sue Perkins
Parish Nurse

Stacey Klooster
Administrative Assistant

William Horton
Maintenance Tech

Camille DeBlaere
Service Coordinator

EMERGENCY NUMBER

(586) 256-6326

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Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

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