



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

JANUARY 2024

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Happy New Year!

First, I want to express my sincere gratitude for the overwhelming positive feedback received regarding our Christmas party. It warms my heart to know that you all enjoyed the festivities. We the staff really put our hearts and time in it for all of you to enjoy. Your enthusiasm and joy are the very essence of what makes Oakland Woods such a vibrant community.

I want to thank Ms. Irene for an amazing Christmas program. We are truly grateful for her continued pastoral services she brings every Tuesday. Also, want to thank some of our residents for putting together the Christmas concert for us to enjoy.

It has come to my attention that Oakland Woods has a well-deserved reputation for being a place that knows how to have fun, and I am thrilled to announce that we are fully committed to bring back that spirit in full force in 2024! Get ready for more exciting events, laughter, and shared moments that make our community special.

Reflecting on the past year, we acknowledge the challenges faced in adjusting to new leadership. Change is never easy, but it is through these challenges that we grow and evolve. I am confident that the lessons learned in 2023 will pave the way for great things in 2024.

As we embark on this new chapter, I encourage each and everyone to bring forth your ideas and suggestions. Your input is invaluable, and we want to hear from you. Let us make our community even more vibrant and inclusive. To kick start this, we'll be hosting a town hall meeting where all ideas are welcome. Your voice matters, and together, we can make 2024 a year to remember.

Finally, I want to give a big SHOUT out to my staff for all the amazing things they do on a day-to-day. Thanks to Mr. Daniel (Stephanie's husband) for frying the turkey for our New Year's Eve celebration.

Here's to a year filled with laughter, growth, and a renewed sense of community. Get ready, Oakland Woods 2024 is going to be fantastic!!



The Village of
**Oakland
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

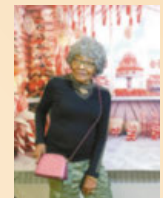
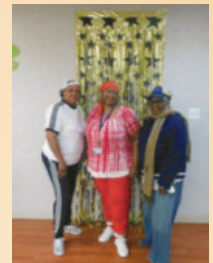
Look for PVM on:



Office News

Sharon Benton & Stephanie Daniel
Administrative/Receptionist

Look Back on 2023



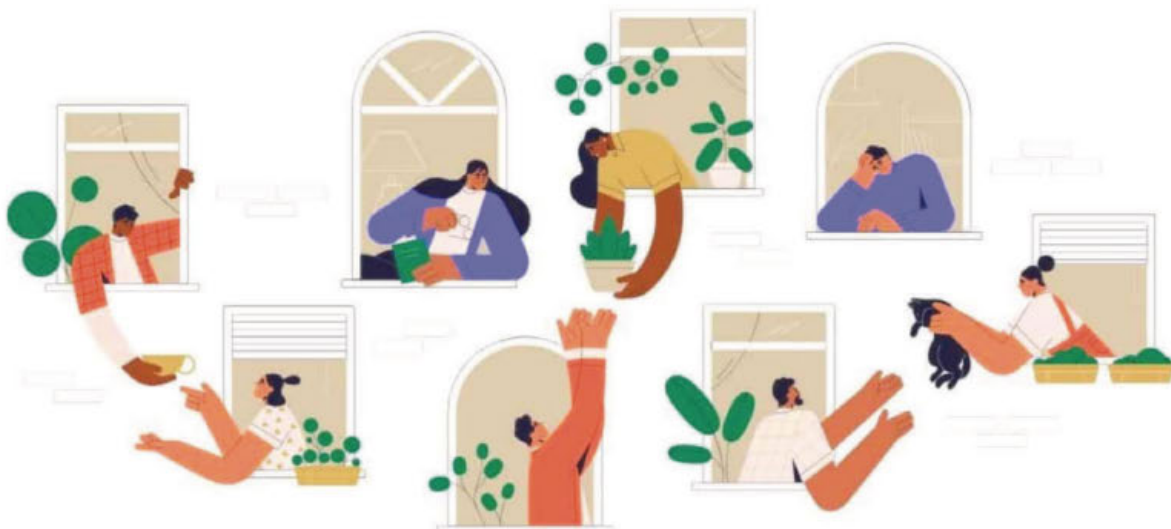
January 2024

>>> NEWSLETTER

HAPPY NEW YEAR



With the New Year comes new neighbors please welcome our new residents in both the Cottages and Apartments.



**WHEN ONE NEIGHBOR HELPS ANOTHER,
WE STRENGTHEN OUR COMMUNITIES.**

Maintenance News

Rick Petrella/Maintenance Supervisor

Happy New Year Residents

When you're in need of a work order, please contact the office. Emergency work orders are our first priority. Work orders that's none emergency will be completed by order received date.

EMERGENCY CONTACT NUMBERS

- **OAKLAND COUNTY SHERIFF—911**
- **FIRE DEPARTMENT—911**
- **DETROIT EDISON—800-477-4747 (POWER OUTAGE)**
- **CONSUMER ENERGY—800-477-5050 (GAS LEAK)**
- **WATER RESOURCES COMMISSION—248-858-0958**

Service News

Sue Carney & Terri Price
Service Coordinators

Greetings from your Service Coordinators Sue Carney and Terri Price



Happy New Year! Can you believe we have entered into year, 2024! Gear up for a great year here at the Village of Oakland Woods. Mark your calendar and plan to attend these upcoming events:

Wednesday, January 10th 11:30a.m-12:30pm Sara Hoffman, Medicare Specialist will speak on “Medicare 101”
Understanding the Basics of Your Coverage.

Monday, January 22nd 12-1pm– Julie Stulberg, Pedorthist “Diabetic Shoe Lady” will be here to educate and evaluate for shoe fitting.

Wednesday, January 24th 11:30a.m.-12:30pm Teri Jordan, Client Care Director will be here to speak on Homecare Assistance, A guide to understanding quality care.

Monday, January 29th 11:30a.m.-12:30p.m. Anita Barksdale, BSN, CPST will be here to educate on the “Balancing Act”. Check your balance/fall prevention.

A few January observances to note:

Dry January - The alcohol-fueled celebrations in December can take a toll on your health. January is a great time for a full body reset. Some choose to fast, avoid certain foods or beverages, eliminate caffeine. **ALWAYS** consult with your physician first.

Glaucoma Awareness Month - Eye irritations and vision problems often brushed off as seasonal allergies or a result of too much screen time. In reality, without getting your eyes checked, you can’t know what’s causing your eye symptoms. Consult with your Optometrist or Ophthalmologist.

Thyroid Awareness Month - Your thyroid plays a bigger role in your health than you may realize, impacting everything from your metabolism to your mood. Have you had your thyroid checked? Consult with your doctor.

National Blood Donor Month - Blood donations are always a need at hospitals and health organizations.

Jan. 15: Martin Luther King Jr. Day – Keep the Dream Alive! -Befriend someone different than you. -Pay attention to social issues. -Serve others. -Lead by example. -Have faith.

Jan. 21—27: Women’s Healthy Weight Week

Many strive to eat a healthy diet, but sometimes it’s hard to know which foods help and which foods actually hurt your efforts. Make efforts to exercise and choose healthy eating habits. <https://www.nutrition.gov/topics/basic-nutrition>

May this New Year bring love, peace and showers of blessings!

We know how much Wellness means to our community. The Village of Oakland Woods is looking to fill the Wellness Coordinator position. If you know someone who may be interested, please go to pvm.org/careers and search Wellness Coordinator, Pontiac location.



In need of food, here's a list of Pontiac Food Distributions Center



Wellness
happens at
**THE VILLAGE OF
OAKLAND WOODS**

JANUARY POT LUCK LUNCHEON

Join us Tuesday, January 16, 2024 at 12:00 noon for our first ever resident “POT LUCK LUNCHEON” please bring your specialty, favorite, ethnic dish to serve not more than 8-10 people. Please sign up in the activity book and if you want, indicate what dish you will be bring. This event is for resident and staff members.



DON'T FORGET TO BRING YOUR APPETITE!!!

Thank you to our Village Choir for once again for a great Christmas Concert.



Front row: Larry Milz, Dennis Owens, Joyce Parlor, Gertie Rankin;
Back row: Christine Milz/Mistrees of Ceremony, Nick Praves/Pianist, Vernice Harper, Janet DeVold, Dianna McCall, Becky Bolden, Phyllis Davenport, Director

Birthday Celebration!

The Birthday party will be held on Thursday, January 18th @ 1:00pm. Join us in the Community Room for refreshment, bingo and prizes

Kathleen Stanley 1/3

Siney Morton 1/12

Erma Wesley 1/15

Geraldennette Lancaster 1/25

Will Baldwin 1/30

Eugene Elliott 1/6

Nancy Washington 1/13

Edwin Bryd 1/18

Dorothy Turner 1/26

Georgina Fontana 1/31

Cheryl Jamerson 1/7

Shirley McBride 1/14

Mary McNeal 1/20

Debra Walton-Smith 1/28



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1. Limited to 420 Opdyke Village Residents only (1 entry per person)
2. Only legible paper entries received by Dec 8, 2023 accepted
3. No winner list, Prize sent as cash

Name: _____

Address: _____

Apt/House: _____

ONLY 1 Prize Awarded, Draw on 12/22/2023

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15-0811

January 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Office is Closed	2 10:00 God's Word & Prayer	3 10:30 Fitness Class	4	5 9:00 Meijer - 10:30 Fitness Class - 11:00 Sprout - 12:00 Office Closed	6
7	8 10:30 Fitness Class	9 10:00 God's Word & Prayer	10 10:30 Fitness Class 11:30 - Guest Speaker Ms. Hoffmank Medicare Specialist	11 10:30 - 11:30 Oakland Hope	12 9:00 Aldi - 10:30 Fitness Class - 11:00 Sprout - 12:00 Office Closed	13
14	15 10:30 Fitness Class - Dr. King Birthday Day	16 10:00 God's Word & Prayer Resident Pot Luck	17 10:30 Fitness Class 12:00 Focus Hope	18 1:00 Birthday & Bingo	19 9:00 Walmart - 10:30 Fitness Class - 11:00 Sprout - 12:00 Office Closed	20
21	22 10:30 Fitness Class - 12:00 Julie Stulberg, Diabetic Shoe Lady	23 10:00 God's Word & Prayer	24 10:30 Fitness Class - 11:30 Teri Jordan, Client Care Director	25	26 9:00 Kroger - 10:30 Fitness Class - 11:00 Sprout - 12:00 Office Closed	27
28	29 10:30 Fitness Class - 11:30 Anifa Barksdale, BSN, CPST	30 10:00 God's Word & Prayer	31 10:30 Fitness Class	1	2 9:00 Meijer - 10:30 Fitness Class - 11:00 Sprout - 12:00 Office Closed	3
4	5 Notes	<div style="border: 2px solid black; padding: 5px; text-align: center;"> Large Calendars are Available at the Activities Table </div>				

Presbyterian Villages
of Michigan
Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

Tracy Lathan
Administrator

Sharon Benton
Administrative Assistant

Stephanie Daniel
Administrative Receptionist

Terri Price
Service Coordinator

Sue Carney
Service Coordinator

Rick Petrella
Maintenance Supervisor

Randall Shannon
Grounds Keeper

Erica Pines
Sales & Leasing

EMERGENCY MAINTENANCE (248) 330-0213

On-Site Security (313) 742-0285



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Embrace the possibilities

Pontiac, MI 48341-3145
420 S. Opdyke Rd

A Mission of Presbyterian Villages of Michigan

A SENIOR LIVING COMMUNITY

Oakland Woods
The Village of

