

The Village of Brush Park Manor

PARK VALLEY NOTES





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Village Administrator

Well Fall has officially arrived and again with the changing of the leaves which is such a beautiful transformation to see but can still be somewhat dangerous. Again, please be careful when walking and driving during this time when the leaves are wet. I understand the quarterly birthday party was a huge success with the grandson of Mrs. Everette who was the disc jockey for the evening teaching everyone the latest dance moves. For those who did not attend the committee hopes to see you at the next event.

Thank you to those residents who took advantage of referring a friend to Brush Park Manor. With your help we are ninety-nine per cent occupied and now have additional applicants on our waiting list.

For those who want to join in making blankets for the homeless please join in with those residents in the craft room for instructions, enjoyment and knowing you will be helping those to stay a little warmer when sleeping out in the cold during the winter season.

Again, there have been a few minor glitches with the new cable system but Advance Satellite and maintenance staff is working to correct the problems as soon as possible. Both are doing a great job in making sure the service you have in your home is working to its fullest capability.

The Kappas will be providing breakfast for residents only on Saturday, October 17. There will be mention of the exact time that it will be served. For our new residents the Kappa Alpha Psi Fraternity and their wives the silhouettes provide various activities throughout the year. All residents are welcome to come down and participate with the wonderful meals and games these volunteers bring to Brush Park Manor.

We will have to thank Elaine Lewis Vice President with the Detroit Tigers Organization for once again providing us with tickets for the home games. Let us continue to support our home team and maybe next year they will be our World Series Champions.

What you get by achieving your goals is not as important as what you become by achieving your goals.

Look for PVM on:







Zig Zigler



October

The month is amber, Gold, and brown. Blue ghosts of smoke Float through the town.

> Great V's of geese Honk overhead, And maples turn a fiery red.

Frost bites the lawn, The stars are slits In a black cat's eye Before she spits.

At last, small witches, Goblins, hags, And pirates armed With paper bags.

Their costumes hinged on safety pins, Go haunt a night Of pumpkin grins.



<u>Laundry Room</u> <u>Etiquette</u>

Please be courteous to your neighbors when utilizing the laundry facilities on the 2nd and 3rd floors. Please be attentive to your laundry to give a chance for someone else to utilize the machines.





New Residents

Lindsay Tyler Iola Darling Mervin Wolff

Announcements

- Worship Service held every 1st Sunday and 5th at 4:00 pm in the Community Room. This service is open to all faiths; please feel free to invite your family and friends:
- 1st Sunday—Rev. Knox (Communion)

 5th Sunday- Rev. Greenfield
- *** FOCUS HOPE delivers every 2nd Thursday. You can sign up too. (Craft Room.)
- Podiatrist Dr. Jeffery Levitt will be at Brush Park Manor on October 6, 2015

 His signup sheet is on the board.
- Wal-Mart Shopping
 October 1^e, 9^h, 16^h, 23^e, and 30^h
 Pick-up 9:00am
- Shelton Tappes meets every second Wednesday at 12:00 p.m.

All are welcome to join!

AARP meets every second Friday at 12:00 p.m.

All are welcome to join!

** Exterminator at Brush Park every 3rd Thursday,

2nd floor

- Arts & Craft every Tuesday at 2pm in the Craft Room.
- Bingo every Wednesday at 1pm-3:30pm in the Craft Room.
- Wednesday at 6pm) in the E.

 Kern Tomlin community room.



Celebrate PVM's 70th Anniversary at the Annual Gala and Support Seniors!



You can *positively impact* the lives of PVM residents and have a fun, memorable night by joining us at the 12th annual PVM Foundation Gala on Friday, November 13th at the beautiful COBO Center in Detroit!

We will pay tribute to PVM's 70th anniversary with a special theme of "**70 & Still Making Waves.**" The night's festivities include a cocktail reception, raffle prizes, dinner, a short program and entertainment by The Royce and Jenn Band. The Master of Ceremonies is **Regina Lawson**, resident at The Thome Rivertown Senior Apartments!

When: Friday, November 13, 2015

5:30 p.m. Sponsor & Patron VIP Pre-Reception 6:30 p.m. General Cocktail Reception & Raffle 7:30 p.m. Dinner, Program & Entertainment

Where: COBO Center, 1 Washington Boulevard, Detroit, Michigan 48226

Cost: \$250 Individual Ticket* includes General Reception, Dinner & Program \$375 Patron Ticket* includes Private VIP Pre-Reception, Prime Seating at Dinner & Program (*Estimated Fair Market Value: \$125/ticket)

Proceeds from the event will *directly benefit* the needs of 4,300 PVM residents and community seniors including:

- Quality senior housing
- Innovative services in technology, wellness and transportation
- And many other life-enhancing programs

For more information about the gala, call us at 248-281-2040 or visit www.pvmfoundation.org/Gala2015. Thank you for supporting PVM residents and I hope to see you on November

Warm regards, Paul J. Miller, CFRE



Announcements

The Men's Club meets every 1st Monday at 5:00 p.m.

*Please see Mr. Arthur Hill if you are interested in joining.



The resident association meetings are held every fourth Thursday at 4:30 p.m. in the E. Kern Tomlin community room.

Florine Grice, President Thomas Jackson, Treasurer.



October is National Breast Cancer Awareness Month



Although breast cancer is the second leading cause of death among women, because of early detection and treatment an increasing number of women diagnosed with breast cancer are beating the disease. According to the American Cancer Society (ACS), when breast cancer is detected early and is in the localized stage, the 5 year relative survival rate is 100%. To detect breast cancer early, the ACS recommends that beginning at age 40 women have both an annual clinical breast exam (CBE) performed by their health care provider and an annual mammogram for as long as they remain healthy. It is important to remember that it is health status, not age that should determine whether or not to continue with regular mammograms. As long as you remain healthy and don't have a serious, chronic health condition you should continue getting an annual mammogram. And though mammograms aren't fool proof, they are an important tool in detecting breast cancer early. To learn more about the early detection and treatment of breast cancer, visit www.cancer.org and/or <a href="https://www.nationalbreastcancer.org.





The Senior Advocate.

By Lynn Alexander, Vice President of Public Affairs

TOTAL SOLUTIONS FOR AGING WELL

PVM is in the midst of our 70th Anniversary. We have been known as innovators since the beginning and continue to provide creative solutions for enjoying life to the fullest. If you are a PVM resident, a caregiver, or simply a senior who is wanting to remain where you are safely and securely, we have a new service to help you or a loved one. We have piloted a program at The Village of Westland for five years with high customer satisfaction and are now launching it to all of our Villages as well as entire communities throughout Michigan. The program is called CareSync Solutions and is already receiving rave reviews. It is a joint venture between PVM and Homestead Home Health Care Services, our partner in the Westland pilot.

Whether you are looking for the comprehensive medical care that will help you stay in your home, or the stress-reducing personalized assistance that will help make your life a little easier, CareSync Solutions' innovative approach combines time-tested talents and the latest technology to meet the needs of any individual, family or community. Whether it's transportation, telehealth, home repairs, or meal preparation, CareSync's experienced staff will work tirelessly to meet your needs and keep you healthy at home.

Sometimes just a little help can keep oneself on a good path of health and longevity, as well as the ability to remain independent. If you would like to know more about these services, call (248) 773-4550 or check out the website at www.caresyncsolutions.org. For PVM residents, you can also talk with your Village staff.

We wish all of our readers the chance to live life to the fullest in the setting of your choice.

Announcements

The Enhanced
Fitness group
meets every
Monday,
Wednesday and
Friday.



On Wednesday mornings as long as the weather permits, the Enhanced Fitness group walks outside of the building. Feel free to join them at 10:00 a.m. in the lobby.

Please see Mrs. Charity Jackson

October



Idella Odom 10/4
Minnie Carr 10/10
Elizabeth Rogers 10/10
Dolores Hicks 10/13
Linnil Martin 10/14
Eula Williams 10/15
Doris Freeman 10/25
Lorene Vassar 10/27
Annie Griffin 10/30





Harold Massingille Service Coordinator 313-832-1576

The beauty salon is open Wednesday through Saturday.
Please call and schedule your appointment today!

(313) 832-8804





The Walmart bus leaves promptly at 8:50 a.m. If you would like to go shopping please be in the lobby every Thursday by 8:30 am.



Calendar

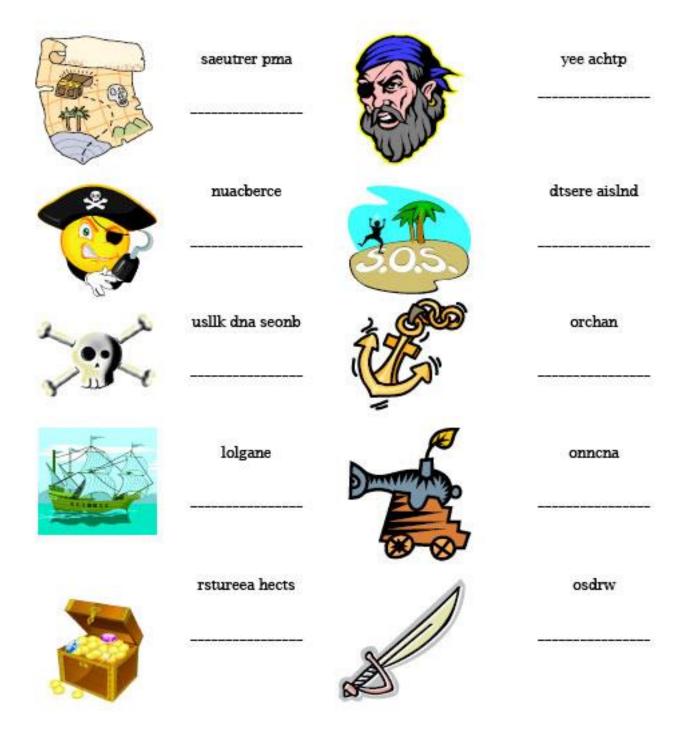
			P			
5	SAT	3 Beauty Salon (By appointment)	1 0 Beauty Salon (By appointment)	1 7 Beauty Salon (By appointment) KAPPA BREAKFAST 10:00 a.m.	2 4 Beauty Salon (By appointment)	3.1
201	FRI	Enhanced Fitness 11:30 am PUBLIC SERVICE CREDIT UNION 11:00-12:00 p.m.	9 Enhanced Fitness 11:30 am AARP 12:00 p.m.	1 6 Enhanced Fitness 11:30 am	2 3 Enhanced Fitness 11:30 am	3 0 Enhanced Fitness 11:30 am
R	Тни	WALMART 9:00 a.m. pick up	WALMART 9:00 a.m. pick up	1 5 WALMART 9:00 a.m. pick up	2 2 WALMART 9:00 a.m. pick up	2 9 WALMART 9:00 a.m. pick up
3E	WED	1	7 Enhanced Fitness 11:30 am BINGO 1:00 p.m.	1 4 Enhanced Fitness 11:30 am BINGO 1:00 p.m. SHELTON TAPPES 12:00 p.m.	2 1 Enhanced Fitness 11:30 am BINGO 1:00 p.m.	2 8 Enhanced Fitness 11:30 am BINGO 1:00 p.m.
	TUE		6 Arts and Crafts	1 3 Arts and Crafts DEB'S DOLLAR STORE PLUS 10:00-12:00p	2 0 Arts and Crafts	2 7 Arts and Crafts
CI	Mon		5 11:30 am	1.2 Enhanced Fitness 11:30 am	1 9 Enhanced Fitness 11:30 am	2 6 Enhanced Fitness 11:30 am
	SUN		4.00 p.m. Rev. Knox	Visit your Church 4:00 p.m.	1 8 Visit your Church 4:00 p.m.	2 5 Visit your Church 4:00 p.m.



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Fun Zone

Pirate Word Scramble





Treasure Island

Find and circle all of the Autumn words that are hidden in the grid. The remaining letters spell a secret message - an Albert Camus quotation.







ADMIRAL BENBOW INN
APPLE BARREL
ASHORE
BEACH
BEN GUNN
BILLY BONES
BLACK DOG
BUCCANEER
BURIED GOLD
CABIN BOY
CANNON BALLS

CANNONS

CAPE
CAPTAIN FLINT
CAPTAIN SMOLLETT
CHEST
COAST
COMPASS
COVE
CREW
CUTLASS
DR. LIVESEY
GUINEAS
HISPANIOLA

ISLAND
ISRAEL HANDS
JIM HAWKINS
JOLLY ROGER
LOGBOOK
LONG JOHN
SILVER
MAROONED
MUSKET
MUTINY
PARROT
PIRATES
PISTOL

QUARTERMASTER
SAIL
SCHOONER
SEAFARING
SEAMEN
SHIP
SKELETON
SPY-GLASS
SQUIRE
TRELAWNEY
THE BLACK SPOT
TREASURE
WALRUS

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Office Numbers 313-832-9922

Village Staff

Jannie Scott

Administrator

Tanisha Reed-Hobbs

Administrative Assistant

Harold Massingille

(313) 832-1576

Service Coordinator

Del Diego Manning

Maintenance

Harrison Mount

Maintenance

Ara Hunter

Housekeeper



EMERGENCY NUMBER

FAX

(313) 832-9922

(313) 832-8801

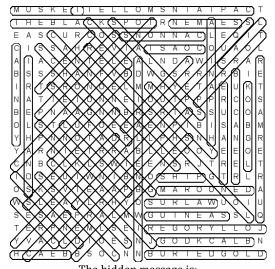


Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org**

Pirate Word Scramble Answers

- 1. Treasure Map
- 2. Buccaneer
- 3. Skull and bones
- 4. Galleon
- 5. Treasure chest
- 6. Eye patch
- 7. Desert Island
- 8. Anchor
- 9. Cannon
- 10. Sword

Treasure Island Word Search Answer



The hidden message is:
Treasure Island was written by Robert Louis Stevenson

The Village of Brush Park Manor Paradise Valley

Board Members:

E. Kern Tomlin, Chair John Gardner, Vice Chair James Bradford, Treasurer Elaine Hearns, Secretary Dakima Jackson Paul Johnson Donald J. McSwain Ellen Childs Gwendolyn Robertson Arthur Caldwell Lynda K. Jeffries Michael Morrison Stacy Brackens