



Village News



Embrace the possibilities

Hello Residents of Lake Huron Woods!

Happy New Year! I joined our team here on December 5th and look forward to serving you in 2023. We have had some challenges since I arrived. I am happy to announce that our dining and activity services are back in full swing. Please find the attached calendar of activities for January.

On January 17th at 1:00PM we will be having a VA Presentation in the Activities Room. This will cover benefits and services available to those who have served and their spouses. Please join us for this event, we look forward to seeing you there.

We have begun the interviewing process for a Wellness Coordinator/Activity Director. I am sure everyone will be excited to have a new face join us. If you have ideas of things you would like to see in the Wellness/Activity Calendars in the future please let us know. Your feedback is appreciated.

We are grateful for all of you that participated in the Angel Tree collection for Carolyn's Place. Lake Huron Woods' amazing residents and team were able to deliver \$200 in gifts and donations to be used for those in need within our surrounding community.

Quick reminder about our smoking policy. We do not allow smoking in our building. Smoking areas are designated around the exterior of the main

building. We appreciate you and your guests' effort to keep our homes smoke free.

Winter weather has begun. If you would like to reserve a carport, please contact the office to check availability and reserve today.

Building news for January 2023

The office has been made aware that there are a few local cats that have been seeking attention. Please remember to not feed any stray cats and/or dogs. They are likely visiting us from the neighborhood beside us and should be fed at home.

The store is open Wednesday's from 1:30pm-3:00pm. Julie and Joyce our store volunteers welcome you. If you are willing to volunteer for some hours please talk to Julie. Your assistance would be greatly appreciated. Until we find additional volunteers our store hosts weekly will be Julie and Joyce. We appreciate their dedication and hard work. They help us save us from small runs to the store in this winter weather.

The Medical Team will be taking blood pressures in January. The Blood Pressure Checks will be held on 4th and the 18th this month.

The Medical team is available on-site every day, so please if you need services contact our new nurse Mona, she is great and she can assist you if you are in need of services. Call them at 810-689-0790.

I am looking forward to my first Community meeting. We will be meeting on Wednesday January 5th at 1:30PM. I hope that many of you can attend.

Remember that if you refer someone to Lake Huron Woods and they move in you will get a \$500.00 check. See Kristine in leasing for more details.



The birthday list is below for those born in January. Together we can help make their birthday more cheery. Warmest wishes to:

Mary	1/1	303
Robert	1/1	127
Robin	1/3	201
Janet	1/15	321
Joyce	1/19	210
Donna	1/21	107

If we missed you please come to the office and talk with Jeni or Lori so we can get you on the birthday list if you would like to have your birthday in the newsletter. Your Birthday is important to us!

Grace Hospice is hosting the Monthly Birthday Celebration for those born in January. Please join us on January 13th at 2pm in the Activity Room. Come and celebrate the day of your birth with us.

Spotlight on Resident Council

Come and join the monthly Resident Council Meeting so that you have a voice in our Community. Please talk with Karen or Jean for further information. The council meeting are held on Saturday's. The next meeting is January 7th at 1pm. Let's everyone get involved! Thank you for all you do.

Happy New Year!

Happy New Year to all of our readers. We wish you peace, joy, comfort and good health in the year ahead. Traditionally this is the time of year when we make New Year's resolutions. Just take a look at the workout places right after the 1st full of members with the best of intentions. Although traditional resolutions can be positive if we stick with them, I propose a bit of a twist in this regard.

Let's start with making sure our documents such as our will and power of attorney are on file. This is the best gift we can give our children and grandchildren. Dealing with probate is extremely difficult if paperwork is not in order.

Another wonderful action to take is to record a legacy. Have someone tape you telling interesting stories about your life and that of other relatives so that family history will go on for generations.

Resolve to pack your patience and be kind to others. We do not know what they may be dealing with - perhaps an illness or a death of a family member. When I have dined at several different restaurants, I have observed signs that say: be kind to the people who showed up. Everyone is short staffed these days and often pulling double shifts. This applies to healthcare workers, grocery store clerks and anyone who serves the public.

Dwell on the positive rather than the negative. Sometimes that seems easier said than done; but it is well worth the effort. Plus, smiles cause fewer wrinkles than frowns. :)

Hug your loved ones. Tell them you love them. The pandemic taught us to seize the moment and make sure to show our love. Children like toys very much of course. However, what they cherish most is time and attention. Playing games, drawing artwork and asking them about what interests them is yet another way to express our love.

Wishing all a wonderful year ahead full of joy.