# HARTFORD HERALD

A Premier Senior Living Community



17500 Meyers Rd • Detroit, MI 48235-1404 (future address) • www.HartfordVillageHomes.com JULY 2014

# "SUMMERTIME IN THE D!"

**Cultivation Luncheon** 

"At Hartford Village we treat our seniors like "Royalty"!

'Royalty' was the theme for our Hartford Village Cultivation Luncheon held back in April. We had an opportunity to meet one another! It was almost a full house with only a few missing residents. Dr. Rev. Charles Adams did his usual outstanding job of speaking about how the village will become major community anchor and make a major contribution to northwest Detroit. PVM's President & CEO. Roger Myers provided very encouraging details about the partnership and progress of the village. He also generated additional excitement about our new, lovely community.

We were graced with live jazz by Mr. Charles Green\*\* and enjoyed delectable cuisine by Preston Hill\*\*. We took photos in the Royal Throne and treated everyone like Kings and Queens. There was lots of love, learning about one another and, laughter in the room. It was a very delightful and memorable afternoon!

"Embrace the Possibilities!"



# **Featured Articles**

**Cultivation Lunch** 

**Village Progress** 

Fireworks at Comerica

Resources

**Another Meijer** Coming

Volunteerism Needed

The Senior Advocate

**Frankly Speaking** 

**Enjoy the Journey** 

## VILLAGE PROGRESS

WOW! Hartford Village is over 55% reserved! 80% of the cottages and 30% of the apartments have already been reserved. There is still room, so **HURRY** and you too can have a new home. Come and be part of the Hartford Village Royal Family!

Tell your friends and family to contact Gena Edwards at 248-281-2024 or gedwards@pvm.org to reserve their lovely new home!!



Hey, did you know that you can enjoy fireworks after the Detroit Tigers game at Comerica Park after any home game!

Wayne County, Michigan Fireworks / Detroit, MI Fireworks Comerica Park Fireworks (2100 Woodward Avenue, Detroit, 48201) Tigers ticket holders can stay and enjoy the fireworks show after the selected home games.

- Friday, July 18, 2014
- Saturday, July 19, 2014
- Friday, August 1, 2014
- Saturday, August 2, 2014
- Friday, August 15, 2014
- Saturday, August 16, 2014
- Friday, September 12, 2014
- Saturday, September 13, 2014
- Friday, September 26, 2014
- Saturday, September 27, 2014

### ANOTHER MEIJER COMING TO THE "D"!



Did you know that another Meijer store is coming to Detroit later this year!

Yes it's true! Right in our backyard, the ribbon cutting was Monday, June 28<sup>th</sup>. The site will be Located on the site of the former Redford High School at Grand River & McNichols Road. The new store will have a drive-thru pharmacy, a gas Station and it's expected to create 500 jobs. Construction is expected to take approximately one year.

# **Volunteer with Experience**

You've gained a lifetime of experience. Now you have an opportunity to put your skills and talents to good use by volunteering thru RSVP. You get to choose whether you want to draw on your skills or develop new ones. More importantly, study shows that it can lead to improved health mentally and physically.



#### **RESOURCES**

AARP Michigan Home Page www.aarp.org/mi

Advance Directive Forms for Michigan <a href="https://www.med.umich.edu/1libr/aha/uma">www.med.umich.edu/1libr/aha/uma</a> dvdir.htm

Area Agency on Aging 1-A www.aaa1a.org

Area Agency on Aging 1-B www.aaa1b.org

Medicaid Information for Michigan www.cms.hhs.gov/medicaid/state.asp?state=MI

Michigan Elder Prescription Insurance Coverage www.miepic.com

Michigan Indian Elders Association www.michiganindianelders.org

MiSeniors.net www.miseniors.net

Region IV Area Agency on Aging www.region-iv.org

Senior Alliance, Area Agency on Aging 1C <a href="https://www.aaa1c.org">www.aaa1c.org</a>

Senior Corner www.tcnet.org/seniors

Tri-County Office on Aging <a href="https://www.tcoa.org">www.tcoa.org</a>

This list is complimentary from <a href="http://www.savvysenior.org">http://www.savvysenior.org</a>

\*\*Charles Green (313)516-6946

\*\* Preston Hill (586) 872-1242



#### **GOOD NEWS FOR MICHIGAN SENIORS**

Governor Snyder presented his Message on Aging recently at the Rochester Older Person's Commission to a large and enthusiastic crowd. His message heralded great news for Michigan's seniors. In fact, our colleagues across the country have stated that he is the first governor in the country to draw such attention to the value and issues of our senior population. Some highlights of his message include:

Healthy Lifestyle: Promotion of Health & Wellness and a call for more innovation. Governor Snyder recognized us (Presbyterian Villages of Michigan) for our innovative and evidence based programs and mentioned our Village Victory Cup as an example of innovation.

Commitment to Home and Community Based Services and a pledge to make Michigan a "No Wait State" for aging services with a \$20 million investment in 2015.

Support for family caregivers by calling on employers to help their caregiver employees.

Support for a dementia pilot program in Michigan and expansion of innovations in this arena.

Promotion of culture change in nursing homes and reinvention based on task force recommendations.

Increased access to programs and services via a new website launched by the Michigan Office of Services to the Aging by 2015.

Enhanced protection of vulnerable adults by improving the Adult Protective Service program to offer timely assistance, comprehensive follow up and easy entry. Also, the state will work with financial institutions to further prevent financial exploitation and increase funding in this regard.

Creating an Age-Friendly Michigan via age friendly communities, access to transportation, volunteerism and support of an Older Adult Workforce as well as entrepreneurs. This would also include better trained health care providers, retirement planning, lifelong learning and utilizing senior volunteers for travel and recreation with our parks system.

To see the complete message, go to www.michigan.gov/snyder

#### FRANKLY SPEAKING......

Your home is your castle, your shelter from the storm. Hartford Village is the place that will provide the peace of mind that we all wish we could have during our retirement years. Why...because we've worked hard and we deserve it!

"Retain, Regain and Revitalize" At Hartford Village our goal is to Retain our seniors that currently live in Detroit...to Regain those that have moved out of the city and want to return, and lastly, to Revitalize the city of Detroit in the Northwest corridor neighborhood that is already very active and alive. We are excited about the groundbreaking later this year.

#### LIFE IS A JOURNEY.....

It's important to keep your thoughts focused on the future more than the past. We should all have something to look forward to. Our Hartford Village Family does. So as we continue to prepare, our hearts and minds, let's prepare our closets.

Now, I realize it's hard to think about separating with some of your "stuff".... I hear it all the time. But I need you to know that it is an absolutely freeing experience. I personally have been unloading, de-cluttering this year. It's hard to get rid of things that someone gave to me or items that were my favorites; the slacks that I love, but will never-ever fit back into. That coat that is outdated, but everyone *USED TO* compliment me on. "Let it GO"!

Here's an idea, have a friend or relative help you. They will tell the truth..."This is Cool but...That looks Hideous"! Make it a good time, order pizza and drinks. Also, for your really nice items, take to a resale shop and get a few bucks or just donate to goodwill for your tax return deduction. Most of all, make it fun!

Remember don't stress and take baby steps. We have time to organize before the grand move in. Most of all remember to... "Enjoy the Journey!"

As we move forward with the Hartford Village Pre-Lease Campaign remember that I am available to speak at any church, community group, organization, etc. Feel free to provide them my information so that we can make arrangements to attend! Also, you are welcome to join me! © Gena Edwards

Hartford Village is a collaboration of two organizations, dedicated to quality living for seniors: Hartford Memorial Baptist Church and Presbyterian Village of Michigan

# **Announcements**

**July 3<sup>rd</sup> -** 12 Precinct Neighborhood Meeting – First Thursday of each month.

July 10<sup>th</sup> - Hannan House "Safety Issues Facing Seniors" Chief James Craig - Speaker 3:00pm - 5:00pm 4750 Woodward Avenue 313-831-1089 http://www.hannan.org

July 12<sup>th</sup> - Free Concert in the Park at 1pm. Park behind the Belmont Shopping Center 8 MI and Dequindre. Call (313) 350-9622 for details.

**July 22<sup>nd</sup>** – Senior Friendship Day at Chene Park. 10am – 2pm. Gate opens at 9am. Hartford Village will be represented.

**July 26<sup>th</sup> –** 17<sup>th</sup> Annual Life Walk at Belle Isle; call (800)-482-4881 for more information.

**July 26<sup>th</sup> –** A "Grown Folks" Black ~ White Affair; Enjoy Hustle, Ballroom and lots of fun from 9-2am at the Northwest Activity Center.

# August 2<sup>nd</sup> – GET READY!

Neighborhoods Day in Detroit. Be sure to participate in the festivities! Go to the website to find something interesting to you.

http://www.arisedetroit.org/neighbor hoods-day-registration-2/

Call (313) 921-1955 or go to <a href="https://www.arisedetroit.org">www.arisedetroit.org</a> for details about this citywide event.

#### **MEET GENA EDWARDS**



Sales & Leasing Specialist 248.281.2024 gedwards@PVM.or

Hours: Tues & Thurs 10:00- 4:00 or set up an appointment Northwest Activities Center 18100 Meyers Road