



Village Voice



Embrace the possibilities

2950 E. Twelve Mile Rd. • Warren, Michigan 48092 •

September 2020

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Dear Residents,

We are waiting for a date from the contractor to begin the third and final phase of the roof project this fall. We will replace the **fascia boards, gutters and downspouts** at a cost of \$23,000. I will tell you the dates when I know them. Expect loud pounding for a few days, but it will be worth it. And it'll be good to get the work done before winter.

I also wanted to let you know that Warren Glenn will stop replacing **garbage disposals** as soon as we use the remaining disposals in stock. The maintenance tech will try to fix your disposal, but will not replace it.

This company-wide decision came after looking at the number of garbage disposals that we fix and replace and the amount of water damage caused by broken disposals. Garbage disposals are not failing because they are of poor quality, but because they are not used much and the rubber dries out and cracks. When and if a garbage disposal fails and cannot be fixed, we will take it out and replace it with pipe. HUD does not require apartments to have garbage disposals.

Without a garbage disposal, you will have to handle your food waste differently and go back to the old ways: for example, wrapping potato, vegetable, fruit, egg shells, meat cuttings, etc. in newspaper then into the trash.

I hope that everyone who is interested in getting their hair done here has heard the good news: beautician Gloria Blood is back and will work on Thursdays and Fridays. Check the sign-up sheets and the flyers on the **beauty shop** windows for the new protocols.

To progress! *Happy Fall!*

Anne Lilla, Administrator



The Village of
Warren Glenn

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



From the Service Coordinator

Denise Giallombardo, B.S., Human Services.

Important Fall Dates for Services and Democracy

FLU SHOT CLINIC, THURSDAY, SEPTEMBER 10

1. Please stop in my office if you are planning to receive the flu shot here on September 10. The online *Assessment and Consent Form* from the Visiting Nurses Association is now available. I can register you online and give you the form to sign. It should take less than 5 minutes and will make everything go smoothly on the day of the clinic. Remember: your information is kept confidential and never sold. There is NO CHARGE for the flu shot.
2. Sign up in mailroom for an appointment time for the September 10 Flu Shot Clinic.
3. Come to your appointment in the library wearing short sleeves. Come close to your appointment time. If you have to wait, wear your mask and stay at least 6 feet away from others.

MEDICARE D ENROLLMENT, OCTOBER 15 – DECEMBER 7

Medicare D enrollment for Prescription Drug Plans will begin soon. George Wojdacki, our Medicare/Medicaid Assistance Program volunteer, helps people decide which Medicare D Prescription Drug Plan to use. He has saved our residents significant money in co-pays and deductibles for drugs. However, due to COVID-19, George cannot do in-person meetings, but can do one-hour telephone appointments. If you have the technology, you can even do Face Time where you speak together **and** see each other on your smart android phone or i-phone or computer. When George gives me his dates, I will put a sign-up sheet in the mailroom. Please see me if you have any questions.

VOTING DAY, TUESDAY, NOVEMBER 3

Despite no evidence to suggest that voter fraud is a widespread issue in the United States, or that voting by mail in any way increases the likelihood of voter fraud, it is still a concern for some voters.

Per Macomb County Clerk Fred Miller:

"Michigan ballots are numbered and that number is printed on a tear-off. Once your vote is tabulated the number is torn off. Your vote will always remain anonymous, however up to the point where it is counted that ballot number is assigned to the voter. And so if a voter voted absentee and then showed up on Election Day trying to vote, the qualified voter file would immediately tell those election inspectors or the clerk that this person has already voted," he explained.



SERVICE COORDINATOR SEPTEMBER PROGRAMS

| | |
|------------------------|-----------------|
| Thursday, September 10 | Flu Shot Clinic |
| Friday, September 11 | FOCUS HOPE |

What Is Labor Day, September 7, and Why Do We Celebrate It?

Always held on the first Monday in September, Labor Day is a U.S. national holiday. For many people, it is a symbolic end of summer and start of the school year, celebrated with barbecuing and shopping.

However, it was originally a celebration of the American worker and the great American work ethic. It was a creation of the labor movement. The first Labor Day celebrations were parades to exhibit to the public “the strength and esprit de corps of the trade and labor organizations” of the community, followed by festivals. Speeches were given by prominent union officials, industrialists, educators, clerics, and government officials.

In the U.S., the first Labor Day parade was on Tuesday, September 5, 1882, in New York City. By 1894, 23 more states had adopted the holiday, and on June 28, 1894, President Grover Cleveland signed a law making the first Monday in September of each year a legal national holiday.

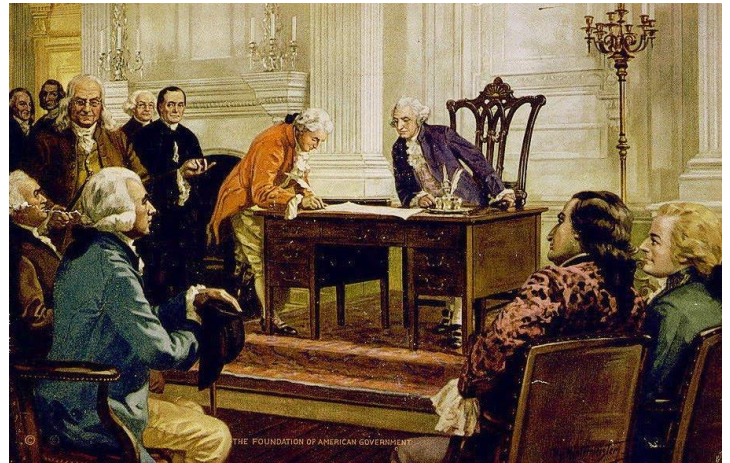
Labor Day was all about the great American worker, the driving engine behind the most productive economy in the world, and the American work ethic which led to one of the highest standards of living in the world. All of this came out of a belief in economic and political democracy. Of course, Labor Day not only celebrated the American workers, but also protected their quality of life, addressing the problems of the day—from long working hours to no time off.

Although the day’s focus on organized labor has diminished over the years, the holiday has become the last hurrah of summer—with a barbecue and day off work for many Americans.

And even though the American work force has changed dramatically since the industrial revolution, many Americans still work more hours and take less vacation than our western counterparts. We are constantly connected to our jobs with little respite; we all desire a good standard of living.

So, whether you worked on the farm, at the plant, in the office or were a homemaker, we hope that you will take Labor Day to reflect on your good work. Also, take a moment to reflect on this history and the many American workers who came before us—to build our railways, roads, infrastructure, and more. Then go to a picnic or barbecue as the original workers did so many years ago!





Celebrate Constitution Day, September 17

Constitution Day, also known as Citizenship Day, is a holiday that recognizes the adoption of the U.S. Constitution on September 10, 1787. It also honors all of those who are citizens, as well as those who have become citizens of the United States.

The Constitution of the United States serves as the basis for all U.S. laws since 1787 and guarantees Americans their essential rights. It begins:

We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

The forty men who wrote, fought about and passed the document are known as our “Founding Fathers”. They include George Washington, Benjamin Franklin, Thomas Jefferson, John Adams, James Madison and Alexander Hamilton.

The Bill of Rights are ten amendments to the Constitution and was passed by Congress in 1789 and ratified by the states in 1791. The first amendment contains five freedoms: freedom of speech, freedom of religion, freedom of the press, freedom of assembly and the right to petition the government. Other amendments cover the right to bear arms, protect citizens from having troops in their home, forbid unreasonable search and seizure, protect people’s life, liberty and property and cover rights of the accused in criminal and civil trials and excessive bail, fines and punishment. The 9th and 10th amendments requires that other rights are retained by the people and states not the federal government.

At this difficult time in our country’s life, let us learn more about how the Constitution can guide us to a more perfect Union.

Remember When...



...We went to Blockbuster's to get our movies.



SEPTEMBER BIRTHDAYS

| | | |
|---------|-----------------|------|
| Apt 137 | Alice Kelmar | 9/5 |
| Apt 101 | John Marini | 9/7 |
| Office | Anne Lilla | 9/8 |
| Apt 235 | Terry Smith | 9/11 |
| Apt 139 | Joy Bondurant | 9/19 |
| Apt 131 | Barbara Holland | 9/25 |
| Apt 138 | Wiktor Orel | 9/28 |

SEPTEMBER MEANING

From the Latin word septem or seven because this had been the seventh month of the early Roman calendar.

SEPTEMBER HOLIDAYS

| | |
|---------|-------------------|
| Sept 7 | Labor Day |
| Sept 11 | Patriot Day |
| Sept 13 | Grandparent's Day |
| Sept 17 | Constitution Day |
| Sept 18 | Rosh Hashana |
| Sept 22 | Start of Fall |
| Sept 27 | Yom Kippur begins |

SEPTEMBER JEWEL

Sapphire

SEPTEMBER FLOWER

Astor



...We ate TV dinners on TV tables for a special treat.

...Cokes were cheap!



...Big sedans and station wagons were family cars.

Best Apples for Baking and Cooking from the Farmer's Almanac

Have you ever eaten a mushy apple pie? Often the cause is a soft apple variety that does not hold up in the oven. When you use the right kinds of apples for your recipes, your dishes can go from good to delicious!

Many of us cook apples in a pie or crisp. For these baked goods, you need to use firm apples. Even better, use more than one firm apple variety to give the dish different textures and tastes. Use both a firm sweet apple plus a firm tart apple for depth of flavor. Examples of firm, sweet apples include Golden Delicious, Pink Lady and Jonagold. Examples of firm tart apples are Granny Smith and Northern Spy.

Not all apples are ideal for cooking! We've identified some of the best apples for baking and cooking in apple pies and apple crisp to applesauce and cider

| Apple | Best Uses | Flavor, Characteristics & Appearance |
|--------------|-------------------------------|---|
| Braeburn | Applesauce | Tart, sweet, aromatic, tall shape, bright color |
| Cortland | Pies, Applesauce, Fruit Salad | Tart, crisp, larger than McIntosh |
| Fuji | Baking | Moderately sweet, crisp flesh, red skin |
| Gala | Dried, Cider | Mild, sweet, juicy, crisp, yellow-orange skin with red striping (resembles a peach) |
| Granny Smith | Baking | Moderately sweet, crisp flesh, green skin |
| Jonagold | Pies, Applesauce | Tangy-sweet, yellow top, red bottom |
| Jonathon | Applesauce | Tart flesh, crisp, juicy, bright red on yellow skin |
| McIntosh | Applesauce | Juicy, sweet, pinkish-white flesh, red skin |
| Rome Beauty | Baking, Cider | Mildly tart, crisp, greenish-white flesh, thick skin |
| Winesap | Applesauce, Pie | Very juicy, winey, aromatic, sturdy, red skin |

Fancy Waldorf Salad

- 3 celery ribs, finely chopped
- 4 medium apples, peeled and chopped
- 1/2 cup reduced-fat mayonnaise (more if desired)
- 1/4 cup chopped dates or raisins
- 2 tablespoons chopped pecans

Mix together and chill. Makes 6 servings.





Clothing Word Search



E O D S T R I H S A T G S
 S O E E W E H A T I A V S
 S E V O L G U N U S E S K
 T A R D R S E S S R D W D
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| BOOTS | SANDALS | SOCKS |
| DRESS | SCARF | SUIT |
| GLOVES | SHIRT | SWEATER |
| HAT | SHOES | TIE |
| OVERALLS | SHORTS | UNDERWEAR |
| PANTS | SKIRT | VEST |



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

The 2020 Village Victory Cup: COVID-19 Edition

The Village Victory Cup scheduled to take place in June at the Suburban Collection Showcase in Novi had to be cancelled because of COVID-19. That's the bad news. The good news is that we have figured out a way to conduct a different version of the same event that we are calling the 2020 Village Victory Cup: COVID-19 Edition.

PVM communities will host the games at their individual communities during the months of September and October. The games will be played indoors or outdoors and can be played all in one day or spread out over time. Simply play the games and submit your results by noon on October 31.

The games that we have done before and are doing this year are: bean bag toss, hoop shoot (basketball while sitting), a wellness walk and kick-a-roo (kicking a ball through a net). The new features are and wordsmith (making many words from one word), a sing-a-long, decorating a PVM 75th Anniversary Banner, and the Spirit Award.

Stay tuned for your Village staff to put together a schedule of these activities. Won't it be fun to move around, have some fun and compete with villages around the state? Check with people at your village who have participated in past events to hear what it was like.

It Takes a Village to Run a Village: Thank You, Volunteers!

To Tom Gallo, #226, for installing a room air conditioner for a resident waiting for a repair.

To Diane Sexton, #111, for decorating the bulletin board.

To Lawanda Alexander, #115, for delivering *Welcome Baskets* to our new residents.

To Sam Mahaffey, #228, Vicki Jackson, #112, and Chuck Cowan, #230, for watering flowers and to Deb Bertolino for weeding flower beds.

To Allan Thompson, #110, Deb Bertolino, #134, Janice Kuchta, #201, Rosemarie Barnhart, #202, Theresa Smith, #223, Gail Styles, #233, and Bev Hooks, #240 for delivering *Healin' Meals*.

To Rosemarie Barnhart, Bev Hooks, Deb Bertolino and Joyce Wilde, #242, for delivering newsletters.

To Rosemarie Barnhart and Deb Sokolowski, #102, for delivering Focus Hope boxes.

To Dann Fedrico, #208, and Bev Hooks for getting Macomb County food boxes off the truck.

To Betty Challenger, #239, for making get well and birthday cards.

To Betty Challenger, Sister Mary Fagan, #209, and Mary Blaszak, #217 for serving on the board along with 1st Presbyterian Church leaders Marijo Hockley and Mac McDougall.



The Senior Advocate.

By Lynn Alexander,
Senior VP & Chief Marketing Officer

Exercise Your Right to Vote!

The election will be here very soon! Remember that voting is a right for which folks have fought and died. Many people around the world do not have this right. So please exercise your right to vote. Take action now! Request an absentee ballot as soon as possible to make sure it reaches your clerk's office in time to cast your ballot via mail.

Once you have completed your ballot you can also utilize the more than 700 ballot drop box locations around the state. Although others are prohibited from telling you how to vote, they can drop off your ballot for you. Get some Return On Investment from your children and grandchildren and ask them to drop off your ballot! You can check with your local clerk's office to find a location near you.

Vote not only for yourself but to honor all those who sacrificed for this right!



3 Key Voting Decision-Making Factors

Party Affiliation

Voter uses shortcut on voting for a candidate based upon their shared party identification.

Personal Attributes

Voter considers the candidate's personal characteristics— including personality, background, and experiences.

Issue Voting

Voter considers the positions of a candidate and votes for candidate with views closest to their own.



VOTING IS PATRIOTIC

Your Life. Your Legacy.

Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

**Please consider a charitable bequest...
and leave a legacy.**



For more information, call
Paul Miller at the PVM Foundation
248.281.2045
www.pvmgifts.org

Welcome to
Annette Fabinski who moved
from her home in Warren
to Apt. 133 in August
&
Pamela Stamps who moved
from her apartment in Sterling
Heights to Apt. 123 in August.

Fall Word Scramble

Unscramble the words and write the letters in the boxes. Use the letters in the shaded boxes to form a new word that answers the riddle.

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Q. What do you get when you drop a pumpkin?

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Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number (586) 751-5090

Village Staff

Anne Lilla
Administrator

Stacey Klooster
Administrative Assistant

Vacancy
Maintenance Tech

Emmi Parada
Housekeeper

WARREN GLENN BOARD MEMBERS

Malcolm McDougall, President
Betty Challenger Sister Mary Fagan
Marijo Hockley Mary Blaszczak

Emergency / After Hours Number (586) 554-4008
Fax Number (586) 751-7876



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



Check out the card and note (on the bulletin board outside of the Community Room) from Marcy Drozdowicz, Jackie Roda's sister. She wishes everyone well and hopes to return soon to serving as our Catholic Eucharist Minister.

Dann Federico announced that his church decided NOT to do the egg carton and pill bottle collections again because of COVID-19. He said thank you to all who donated in the past

***Tell me, what is it you plan to do
With your one wild and precious
life?***

Embrace the possibilities